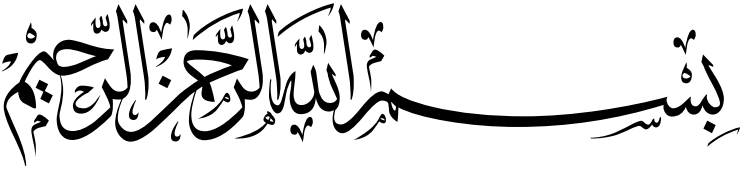
Volume II

LIFE SKILLS

Compiled By:
S. Jahanzaib Abidi



اللَّهُمَ صَّلِ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّد وعَجِّلّ فَّرَجَهُم

Dedication

To the Light that guides us through the darkest of times,

To the Imam of the Time, Hazrat Baqiyatullah, the Savior of Mankind, the Sign of God,

In humble devotion, I dedicate the Second volume of "Life Skills."

To my parents, the foundation of my existence,

S. Sirkar Abidi (Late) and Rifat Abidi (May Allah preserve her),

Your love and wisdom have been my guiding stars.

To the mentors who have illuminated my path,

Ayatollah Syed Hussain Murtaza Naqvi and his family, and

H.I.W.M. S. Ghulam Abbas Rizvi (Hussain Agha),

Your teachings have shaped my understanding of life's intricate tapestry.

To my beloved wife, S. Mehwish Zehra, and my young son,

S. Mohammed Hussain Mehdi, the future's promise,

Your unwavering support fuels my journey.

To my entire family, a source of endless strength and love,

Brothers H.I. Shoaib Abidi, Adeel Abidi, Mustafa Abidi,

Sisters Asra and Farheen, and my dear in-laws, mother, and sisters,

You are the roots of my being, holding me firm through life's storms.

To my friends and well-wishers, who have walked beside me,

Your camaraderie and encouragement have been my blessings.

This dedication is a small offering of my gratitude and affection for each of you. You have been the constellations in my personal sky, guiding me through life's journey. Your love, wisdom, and support are woven into the pages of "Life Skills," and I am forever indebted for the role you've played in shaping this work.

With heartfelt gratitude and unwavering love,

S. Jahanzaib Abidi

Dated: Nov 2023

Contents

Dedication..... 1

Preface..... 11

What is the coolest psychological trick?..... 14

What are some of the most awesome psychological facts?..... 15

Human needs occult phenomenas..... 16

How to Maintain Good Academic Performance in Classroom..... 19

Needs of Students Besides Academic Grades..... 22

Timetable For A 6th-Grade School-Going Boy In Karachi..... 25

Seven Levels of Intelligence and Three Types of Genius..... 29

No One Else can take Your Place in This world.. 37

Good and Evil are Actually Just Smart and Dumb38

Respond to Others who Display Strong Intent... 39

Our Reality is Cross Section of Higher Dimension41

Speed Reading the Natural way..... 42

Mental Control of Physical Reality..... 48

Writing is Crystallized Thought..... 49

Knowing God through Enlightenment and Salvation..... 56

Stages of Islamic Revolution..... 59

Law of God Action - Creating from the Highest Level..... 62

How Gaming makes your Brain Smarter Than Others 66

Desire Force and Belief in God Creates Miracles 67

Divine Intervention helps When you Can do Nothing 71

Desire but Never ever Be In a State of Wanting 77

Using Magick in Your Life to Bend Probabilities 77

Your Mind has Power to Control Life and Death 78

Influence Others with Your Expression and Energy 79

Hidden Communication - Form and Essence 80

Using Reason and Logic for Stability of Mind 81

Acknowledging the Divine Power Behind Everything 82

Living by Faith above Signs and Synchronicities 83

Perfect Having is a State of Unconsciousness 90

One person's brain waves can actually synchronize to another person's heart 91

Matrix Reality - Secret of Simulated Existence... 92

Power and Responsibility bring each other 93

You Create All of Your Reality with Perception.. 94

What Is Human Aura 95

Use Bioelectricity for Magic and Manifestation . 99

Influence Others with Your Expression and Energy 100

Controlling Reality at Higher Levels Comes First 101

Changing Shockwaves to Control Future Events 102

Keep Your Personal Aura Charged with Magnetism 103

Success with Women Comes From Being the Man 103

How to select gender of own choice 104

Face reading is Mind reading 106

Brainwave Entrainment 110

Humility Sustains and Increases Prosperity 116

Psychology - The study of the Mind 119

Conflict of Personalities within the God Mind .. 120

Mind-Body Healing Cures Root of Illness 127

Chaos Theory - Higher Order of All Things 128

Religion! The means of salvation and freedom 130

Seven Senses - All sense is One sense 138

Psychology of Flow - Freedom of psychic energy 146

Automatic Action - Effortless Movement and Mastery 147

Pure Undiluted Focus of Thought for Manifesting 149

Mental Atmosphere of People, Things and Places 150

Surrender to Divine Order for Effortless Creating 151

Being In Control of Your Reality at All Times ... 152

All Deaths are Self Chosen and Not Accidental 154

Outer World is Partial Reflection of Inner World 154

Using Law of Attraction to Break Bad Habits ... 155

Spiritual Warfare and the Amour of God 157

Awakening to Ultimate Reality through Unreality160

Knowing How to Seek Advice from Others Wisely161

Law of Probability and Manifestation Success . 162

Success with Women Comes From Being the Man163

Effortless Living - Do Less to Achieve More..... 164

Demagnetization of Emotional Energy Among Humans 165

Offer No Resistance to What you Do Not want166

Seven States of Matter - Everything is Mind 167

Spiritual Warfare - Winning The Fight of Faith 173

Silent reserved Power is most Potent 174

Get Rich by Flowing With and Against Mass Mind176

Optimal Action - Balancing Tension and Relaxation 177

Everything is Formed by Vibration and Geometry178

Light and Color Therapy - Psychological, Biological and Spiritual effects 179

True Nature of Money and Its Abundance in Reality 181

Your Desire is God Expressing Himself through You 182

Science of Vibration in Every Aspect of the Physical World 183

Secret of Anything is Consciousness of That Thing 187

Source Supply - It is God Who Gives the Increase188

Moving Energy with Attention to Change Your Life 189

Mastering and Being In Control of Other People190

The Three Main Laws for Conscious Creation ... 191

Dealing with Psychic Vampires and Big Auras.. 193

Thoughts Control Genes..... 193

Characteristics of the Islamic Iranian Government195

Emotional Connection - Energy Expand and Contract 197

Form Mental Pictures that Turn into Reality..... 198

How to Rule and Influence Group Consciousness200

Intuition - Nonlinear Thinking to Know Reality201

Reading And Studying Books Helps To Get Real Intuitive Knowledge And Wisdom..... 202

Get Rich by Flowing With and Against Mass Mind205

Mind Technology - Technology vs Nature 206

How To Overcome Deep Rooted Beliefs 207

Simplified Work - Making your Best contribution208

Wisdom, Understanding and Knowledge 210

How Genius fits into Mass Mind of Humanity.. 225

Time Manipulation - Controlling Simultaneous Time 226

What are some things that must be avoided in our daily life?..... 227

What are some psychological facts about attracting people? 228

What are some cool psychological hacks? 229

how piousity helps to get more success in the world then non piousity? 233

Which teacher and what education are sacred and acts of worship? 235

Islam! A necessity for humanity 242

The Metaphysical Aspect Of Science 248

World and Examinations 252

Domestic and Societal Issues and Their Solutions 259

Laws of Causes and Effects 265

Narration And Knowledge 271

Married life! Recreation or responsibility? 273

Core Knowledge of Using Magic to Create Change 275

The Greatest Secrets of Life and Reality 277

The Secrets of Manipulating Time with Consciousness 278

People Can Draw Energy From Other People The Same Way Plants Do 279

Seven Dimensions of Existence in Our Universe 283

Integrated Psychology 286

Your Purpose in Life is to Work upon Yourself 289

How to Heal all Diseases with Source Energy? . 291

13 Signs of a toxic person you shouldn't ignore 295

Well-Experienced People Sayings 297

4 Steps to Self-Actualization and Becoming the Best Version of You 298

Regulations for Revolutionary Insight..... 302

How to reach self-actualization – Maslow's 8 proven methods 304

Improving Your Creative Abilities..... 307

How Can You Change from Fixed Mind Set to Growth Mind Set? 309

Secrets of Millionaire Mind - Rich and Poor Mind sets 312

What is Corruption? Why Is It a Problem?..... 313

What Causes Corruption? 314

Who is Responsible for Governance?..... 317

The Real Secrets of The Universe to Attain All Desires: 319

From Where Youngsters Get Suggestion for Solutions 320

How to overcome on Anger 322

Preface

Dear Readers,

Salam un Alaikum,

We are delighted to present the second volume of "Life Skills," a unique collection that draws inspiration from a multitude of sources, each offering its own distinct perspective on the art of living a fulfilling life. In this installment, we continue our journey of exploration and self-improvement, weaving together insights from Quora Digest, Tips for Success, Noctis Enoch, the wisdom of Chat GPT, and the profound teachings of the Infallible Imams of Shia Islam.

In our ever-evolving world, the pursuit of a meaningful and well-balanced life is a quest that transcends borders, cultures, and beliefs. We are excited to delve into the intersections of wisdom that emerge from diverse sources and bridge the gaps between contemporary guidance and ancient spiritual traditions.

The digital age has ushered in a new era of knowledge-sharing and connectivity, making wisdom accessible to all. The internet's myriad platforms, like Quora and Tips for Success, offer a wealth of practical insights and knowledge, often sourced from experiences of

individuals who have ventured on their own life journeys. We embrace this collective wisdom as a testament to the power of human connection and our shared desire for personal growth.

Noctis Enoch, a name synonymous with the enigmatic and the profound, offers a unique perspective on the mysteries of life and existence. We delve into these insights, allowing readers to ponder the deeper questions and seek meaning in the mysteries that surround us.

The involvement of Chat GPT, the state-of-the-art AI language model, showcases the fusion of technology and human consciousness. Chat GPT's contributions add a modern, technology-driven dimension to our exploration of life skills, making this volume a testament to the evolving nature of knowledge and self-improvement.

Embedded within the pages of this volume, you will find a rich tapestry of teachings from the Infallible Imams of Shia Islam. These profound spiritual insights have guided countless lives, offering lessons on faith, morality, and personal development. We approach these teachings with reverence and the understanding that they form a cornerstone of the spiritual and moral compass for many.

As we embark on this journey, we encourage you, our readers, to approach these diverse sources of wisdom with an open heart and a curious mind. In the digital age, wisdom knows no boundaries, and its pursuit transcends

the confines of culture or belief. Our aim is to draw upon the collective wealth of knowledge and insights, offering you a comprehensive guide to navigate the complexities of life and to foster your own personal growth.

One last thing I want to clarify is that 90% of the articles in this book are copy-pasted from various online studies. And about 10% of articles are extracted from Chat GPT. If a Muslim or a religious person has any objections. then it is advised for them that if they see the words of other religions, they should counter-check them with the Islamic text before objecting. And where the text do not create any connection with Quranic Ayats & hadiths has deleted. The words of the Bible, Torah, Psalms or scholars of other religions that are not related to the Qur'an and Hadith have been deleted and only subjects or other permissible matters that are similar to the text or concepts of the Qur'an and Hadith have been presented. However, if there are any errors, please inform them so that they can be corrected in the next edition.

We thank you for joining us in this quest for a more fulfilling and purposeful existence, and we hope that the pages within this volume will inspire you to explore, reflect, and apply these life skills in your daily life.

With warm regards,

Abidi

Connect with:

zaib.abidi.pk@gmail.com

What is the coolest psychological trick?

Here are some cool psychological tricks that really work I want to share with you:

- **The most powerful way to win an argument** is to ask questions.
- **If you want people to take your words seriously**, say that your father taught you this. People tend to believe parents' advice inherently.
- **If someone is going to rage out on you,** sit next to the person. They will have to lower their voice and there will be no direct face contact.
- **If you want to know someone is attentive or not,** repeat your sentence with a slight change in it. If he is listening either his facial expression will change, or he will point out and question the part.
- **If you think someone is giving you a fake number,** read it back to them incorrectly. If they correct you, it's legit.
- **If you want people to agree with you**, just nod and maintain eye contact while you're talking, they will nod back
- **Whatever your friend has just said, paraphrase it and say it again.** The person who talks to you will subconsciously get the feeling you are a really great listener. Just don't go too far with the paraphrasing thing.
- **Use someone's name more often.** While talking to someone, keep using their name in

the conversations. This helps them feel important and valued.

- **When you want someone to agree for something**, give them a list covering 3 options and drop the one to the bottom that you want them to pick. They are most likely to pick the bottom one
- **Whatever you say about other people influences how people see you.** People will associate the adjectives you use to describe other people with your personality. This phenomenon is called spontaneous trait transference.

What are some of the most awesome psychological facts?

1. People who worry too much tend to experience more nightmares.
2. Stress and mental health play a key role in experiencing frequent nightmares. Medication also may promote nightmares.
3. During nightmares we are actually in the last third of our sleep cycle where REM is strongest. It occurs every 90 minutes during our sleep cycle and is characterized by high brain activity, rapid eye movement, and inhibited motor activity.

4. 50 to 70 % of all adults get nightmares occasionally. Mostly are women. 2 to 8% of adults get them frequently.
5. By IRT (imagery rehearsal therapy) you can actually remember or recall your nightmares.

Human needs occult phenomenas

Occult phenomena refer to supernatural or paranormal events, experiences, and practices that are beyond the realm of conventional science and understanding. The importance of occult phenomena in human culture and psychology is multifaceted and varies among individuals and societies. Here are some reasons why people may be drawn to or need occult phenomena:

1. Spiritual and Metaphysical Exploration: Many people seek meaning and purpose in life beyond the physical and material world. Occult phenomena, such as astrology, tarot card readings, or spiritual practices, offer a framework for exploring the metaphysical and connecting with a higher power or spiritual realm.

2. Sense of Mystery: Humans are naturally curious, and the occult provides a sense of mystery and intrigue. The unknown and unexplained can be captivating and spark a desire for exploration and discovery.

3. Personal Belief Systems: Occult practices and beliefs are deeply ingrained in the traditions and cultures of various societies. For some individuals, these practices are an essential part of their belief systems and cultural identity.

4. Psychological Comfort: Occult practices, like superstitions or rituals, can provide a sense of comfort and security. They may help individuals cope with uncertainty, anxiety, or life's challenges by offering a sense of control and order.

5. Connection with the Past: Many occult traditions have ancient roots and are passed down through generations. Engaging with these practices can provide a connection to history, heritage, and the wisdom of the past.

6. Entertainment and Escape: Occult phenomena often serve as a form of entertainment and escapism. Books, movies, and games featuring supernatural elements can provide an exciting and imaginative experience.

7. Coping Mechanism: Some people turn to occult phenomena as a coping mechanism during times of

grief, loss, or emotional turmoil. It can offer solace and a sense of connection with departed loved ones.

8. Rebellion and Counterculture: For some, the occult represents a form of rebellion against established norms and authority. It can be a way to express individuality and non-conformity.

9. Alternative Healing and Wellness: Some individuals explore alternative healing practices that are considered occult, like energy healing, crystal therapy, or herbal remedies. These practices can be seen as complementary to conventional medicine.

10. Personal Growth and Development: Occult practices, such as meditation or divination, may be used for self-reflection, personal growth, and introspection. They can aid in understanding one's thoughts, emotions, and life path.

It's important to note that beliefs and practices related to occult phenomena vary greatly among individuals and cultures. While some find meaning and fulfillment in these practices, others may view them with skepticism or as pseudoscience. The importance of occult phenomena

in human life often depends on an individual's personal beliefs, experiences, and cultural background.

How to Maintain Good Academic Performance in Classroom

Good academic performance in the classroom is often a result of effective strategies, dedication, and a positive mindset. Here are some secrets to becoming a successful academic performer in a classroom setting:

1. Time Management: Manage your time efficiently. Create a study schedule, prioritize tasks, and set deadlines for assignments and exams. Avoid procrastination.

2. Active Listening: Pay close attention during lectures. Take notes, ask questions, and engage with the material. Active listening helps you understand and retain information better.

3. Participation: Be an active participant in class discussions. Share your thoughts, ask questions, and offer insights. This not only enhances your understanding but also shows your commitment to the subject.

4. Effective Note-Taking: Develop a system for taking organized and clear notes. Use headings, bullet points, and highlight key information. Review and revise your notes regularly.

5. Study Habits: Establish effective study habits. Find a quiet and well-lit study environment, break your study sessions into manageable chunks, and use various study techniques such as flashcards, mind mapping, and summarization.

6. Use Learning Resources: Utilize all available resources, including textbooks, online materials, and supplementary readings. Visit the library and use academic databases.

7. Seek Help: Don't hesitate to ask questions or seek help from your teacher, classmates, or tutors if you're struggling with a concept or assignment. It's a sign of proactive learning.

8. Stay Organized: Keep track of assignments, exams, and deadlines with a planner or digital calendar. Organize your materials, such as notes, handouts, and textbooks.

9. Effective Note-Taking: Develop a system for taking organized and clear notes. Use headings, bullet points, and highlight key information. Review and revise your notes regularly.

10. Critical Thinking: Develop critical thinking skills. Analyze information, question assumptions, and evaluate evidence. This helps you to understand complex topics and solve problems.

11. Balanced Lifestyle: Maintain a healthy work-life balance. Ensure you get enough sleep, eat well, and

engage in physical activity to keep your mind and body in optimal condition.

12. Consistency: Consistent effort is key. Regularly review and study class material. Avoid last-minute cramming, as it can lead to stress and limited retention.

13. Self-Motivation: Find motivation from within. Set clear academic goals and remind yourself why achieving them is important to you. Self-motivation can be a powerful driver of success.

14. Test Preparation: Prepare for exams well in advance. Practice with past exams, use study groups for discussion, and employ memory techniques to recall information.

15. Stay Positive: Maintain a positive mindset. Believe in your ability to learn and grow. A positive attitude can help you overcome challenges and setbacks.

16. Feedback Utilization: Pay attention to feedback from teachers and peers. Learn from your mistakes and continuously strive for improvement.

17. Set Realistic Goals: Set achievable short-term and long-term goals. This will keep you focused and motivated throughout your academic journey.

18. Stay Curious: Cultivate a genuine interest in the subjects you're studying. Curiosity can drive you to explore topics more deeply and passionately.

Remember that academic success is not solely about grades; it's also about personal growth, critical thinking, and a lifelong love for learning. By adopting these strategies and maintaining a positive attitude, you can become a successful academic performer in the classroom.

Needs of Students Besides Academic Grades

Attaining personal growth, critical thinking, and a lifelong love for learning is not only important for school students but also an ongoing journey that can benefit individuals throughout their lives. Here are some strategies for school students to foster these qualities:

1. Cultivate Curiosity:

- Develop a genuine interest in the subjects you're studying. Ask questions, explore beyond the textbook, and seek to understand the "why" and "how" behind the concepts.

2. Read Widely:

- In addition to your school textbooks, read a variety of books, articles, and other materials on topics that interest you. Reading broadens your horizons and deepens your knowledge.

3. Set Personal Goals:

- Establish both short-term and long-term goals for your education and personal growth. Having clear objectives gives you a sense of purpose and direction.

4. Self-Motivation:

- Find intrinsic motivation. Remind yourself why you're studying and what you hope to achieve. Stay curious and set personal challenges to keep yourself engaged.

5. Reflect on Learning:

- Regularly reflect on what you've learned. What did you find most interesting or challenging? How can you apply this knowledge in real life?

6. Engage in Critical Thinking:

- Practice critical thinking by questioning information, evaluating evidence, and analyzing different perspectives. Engage in discussions and debates to sharpen your critical thinking skills.

7. Problem-Solving Skills:

- Approach problems as opportunities for growth. Break down complex issues into smaller, manageable parts, and develop systematic problem-solving strategies.

8. Stay Open-Minded:

- Be open to new ideas and diverse viewpoints. Recognize that learning is an ongoing process, and you can gain insights from various sources.

9. Seek Feedback:

- Welcome feedback from teachers, peers, and mentors. Use constructive criticism to improve your skills and knowledge.

10. Time Management:

- Learn effective time management skills to balance your academic and personal life. Allocate time for studying, relaxation, and pursuing other interests.

11. Expand Your Interests:

- Explore extracurricular activities, hobbies, and passions outside of the classroom. These experiences can enrich your life and broaden your horizons.

12. Mentorship:

- Seek out mentors or role models who can guide and inspire you. They can offer valuable insights and help you set and achieve your goals.

13. Adaptability:

- Embrace change and adapt to new challenges. The ability to adjust to different situations and learn from them is a crucial aspect of personal growth.

14. Travel and Experiential Learning:

- If possible, travel and engage in experiential learning opportunities. Real-world experiences can be some of the most powerful teachers.

15. Empathy and Social Skills:

- Develop emotional intelligence and empathy. Understand others' perspectives and learn to collaborate effectively with peers.

16. Self-Reflection:

- Regularly journal your thoughts and experiences. Self-reflection can help you gain a deeper understanding of yourself and your personal growth.

17. Lifelong Learning Mindset:

- Recognize that learning doesn't end with school. Cultivate a mindset of continuous learning throughout your life. Explore new subjects and stay curious.

Remember that personal growth, critical thinking, and a love for learning are lifelong pursuits. Be patient with yourself and understand that progress may come in incremental steps. Embrace the journey of self-discovery and education, and you'll find that these qualities will serve you well in school and beyond.

Timetable For A 6th-Grade School-Going Boy In Karachi

Creating a well-structured timetable for a 6th-grade school-going boy in Karachi can help him manage his time effectively and balance academics, extracurricular

activities, and leisure. Here's a sample timetable that you can adapt to suit his specific needs and preferences:

Monday to Friday:

1. Morning Routine (5:30 AM - 6:00 AM):

- Wake up, freshen up, and prepare for Fajr (morning) prayer.

2. Fajr Prayer (6:00 AM - 6:15 AM):

- Perform the Fajr prayer.

3. School Hours (8:00 AM - 2:00 PM):

- Attend school and actively participate in classes.

4. Lunch Break (1:00 PM - 1:30 PM):

- Enjoy a healthy lunch.

5. Homework and Study (3:30 PM - 4:30 PM):

- Begin homework and review what was taught in school.

6. Asr Prayer (4:30 PM - 4:45 PM):

- Perform the Asr (afternoon) prayer.

7. Extracurricular Activities (4:45 PM - 6:15 PM):

- Participate in extracurricular activities or hobbies.

8. Snack and Short Break (6:15 PM - 6:45 PM):

- Have a light snack and relax briefly.

9. Maghrib Prayer (6:45 PM - 7:00 PM):

- Perform the Maghrib (evening) prayer.

10. Additional Study and Revision (7:00 PM - 8:00 PM):

- Continue studying or working on assignments.

11. Dinner (8:00 PM - 8:30 PM):

- Have a family dinner and unwind.

12. Leisure and Relaxation (8:30 PM - 9:00 PM):

- Spend quality time with family or enjoy some leisure activities.

13. Isha Prayer (9:00 PM - 9:15 PM):

- Perform the Isha (night) prayer.

14. Preparation for the Next Day (9:15 PM - 9:45 PM):

- Organize school materials, pack the school bag, and plan for the next day.

15. Bedtime Routine (9:45 PM):

- Brush teeth, get into pajamas, and read a book or have some quiet time before bedtime.

Saturday and Sunday:

Saturday:

Saturdays can be a bit more relaxed to allow for extra-curricular activities, family time, and personal interests. The morning routine can be the same as on weekdays, but the day might include:

- Engaging in hobbies, sports, or club activities.

- Visiting a library or exploring educational field trips.

- Spending quality time with family.

Sunday:

Sundays are typically a day for rest, relaxation, and personal development. It can include:

- Attending religious or spiritual activities if desired.

- Reading for pleasure or personal interest.

- Engaging in family outings or leisure activities.

- Preparing for the upcoming school week.

On weekends, you can follow a similar prayer schedule but have a bit more flexibility to accommodate family outings, personal interests, and extra-curricular activities.

Remember to adjust the prayer timings as per the actual prayer schedule in Karachi, which can vary throughout the year. Additionally, encourage the child to understand the importance of Namaz and its role in their daily routine.

Seven Levels of Intelligence and Three Types of Genius

The seventh level of intelligence is the highest level which is the level of Infinite Intelligence. It is the level of God or All-That-Is. It is being all knowing. Infinite Intelligence is the highest, it is the all, and at the same time it is you and I. It occupies all levels. From that level, there is no comparison with higher or lower because All-Is-One. Humans and all other conscious beings can evolve more and more towards becoming All Knowing or Infinite Intelligence. It is to return to oneness, to God.

The first level of intelligence is the level of being smart. People who are smart are those that know certain things that enable them to use their energy effectively to accomplish certain things that they want or are beneficial to them. The first criteria of knowing whether you are smart or not is that: if you have to ask the question, chances are you aren't. Smart people know and acknowledge that they are smart. Being at this level is already above the vast majority of the common people.

The second level of intelligence is the level of being intelligent. There is a difference between being smart and being intelligent. Being smart means you just know certain things to act successfully. Being intelligent means you actually seek to understand what you know and the way things work. The thinking pattern is at a different

level. An intelligent person questions, inquires and enquires. There is a quality of "brightness" and "sharpness" to their mind or thinking.

The third level of intelligence is the level of being super smart. When a person is super smart, they are much more powerful than everyone else who is smart or intelligent. Super smart people obtain peak positions in this world in terms of power, success and wealth. They are the leaders in different fields, or captains of industry. Being super smart is a higher level than being intelligent because intelligence is all about getting results no matter what level it is at, and a super smart person can achieve much more results than all other smart and intelligent people can.

The fourth level of intelligence is the level of being super intelligent. The level of super intelligence is the most powerful level in this dimension of reality called the physical world. One is an Apex Being at this level. Being super intelligent means one's thinking capability and ability to understand is so high that it supersedes all other levels of intelligence below it. A super smart person is still susceptible to falling into certain traps of falsehood or mind manipulation by masters in this world, but a super intelligent person is more able to withstand this manipulation and rise above it. In other words, their bullshit detector is many times more attuned than a super smart person.

The fifth level of intelligence is the level of being a genius. A genius is someone who is able to think at such a high order that he/she comes up with a unique and original idea that elevates the thinking of humanity to the next level. They are able to come up with insights or eureka moments that have a universal effect. Such people are our greatest inventors, artists, musicians, scientists and philosophers. They inspire others and transform the thinking or paradigm of the worldview in profound ways. No matter which level of intelligence a person predominantly is, everyone has access to the genius level in different degrees.

The sixth level of intelligence is the highest discussable level of intelligence. That is because in the seventh level or infinite intelligence, all are equal and therefore there is nothing to discuss in terms of differences in intelligence within that level and in comparison with any other level. The sixth level of intelligence is the level of being a SUPER GENIUS. It is far higher than the genius level because super genius contains transcendental genius. Genius may understand the highest levels of physics in this realm, but Super Genius understands higher dimension physics and philosophy. A super genius thoughts are transcendent and higher than that of a genius. Within the super genius level, there are many levels ranging from the superhuman, the demi god, the devas, the godlike, the angelic hierarchy from the angel to the principalities, powers, virtues, dominions, thrones and all the way up to the highest levels of the cherub, the

seraph and even the seven archangels that stand before that throne of God including Metatron who is the knower of the secrets and the master of the mysteries.

There is another way to define the seven levels of intelligence, which will make even the Seventh Level a discussable level. This means that there are even certain beings that can be classified as Level 7:

Functional Intelligence	Chakra intelligence
1. Tactical Intelligence	Survival Intelligence
2. Conceptual Intelligence	Creative Intelligence
3. Elite Intelligence	Power Intelligence
4. Discriminative Intelligence	Will Intelligence
5. Genius Intelligence	Expressive Intelligence
6. Conscious Intelligence	Cosmic Intelligence
7. Divine Intelligence	Source Intelligence

Intelligence always depicts that which is pleasing and desirable. If something doesn't depict that, then it is also lacking in intelligence. This is why there is intelligence in beauty and that which is lacking beauty is lacking intelligence. The beautiful things that make us feel the highest level of pure positive emotion are expressed by the highest level of intelligence or level 7. Level 7 is also where there is very little resistance and very little

struggle. There is almost an effortlessness. It exists in a state of grace. Things just seem to happen for it. There is maximum alignment.

Nature, animals, plants and children are level 7. Cats and dogs are usually of higher vibration than humans, which is why we feel happy when they are around. All things in their most natural and divine state are level 7.

Level 7 is the vortex. It is a place of pure positive energy that is most connected with Source. When you experience a level 7 person, you experience the highest feelings of exhilaration and magic!

Level 7 has the appearance and energy of beauty, harmony and youth. Level 7 also has the quality of perfection. It doesn't have to be perfect in every single way, although it could be perfect in many ways, but there is a feeling and a sense of perfection that comes with it. Since intelligence is the main factor, the actions of a level 7 would lead to very beneficial results for itself or end in ultimately favorable outcomes.

There are also different levels within each level. Such as there are those within level 3 who have higher level elite intelligence than other elites. Also, one may have the range of another level but that doesn't make them at that level. One's mentality has to be predominantly at that level in order to be considered that level. Some people have multiple levels while being predominantly at a single level.

One definition of intelligence: "Intelligence is the ability to make finer distinctions."

The seven levels of intelligence also correspond to the seven chakras. The fifth chakra is the speech center. Genius intelligence seeks expression by communicating their ideas through words or through other forms of expression. The fourth chakra is the heart which is the center of pure power. It emits the strongest magnetic field and produces the torsion field of manifestation. The heart also depicts clear seeing and being real. The third chakra is the solar plexus which is the center of self esteem. It is also the power center. The second chakra is the chakra of sexual energy and creativity. Those at level 2 are able to think more and understand more deeply about things.

The base chakra is the root and the foundational level of intelligence. At level 1, people are able to get their needs met at a basic level. Those having trouble at level 1 can't even do this. The sixth chakra is the psychic center and the center of higher consciousness. It is the center of the third eye which can perceive higher dimensional things and concepts. It is psychically aware and can make the subconscious conscious. The seventh chakra is the link to the divine and the connection with Source. Inspiration flows from the seventh chakra and those at level 7 are the highest manifestation of divinity and the purest expression of Source Energy among humans in this world.

Everything is the consciousness of God in different degrees of pureness. Level 7 is pure positive energy and pure positive thought with a childlike quality and innocence. Level 6 is most powerful, while Level 7 is most pure.

One can also choose not to differentiate into seven levels of intelligence, but just treat all of it as intelligence instead. God wants us to be wise as serpents and enlightened as the Holy Spirit. One who is completely intelligent would be intelligent in every way that pertains to intelligence. They would be spiritually wise, financially wise, physically wise, and logically wise. They would not be lacking in any aspect of intelligence that many do in various spiritual groups. Such a person is noble but also sharp. They always look to everything that pertains to intelligence and intelligent functioning without missing out anything or be taken in by half truths and warped knowledge that deceptive men and spirits offer.

Other than the seven levels of intelligence, there are also 3 types of genius that pertain to ULTIMATE GENIUS. They are Super Genius, True Genius and Complete Genius. A super genius tends to incorporate true genius and complete genius although not always the case since there are opposing and fallen beings operating within the super genius level of intelligence such as fallen gods and archangels.

A true genius is one who not only has a high level of intelligence, but also lives his/her life in a way that is wise and doing well overall for themselves. A genius is not a true genius when they seem to have amazing ideas that can inspire others, but their own state of life or being is sorely lacking in terms of intelligent or successful living.

A complete genius is one who attains all seven levels of intelligence as completely as possible. This is something that even those at super genius level of intelligence are pursuing more and more of. Sometimes one must go lower in order to go higher. In actuality there is no lower or higher but only all intelligence. One must have full range, full depth, full degree, and full detail in all levels of intelligence in order to be super, complete and ultimate genius. In other words, it is the path to becoming all knowing, all powerful or infinite intelligence.

There is actually another level of intelligence that is even higher than the structure of the seven levels. This level can be said to be level 8, but it is actually a multiplied version of level 4 intelligence. Level 4 is Discriminative Intelligence and the Will. Level 8 is the Summation of All Levels below it PLUS the ability to free oneself from all forms of Mind Control in the physical and spiritual domain. This is the Occult (Hidden) Level of Intelligence where one knows the secret ways by which the Dark Forces work and the Real Solutions to counter them.

To God, all levels of intelligence are level 1. There is not really a hierarchy of intelligence but it is a Uni-level Intelligence with different aspects to it.

Intelligence is the highest factor above all other factors and is the only important or most important one of all. Your intelligence is the only thing that defines who you are. It is the factor by which all other things about you and your life stem from. Your intelligence determines how you think, what you do and all that you create, experience and have. Your level of intelligence is determined by your will and your way of thinking or using the mind. There are NO LIMITS to how far or how high you can go. In actuality, all of us are manifested with the potential of infinite intelligence. Infinite intelligence is who we are fundamentally and what we can experience to the degree that we choose and think.

No One Else can take Your Place in This world

There is only one you. There is no one else like you and there will never ever be anyone else like you. You have a gift to offer that can touch the world in a way that no other person's gift can do. It is not the gift but it is you. The whole world would be denied experience of that gift without you. No one else can take the place that God has purposed for you to express the uniqueness and beauty of you. God never create extras or substitutes. Every

person is significant in their contribution no matter what it is.

God has a special purpose for you that only you can fulfill. You were created specially for it and all the talents, giftings and even your entire unique personality was given for the fulfillment of that purpose. The fulfillment of your dream, the resources and all the opportunities have been reserved for you and you alone. No one else can take them away from you or cause you to lose your place. It is always there waiting and all you have to do is open up yourself to receiving it by following your heart's desire.

Good and Evil are Actually Just Smart and Dumb

Morality is an attempt at explaining bad behavior without looking any further than the perpetrator. In any war, everyone thinks they're the good guys. Terrorists think they're fighting evil. "Oh, but they're wrong! They think they're good, but they're mistaken." That's probably what they say about you, too. If there's no good and evil, why do people steal and hurt others? Because they're dumb. They just don't know any smarter and more rewarding ways to live. It is not about good and evil but smart and dumb.

What they lack is wisdom. Insight. They just don't know how to cultivate peace in their lives. So they grasp at

things that provide fleeting scraps of fulfillment: money, power, gratification. They don't know where else to look. But of course it's never enough, and so desperation mounts. They begin to feel an even stronger draw towards gratification and security, mistaking them for some kind of salvation, and soon they're stepping over others, or worse to acquire these things. Evil is simply unenlightened.

Respond to Others who Display Strong Intent

Intention is what creates everything in the universe. We are all co-creators of our shared reality, and therefore our combined intents matter. It takes two hands to clap, so each hand must play its part in the clapping action. This principle of co-intention operates between buyer and seller, husband and wife, teacher and student, employer and employer and all other human relationships. Those who understand and operate according to this principle will be most efficient and effective in their reality creation works.

Watch others strength of intent when they approach you about anything. They may ask for help, offer a suggestion, sell you something or propose an action. If they come to you with weak intent, you do not have to respond to what they say. It basically shows that they don't believe in themselves or what they are asking.

Therefore they are not in the proper position to receive what you give or do for them. Choose to respond only to those with strong intent, and you'll be putting your energy to much better use.

Even if a person comes to you and ask you for money, but does so in a weak way, you can calmly decline to give any. That is because your giving may not necessarily help that person anyway. But when someone comes to you and ask for money, and does so without looking undeserving, apologetic or doubtful, you can willingly help that person. That is because you can be more assured that this person is only in temporary financial need, and will put your money to good use, while the former wouldn't do it.

The best kind of help you can give should be from a place of holistic perspective. Always do things that will lead to the greatest good of all. Helping the unmotivated, lazy, self sabotaging and useless scum of society by giving them money would only put a drain on the world's resources. The difference between being poor and being broke is that being poor is a mindset whereas being broke is a temporal situation. The poor need to have their consciousness changed, otherwise all the money they get is wasted.

Our Reality is Cross Section of Higher Dimension

The objects of our world are in reality cross-sections of higher solids traversing our space. Think of a three dimensional object such as a sphere passing through a two dimensional object such as a very thin piece of paper (the paper is three dimensional but imagine it to be with an infinitesimal thickness so that it like two dimensional). When the sphere passes through the paper, the perception from imaginary inhabitants within the paper will see the sphere as a circle that expands in their space, and then the circle contracts until it disappears out of their space.

Think of our three dimensional world and the objects within it as having an "infinitesimal thickness" in the fourth dimension of reality. That is why our universe is said to be a hologram and everything in it is a hologram. Matter is an illusion but simply a projection from a higher dimension of reality which is mental in nature. We may also realize that our physical bodies are projections of our higher bodies. Our physical forms in third dimension are cross sections of our fourth dimensional selves.

Some people think that transcendental means something beyond our perception and therefore out of reach for us to grasp. In truth, everything which is to us transcendental exists nevertheless in some space. It is therefore possible that by an intention of consciousness we may we able first to apprehend, then to perceive as

real, that which is now considered transcendental. The whole evolutionary process consists in the conquest, dimension by dimension, of successive space-worlds.

Speed Reading the Natural way

Super Reading which is speed reading the natural way, is the one true way that helps you to read faster than ever before. In the past it may have been difficult for you to speed read, because there was still a lot you did not know about in this world and you also had not yet discovered the Integrative Mindset to work with new information you encounter.

Through growing up, you've learned a lot of things that enable you to understand further information you come across. You have a whole background of knowledge you could use to access new knowledge. It is all about making connections, the faster you can integrate what is new what with what you already know, the faster you can read.

The most crucial thing is that it is not the amount of knowledge you have, but it is about attaining the mindset that all these knowledge is related to one another in an inseparable and unified way. And to use this Integrative Mindset to handle all knowledge whether past, present or future.

The other crucial understanding is that all things have their most simplified and concise state. Which means there is an essence that you can look for in every piece

of information. Every piece of information contains a core. The core is what every other part of that information is attached to.

The key to super reading is the schema, which is the background knowledge that you have in your head that relates the material that you are reading about. The super schema follows the framework of unified and simplified knowledge.

It is knowledge dealing with knowledge. The more you know, the more you are able to know at an even faster rate. The more you have learned, the faster you are able to learn. It is far more easier to build upon what you already know than it is to start learning something completely new.

The truth is, there is nothing completely new ever. No matter what anyone says, everything you presently know can be connected with anything new you encounter. The key is to gain the core knowledge of the mind and reality, and you'll be able to use that core knowledge to connect with everything else. Have the mindset that all knowledge is unified and therefore can be simplified. To have the integrative mindset is to think as a master.

So with the combined understanding of the integrative and simplified nature of all knowledge, you are able to deal with information as a master. There are some speed reading techniques that still do not work for you, because you find them unnatural. Any true skill that exists, was first developed naturally by doing things in

the ordinary way. Over time, that things is done better and better until it becomes extraordinary. It becomes an enhanced version of its former state. Reading turns into super reading.

Doing things the natural way is always the best way because it is effortless and does not undo itself like the unnatural way. You find that you are able to read a lot faster when you do alot of reading. As I read a lot of things that interest you, it absorbs you and you disappear into your reading. You just go right through and come out the other end.

Writing is simply crystallized thought. Thought is like water which flows unceasingly, without form and cannot be grasped fully. Writing pulls thoughts together, gives it structure and presents it to the world in graspable form. It is like crystallizing water by freezing it. It becomes well ordered, structured and observable.

Since writing is crystallized thought, the purpose of reading is to derive the key thoughts. So you do not have to read every single word.

You just need to sift through with the intention of looking for essence. Believe the subconscious mind is capturing everything else that goes through your eyes. Super reading is intention based reading. Everything you do is based on intention. When you act with awareness of your intentions, your actions will be powerful. Often, your reading will require an awareness of only key information.

You don't need to read all of what you do read. Be Choosy.

The psychology of super reading is "If we do not open our eyes, we will not see". To super read, we must be an open vessel. We must be a sponge ready to soak up information. The great inhibitor is your own thoughts. Worry, doubt, fear, expectation and distraction causes your mind to become cluttered and blocked. This weakens its receptive faculties.

The more mind power you use to think, the less you will have to take in new information. You then have a closed vessel. This is not to say we should not think. There are two separate mental processes that we use to operate with. One is thought and analysis, the other is gathering data. We should use both processes well in the right manner at the right time. When we are super reading, we should be in gathering data mode.

When a person is super reading, he might make some mistakes but he wouldn't be bothered by them. Good super readers won't waste a second of valuable thought time on mistakes. Instead they're off zooming ahead to soak up more information. This is the whole secret for putting you into the mental state of super reading. You put yourself into gathering data mode but you can choose to switch into thought and analysis whenever you want to.

Before you go into speed reading of anything, have the belief that what you are reading is easy to read, and that you can read it fast and finish it in a shorter period of

time. Then let your reading flow from word to word, line to line, page to page, sometimes skipping sometimes flowing, all following your intentions for reading. And stopping when appropriate to rest or think.

1. Realize that what you're about to read is related to what you already know.
2. 2. Get into the flow state of mind for your reading.
   3. Have the intention of looking for essence as you read.
3. 4. Flow through your reading like the information is already yours.
   5. After reading, walk around and think back about the key portions that you've read.

The great secret of speed reading is concentration and organization. Speed reading is a state of mind where your attention is so well absorbed in the content that you are able to flow through. The concentration is a quieting of the mind and shutting off from all distracting useless mental activity so that there is full power directed in your reading. When your thoughts and the writings you read are well organized, you are able to concentrate and process information better and faster.

Proper concentration is a state of mental quiet, where there is peace of mind. Where there is harmony between the conscious and subconscious mind. The concentration is partly conscious and partly subconscious. It is not a constricted concentration but a relaxed and free one. There is a balance between tension and relaxation.

Concentration is simply sustained focus. You can concentrate better when your psychic energy is freed up for the task at hand. That means your mind is fresh for the task because you have resolved other things that needs to be settled.

Concentration requires interest. Concentration is will and the will is directed by desire. You must have a powerful desire to know what you are reading about. The more you desire, the more you will focus naturally. The stronger the motive, the greater the concentration. It all begins with desire. Desire is the starting point of all power.

Memory of reading requires understanding. Research shows you can only remember what you understand. Reading the front and back covers, first and last page alone can give you the overall idea but it is not enough for complete understanding.

All the knowledge and people in the world are advice for you to choose to accept or not to. When you read and you come across things you do not yet accept, simply bypass them and focus on what you're looking for. Don't allow yourself to get confused or stumped. If the author isn't clear, move on. Keep plowing. Skim or skip boring and irrelevant sections.

You are the master of what you are reading when nothing holds you back. You may accept certain things later but what matters for now is what you can accept

currently. Having this mindset enables you to move right along with unhindered progress.

Remember, not every material is meant to be speed read. Unlike what other experts tell you, it is nonsense to think that way. You will sense when something you read just makes you want to slow down and read it at normal speed. You know there is a reason that makes you want to read it that way. Usually it is new mental territory that you're supposed to cover at normal speed in order to develop proper understanding of it.

Mental Control of Physical Reality

When you go to sleep and are in a state of dreaming, can you see, hear, touch, smell and taste things? Are the objects you touch as solid as in the physical world?

In experience, there is no difference between the dream world and the real world. What you imagine is in every way as real as what you experience in physical reality. There is a way you can tell when you are in the dream world though. It feels different, there is a different frequency to it.

When you are conscious that you are dreaming, you are in a lucid dream. You can control the dream in anyway you want according to your will and belief. If that is possible in the dream world, it is also possible in the real world.

The difference is that the mental plane responds instantaneously to your thoughts while the physical plane is much slower in playing them out. That is because the vibrations of physical reality are denser and hence the grosser forms of matter are slower to change.

Things on the physical plane take time to manifest but things on the mental plane manifest instantaneously the moment they are thought of. The mental plane is not affected by time the same way as the physical plane. It is concentration of thought sustained over time that brings an idea into physical being.

Writing is Crystallized Thought

Writing is simply crystallized thought. Thought is like water which flows unceasingly, without form and cannot be grasped fully. Writing pulls thoughts together, gives it structure and presents it to the world in graspable form. It is like crystallizing water by freezing it. It becomes well ordered, structured and observable.

Understanding that I am simply crystallizing my thoughts when I write enables me to write faster, because I know that I'm just putting together what is already there.

I love to read and I love to write. There is so much I have to read because there is so much I want to know. Even when I eliminate all the lesser books in order to read only the core ones, I still find myself spending a lot of time reading them.

But I also need to find time to write. My desire is to create immense value by giving knowledge of the most powerful kind to the world. I began to feel that my reading was taking time from my writing and my writing would take time from my reading. Both are very important to me.

The problem was when I try to stop reading as much and focus on writing instead, I seem to become short of ideas. Writing became more difficult, slower and tedious. But when I stopped my writing and allowed myself to freely read, ideas and inspiration came flowing to me and I could write easily and powerfully. This gave me the understanding the amount of writing I could do was proportionally related to the amount of reading I had been doing.

When I realized that in order to write more, I had to read lots more, I felt jubilant because that is exactly what I wanted to do and enjoy doing. I can spend my time acquiring more knowledge for myself and also giving knowledge to the world. That is so perfect.

I believe that there's a lot of reading I have to do for now because there is still so much I need to learn. But there will come a time when I've known so much that I can read less and be writing a lot more even faster and much better than ever before.

I put my heart and soul into my writing because I want to create the highest quality. Every single piece of my work has an impact on the mind of anyone who reads it.

I want to make sure that it is as perfect and complete as possible.

I only choose to write when inspiration is there. I don't waste my time or anyone's with anything uninspired. As long as I don't have something within me that I desire to pour out naturally, I just won't write. I refuse to allow a single person to waste time reading uninspired stuff.

I feel compelled to crystalize some of my thoughts into writing because they are like the **formless wisdom of God that needs to be given form.**

I notice that I receive inspiration to write when I allow myself time to think. Since writing is crystallized thought, I need to have thoughts before I can crystallize them into writing. Reading gives me ideas to think about. But I find that my inspiration to write comes not when I am reading but when I am free to think. When you give yourself time to think, you find you can have an abundance to write or speak.

Anything that is inspired has to be allowed to come forth by itself. You cannot force it.

Inspired writing follows a rhythm of rest and action. When the time is right, you will feel compelled to take the appropriate action to bring about your desired outcome.

Inspiration has a holistic nature. Inspiration and creativity are one. Creativity is the ability to make connections, relate truths, combine ideas and integrate concepts into

a single whole. Creativity combines existing forms to create new ones that are differentiated yet complete, or complete yet differentiated.

Usually, an entire article begins with an idea that can be expressed with a single title. Once I have a titled idea, I am able to focus my mind on it and thoughts and ideas just come to me and the words build up until an entire piece of writing that never existed before appears in front of my eyes. It's always fulfilling whenever that happens.

At other times, I just begin writing about an idea I have in my head without knowing what I should name it yet. I might have been writing down paragraphs of inspiration in some other places and then at some moment, I found a way to fit them all together in one place. This is the process called clustering. It is the ultimate solution to writers block. I might then come up with a name for the article, but I would keep making changes to it until I am satisfied with the right one. Some of my best writings take form that way too.

Since writing is crystallized thought, the good that I send out in thought comes back to me multiplied. How wonderful is that! The more I give, the more good returns to me. Not only do I receive in quantity, more importantly I receive in the highest quality because what I give is the best. This is the secret of giving the best.

I also seek to refine my writings whenever I can. I always change something when it can be made better. Only that

which is perfect should not be changed. Some of my writings are perfect, others can be refined. In order to spend my time and effort efficiently, I only make refinements that are significant enough to me.

The quality of your work is the quality of your being. Work expresses what you are. You will only put in your best efforts in work that you truly believe in.

Good work takes time to create. The more you focus in it, the more it builds up in size and in quality. Every piece of my writing takes a significant amount of time and thinking to properly form and establish. A good piece of work doesn't have to be instantly finished. Once it starts, the ball gets rolling and more and more things will get added to it. Just begin and keep returning to it.

Writing is a way to order your thoughts. Ordering your thoughts is the key to ordering your life and everything else in it. The more you write and the more you improve your writing, the better a communicator you will become. The more you are able to order your mind, the more you are able to communicate that order to other people. All communication is mind to mind. Your thinking is influenced by your reading of other people's writings.

All people of influence take advantage of the power of the written word. They know that authors are automatically considered authorities. The average person thinks whatever they read is true. The person writing it must be an expert. The author is the author-ity.

They also know that writing is extremely prestigious. Writing is the fast-track to fame. Our society places a high value on writers. Writers are righter than other people.

There are many people who are considered experts, not because they are skilled at performing the deed, but because they possess a deep base of information about it. And they are not shy about admitting it. One of the nasty little secrets of our culture is that most books are horribly written, and deliver precious little information the reader can use. The thing is, a person isn't an "expert" because he really knows his stuff. He's an "expert" because he put what he does know into a book. The true experts you should listen to are those that really know their stuff and can communicate it well.

Concise writing is expressing a thought in the least amount of words needed to give the complete meaning. No more, no less. Conciseness is concentration. The more concise your writing is, the more focused your thoughts are.

"Vigorous writing is concise. A sentence should contain no unnecessary words, a paragraph no unnecessary sentences, for the same reason that a drawing should have no unnecessary lines and a machine no unnecessary parts. This requires not that the writer make all his sentences short, or that he avoid all detail and treat his subjects only in outline, but that every word tell." - William Strunk Jr. in Elements of Style

"The art of Zen is simply to simplify. It is not daily increase but daily decrease - hack away the unessentials! Simplify, shed, and decrease."

Good writing expresses a clear point, is substantial and well structured. Brevity at the expense of clarity is no virtue. Do not omit words that are indeed necessary for clarity and readability.

The reason why I write the way I do is to provide knowledge in its essential state. It's like providing the science or the principles by which everything else is based upon.
The application to specific situations is created individually in the minds of each person according to his/her own needs. The Core focuses on principles and not on techniques. Principles can be applied to all situations and they generate the techniques.

They'll see for themselves out of it according to what they're looking for. I don't frame it in a fixed way for looking at things but provide them with the foundation by which they can use the information for whatever purposes they desire. I prefer writing essence instead of form. To convey the most knowledge in the least expression.

The rules of writing are only to provide you with guidelines for creating quality structure. It is your freedom to choose when to follow or break them according to the best form of expression for your message. In other words, write according to the effect

you want to create. The words are your tool, you are the master.

Knowing God through Enlightenment and Salvation

There are two paths to knowing God. One is Enlightenment and the other is Salvation. Most people are aware of only one path but not the other. Each of these paths enable us to know an aspect of God. We know the universal aspect of God through enlightenment and we know the personal aspect of God through salvation. Both enlightenment and salvation are necessary for knowing God completely. Realize that the source of enlightenment and salvation is God himself no matter the messenger.

Lucifer the Light Bringer is the one who brings enlightenment to mankind. Enlightenment is transcending the Ego. It is about surrendering to a higher power, the divine intelligence that runs the cosmos and the universe. Enlightenment is letting go and letting God. A state of nonattachment to all things. To trust in God as being in control of all things. To harmonize with the flow of divinity and to let nature take its course. Enlightenment is the highest state of consciousness indeed. But this is only one half of the truth. Many people know only the universal aspect of God but not the personal Aspect.

Jesus is Lord of all creation, but he is Savior only to those who are believers. That is why many will come to him on

judgment day saying "Lord we have done many wonderful things in your name. We have cast out demons, heal the sick, and prophesized in your name." But Jesus will say "I never knew you." That is because they only knew the universal aspect of God but not the personal aspect. The name which they know him with is Christ which means Anointed One, but not Jesus which means Savior. God cannot be fully known in Enlightenment alone but in Redemption as well. To know God is Love is to know that he became the Savior of the world.

All religions know God but only Christianity knows The Lord (Yahweh) is God and Savior. Although Lucifer is the Enlightener of the world, that does not mean we should shun the doctrine of enlightenment. Most Christians have trouble living life with effortlessness and nonresistance compared to spiritually evolved people of other religions because of that hidden portion of the truth from God's people. Lucifer was created to be the enlightener as his name signifies. God lets him play the role he was created with in this world, enlightening mankind. He is fulfilling part of God's plan in universal unfoldment. Because the Most High God is sovereign in the workings of the universe.

Lucifer has a light side and a shadow side. The light side is where the positive exist and the shadow side is where the negative exist. Good and evil are not opposites, but are different operational facets used for creational purposes within the Unity of the One Consciousness of all that exists. Evil simply means an inferior quality

compared with good. Therefore a lesser good is evil compared with a greater good. Lucifer is using his shadow side to bring people to his light side by awakening or enlightening them to the higher truth about being and consciousness.

Enlightenment is to know that everything is form that manifests from formlessness. Form is emptiness and emptiness is form. One who is enlightened sees past form into essence.

Salvation is a step to our spiritual renewal. But after salvation, a Christian has to continue being spiritually transformed from glory to glory. That is a process which takes spiritual learning which leads to evolution of consciousness and awareness. It is gaining knowledge, wisdom and understanding that makes a person more and more spiritually enlightened. All knowledge is from the Creator and can be learned from any created being that has it whether they are good or evil because knowledge is neutral. We must not be afraid to learn from evil beings but we must grow in spiritual intelligence in order to discern truth from error otherwise we will remain spiritually weak.

Enlightenment is to know that all is one and everything is connected. The fundamental reason for individuality is so that the original Creator can experience itself from an infinite number of viewpoints. It would be much more realistic if the viewpoints were truly independent and creative, with their own senses of intelligence and freewill. But all consciousness is really one. Individuals of

great light are here to show others of the underlying unity of all reality. Enlightenment only allows us to realize our connection with the universal aspect of God. Salvation is our reconciliation with the personal aspect of God through Jesus Christ.

All knowledge and development of the external world is for knowing and developing the internal world. Understanding reality is for understanding the mind because we are all mind. Spiritual evolution is the ultimate work and is of eternal value. Spiritual learning takes place on Earth and continues on in heaven.

Stages of Islamic Revolution

There was a code of conduct for Muslims in Mecca, and another in Medina. The Meccan period, spanning thirteen years, was focused on the humanization of Muslims. The Noble Prophet made continuous efforts, day and night, to rescue them from idolatry and the indecent elements of the Age of Ignorance, transforming them into individuals who would display resilience, courage, and selflessness while facing life's significant challenges. If not for the period in Mecca, the astounding and consecutive successes for the Muslims in Medina would not have been possible.

The Meccan period was a time of education, upbringing, and acquiring experiences for the Muslims. Nearly ninety surahs of the Quran, out of a total of one hundred and fourteen, were revealed in Mecca. Most of these surahs

were a source of belief, doctrine, and guidance. In contrast, the Medina period was dedicated to the establishment of a government and the foundation of a complete society. Therefore, neither Jihad (holy struggle) nor Zakat (obligatory almsgiving) was prescribed in Mecca, as both Jihad and the administration of Beit-ul-Mal (public treasury) are responsibilities of the Islamic government.

These two phases marked significant stages in the development and evolution of the early Muslim community.

1. Meccan Period:

- This phase spanned thirteen years and was primarily focused on the process of humanizing and educating the early Muslims.

- The primary objective was to rescue the people from the practices of idolatry and the moral decay prevalent during the Age of Ignorance.

- The Prophet Muhammad worked tirelessly day and night to guide his followers away from the indecent customs of their society. He aimed to transform them into individuals who would display qualities of resilience, courage, and selflessness in the face of significant life challenges.

- This period was characterized by an emphasis on faith, belief, and moral principles. Most of the Quranic revelations during this time were centered around fundamental beliefs, religious doctrines, and ethical guidance.

2. Medina Period:

- In contrast, the Medina period marked a transition from a phase of education and spiritual development to one of establishing a government and a comprehensive societal framework.

- This phase was dedicated to the establishment of an Islamic state, with the Prophet Muhammad as both a religious and political leader. It laid the foundation for a complete society based on Islamic principles.

- The responsibilities of Jihad (holy struggle) and Zakat (obligatory almsgiving) were introduced during this phase. These duties were associated with the functioning of the Islamic government and the administration of the Beit-ul-Mal, which served as the public treasury.

In summary, the Meccan period served as a time of spiritual and moral development, focusing on educating and humanizing the early Muslims. It prepared them for the challenges they would face in the future. The Medina period, on the other hand, marked the transition to a

more organized society with a government structure, implementing the principles and practices of Islam in governance and public affairs. The two stages were crucial in the evolution of the early Muslim community and laid the groundwork for the successes and achievements that followed in later years.

Law of God Action - Creating from the Highest Level

There is a law in conscious creation of reality that is even higher than the Law of Attraction. It is the Law of God Action. It is The Secret Above The Secret. When you operate with the Law of God Action, you are operating at the highest level of all things, which is the level of spirit. It is the highest level governs that all other levels. When you work with the Law of God Action, you're not trying to create anything but you are simply allowing the universe to create through you. You are co-creating with God himself.

The Law of God Action states that God is the one who is acting through you. Therefore there is nothing for you to do, but simply for you to allow God to do everything though you. It doesn't mean you do not take any action, but it means you do not take action that you are not naturally guided from within to do. When you try to do things that you're not inspired to do, you are forcing action. The way of God Action is to do non-doing action. It is to allow yourself to do what is seeking expression through you.

The problem with using the law of attraction alone is when you are trying to manifest things and putting in energy to drive the creation process. The truth is that when you think you have to attract things, you are saying that those things are outside of you. But everything you desire is not outside of you, it is already in there and is just waiting for you to open yourself to it. When you walk the path that the universe is guiding you to take, all the things you truly desire will show up in the way in diving timing.

When you follow the Law of God Action, you will naturally use the law of attraction to draw into your space everything you need in every moment without even trying to. That is because the universe has a plan for you and by aligning yourself with that plan, you will synchronize your actions with the divine flow of events. You will find yourself doing the right thing at the right time, in the right place where the resources or opportunities you require are already arranged to be there. You simply step right in.

People encounter failure with using the law of attraction to manifest what they want, not because the law does not work. The law of attraction is always in operation but they are not attracting what they intend due to conflict of intentions. You can manifest whatever you intend as long as it is according to the higher scheme of things. After all you are not your individual consciousness alone, but the real you is a collective whole that includes the entire universe as well as the consciousness of your higher self.

The real you is pure spirit that is one with the spirit of God or all that is. You split a portion of your consciousness to be incarnated into this world with a purpose that you have planned. The conscious you that is here on earth is your lower self. All that you are meant to do is directed by your higher self through your true heart's desire from a moment to moment basis. When there is a conflict of intentions between you two selves, that is when things don't manifest. You and your higher self are actually one self.

All you have to do here is to be in alignment with your higher self. That is when you are in harmony with the universe. By doing so, you experience the easy and effortless manifestation of all your true desires in every moment. The real reason why your desires don't manifest is because they are not desires of your true self, or because you're not meant to intend them to happen at that moment yet. When you are intending the right thing at the right time, you will experience the spontaneous fulfillment of desire.

Whenever you set an intention to create something, you simultaneously create the reality of its nonexistence. Because if it was already there, why would you need to create it? This is when the law of attraction seems to fail but it doesn't, because although you are attracting the existence of what you are intending, you are also attracting the nonexistence of it by the other side of the same intent. To resolve this duality of intention, you simply have to intend from a space of non intending intention.

You place yourself in a state of consciousness where you already have everything you desire, and there is nothing for you to do and nothing for you to create. Then from the place of non desire, whatever desires that arise are desires from the spirit. Now you are not trying to intend anything, but you are simply allowing the intentions of the universe to flow. A person living at the highest level is someone who is creating from a place of emptiness and whatever resources is needed just shows up in the moment.

Living your life purpose is the most important thing of all, and every goal or intention should be allowed to naturally arise from that place. Stop trying to learn reality creation techniques to manifest what others say you should have, but simply allow the universe to create through you. So what do you learn reality creation techniques for? It is to make you conscious of how you're creating reality so that you can co-create with the universe better. It is starting from the top down and not moving from bottom up.

If you believe it takes hard work to accomplish things, then that is what you will experience. If you believe things can be easy, effortless and natural, then that is what you will experience. You do not need to motivate yourself to do anything. All you need to do is to plug into the source and the energy will flow through you to do what you are here to do. You do not have to drive the system that runs you, but you simply allow yourself to be driven by doing what you love now. You're here to do what brings you joy.

Mastery of the world is achieved by letting things take their natural course. You can not master the world by changing the natural way. The Law of God action is to go with the flow in every moment. When you follow your heart in every moment, you are connecting to the essence of who you really are, which is the power and the presence of God. The best action to do is non-doing action, which is doing things the natural way. You are doing God's work. The Law of God Action is creating from the highest level.

The Law of God Action is also known as the Law of Inspired Action. Hence it can also be known as the Law of God Inspired Action. It is not just action that is inspired by any source or spiritual source, but by the highest level of the spiritual world which is the divine or God Himself. When one follows the Law of God Inspired Action, one's actions are in harmony with everything else in the universe, and serving the greatest good and the Will of God. That is the reason for the saying "Not my will but Yours be done." Aligning with this Universal Law will lead to the expression of the "True Will". This is the highest goal of the magician in the path of Thelema which is "will based magic".

How Gaming makes your Brain Smarter Than Others

Gaming trains the mind by improving hand-eye coordination, faster decision-making, management and leadership skills. It can also train the ability to identify reasons for failure and formulation of strategies.

The concentration and coordination abilities developed through cybergaming can be transferred to developing similar skills and abilities in studies.

Korean psychologists Chae Jeong and Jeong Chan Ho did a study which compares pro-gamers (professional gamers) with undergraduates from top Korean universities. They found that even outside of games, gamers are better at taking in visual and aural information from the environment. They respond much more quickly to it by distinguishing essential stimuli from unnecessary ones and were also able to control their stress levels.

More significantly, the production of theta brainwaves increases dramatically when pro-gramers play games. Theta brainwaves are often seen in connection with creativity, long-term memory and intution.

You could even be better served by a surgeon who loves his games. Researchers for the Beath Israel Medical Centre in New York found a correlation between experience in video games and proficiency in laproscopic surgery - a minimally invasive surgery.

Desire Force and Belief in God Creates Miracles

There are times when things seem so down and you feel that everything is against you. That is when calling upon the power of a higher divinity might be of help. There are higher forces in the universe that are ready to help you

when you call upon them. You are not alone in this world. There are beings of power willing to assist you when you most need them to. This is a greater community and help is never too far away

Personal connection is where you are relating with the Personal Aspect of God. You know that He is your Father and is there listening to you. This personal awareness lets you know there is a loving force. God is not just some impersonal entity up there that doesn't care about your personal needs or troubles. God manifests as a divine personality. You can know that this personality loves you and cares for you personally.

Prayer is the soul's sincere desire unuttered or unexpressed. It is the motion of a hidden fire that trembles in the breasts. Real prayer is prayer with feeling. When you pray without feeling, you are just praying vain repetition of words. A short prayer with intense feeling has greater power than long prayer of many words. In the science of manifestation, emotional yearning creates a miracle. Often when there is a great need felt for something, the supply comes quickly. You can cry out to God and he hears.

There is a reason why Jesus said that certain things can only happen by prayer and fasting. That is because the manifestation of a certain vision depends on whether the desire for it is strong enough. When you fast, you feel hunger, and that hunger is a feeling of desire. That feeling of desire is being felt when you pray and can be linked with the thing you are praying for. When you eat

and are full, you are feeling satisfied. You hardly feel much desire force when you pray from such a state. Fasting helps by creating a feeling of desire that comes from a state of hunger. Of course you may pray without fasting if you can generate the feeling of desire strongly enough for what you pray for. Fasting is just a form that helps to create a certain state. The essence is the feeling of desire that is sufficiently strong for effective and fervent prayer.

Believe in the grace of God. Grace is unmerited and unearned favor. Right now it doesn't matter what you did or didn't do. If you think that you can or cannot get what you want because of your self efforts, then it isn't grace but flesh. You wouldn't need to call upon divine grace when you could get what you want by your own actions already. In divine grace, there are no mistakes. Bad circumstances can be turned around through miraculous ways. You must believe in grace in order to receive undeserved result.

Believe in the power of His Word. The Word of God itself has power, but when you put your faith in it, its power becomes active for you. The Word of God says that itself is quick and powerful. Do not just think about the Word of God but be conscious and aware of its power. Your perception of a thing brings out its corresponding effect that you will experience. See the good in people and you will experience good from them. Therefore be conscious of the Power of the Word that truly exists within itself for use.

The Word says that as He is, so are you in this world. That means that you have all the fullness, nature and power of God in this physical time-space reality. See yourself as who you really are which is powerful, abundant and well. You are limitless and all sufficient in your true state. As you are, so is your world. All higher manifestations come from a place of Being. You cannot have what you are not Being. Both inner and outer worlds are one. You have the power to command all the forces of the universe.

You can still believe in the power of God when you are starting to doubt your own power. The reason why there seems to be a duality between your own power and the power of some outside force apart from you, is so that you never run out of options. If you do not believe in the power of an outside source, you can believe in your own power. If you do not believe in your own power, you can believe in the power of an outside source. The situation of powerlessness is when you do not believe in any power.

You shall find God when you seek him with all your heart. The reason why God doesn't exist in full manifestation automatically for you is because you create your own reality. You are the one that determines how much of God you experience. The intensity of your intent determines the strength of its manifestation. The movement of Spirit is the immense inner forces of your soul, the subconscious mind. God is an inner experience. You have to feel your way to God. Let your seeking be feeling and emotion.

It is ok to have some fear when you have desire because desire and fear are opposite polarities of the same thing. When you do not desire something strongly enough, you have no fear. Magnetism creates attracting and repulsion forces. Do not worry about your fear. As long as your attracting force is stronger than your resisting force, you will still pull what you want towards you. No desires equals no fear. It is the counter intuitive truth that when you desire strongly even with some fear, it can still come.

Divine Intervention helps When you Can do Nothing

It is only a half truth that God helps those who help themselves. It is the universal aspect of God that operates through the act of conscious intention. But in areas where you lack awareness, God can personally act to move you in certain directions that you never would have done so because you do not have the consciousness to choose it. God can help you when you can't seem to help yourself.

Prayer in the form of expressing your request for help from God produces a different effect from prayer in the form of pure intention. When you make a request to God, you are literally evoking the freewill action of a being other than yourself. You give that being permission to intervene in your reality according to its will and wisdom. You can get results that you could never have obtained with your own reality creation techniques alone. This is Divine Intervention, the highest power in the universe.

Most people have no idea how much they are missing out when they rely only on the universal aspect of God and not the personal aspect of God. They go about creating their reality purely through intention and manifestation, but they do not realize how much more they could have gotten by requesting for divine intervention.

A person can only intend according to the level of awareness he has. Awareness depends on evolution of consciousness. The more evolved a person's consciousness is, the more awareness he has and the more he is able to create the reality he desires through conscious intention.

God has the highest amount of awareness and is therefore able to create reality perfectly and more powerfully than anyone else. When you turn to him to help you in creating the reality you desire, he can do above all you could ever ask or think of.

For those who are in Christ, there is a covenant of blessing that the blood of the Lamb has established. In that covenant, we have protection, providence, preservation, empowerment and restoration from God. We are able to access the blessings of that covenant according to the level of awareness and conscious intention we have. But there is a baseline where even if we are lacking awareness, we would only lose those things to a certain degree and not below it.

When Job in the Bible had fear of receiving evil because of the sins that he imagine his own sons had committed, it gave Satan the right to ask God for permission to bring evil into Job's life. That is because Job placed himself in vibrational harmony for negative things according to the law of attraction. But God said that Satan was allowed to do anything he wants except to end Job's life. The is the personal aspect of God governing how the universal aspect is used.

God will never let us be taken from the world until our purpose he has appointed for us is fulfilled to a certain extent. Even after our purpose is fulfilled, we can choose to remain on this Earth until we have lived a long life if we wish to.

Nothing ever happens in our lives unless God allows it to. God usually allows something to happen when we allow it to. What is bound in heaven is bound on earth, and what is loosed in heaven is loosed on earth. What you allow, God allows. But there are times when even though you allow something to allow, God doesn't allow it. This is Divine Intervention taking place for certain reasons that God has.

Remember that your higher self is the part that is one with the universal aspect of God. So everything that God chooses, your higher self chooses. You can say that you create your whole reality completely when you take into account the actions of your higher self. For those who are redeemed by the blood of the Lamb, your higher self is reconciled with the personal aspect of God. Therefore

you are more open for divine intervention in areas of providence, protection, preservation and healing.

The very fact that while we were yet sinners, God sent his Son to die for us, is divine intervention at the highest form. Our destiny was to end up in the lake of fire with the fallen angels who sinned against God. But Jesus Christ came to take our punishment so that if we accept his gift of redemption by believing in him, we would have eternal life. For those who do not believe, the Holy Spirit is convicting them about the sin of unbelief. Divine intervention happens all the time to bring us to the personal aspect of God.

The concept that Divine intervention comes into play when human efforts fall short is a recurrent theme in the Quran and the sayings of the Infallibles.

Teachings from the Quran:

1. Surah Al-Baqarah (2:286):

- "Allah does not burden a soul beyond that it can bear."

This verse implies that even when one reaches the limit of their capacity, Allah's assistance is provided, reflecting the idea that Divine intervention supports individuals when they are overwhelmed.

2. Surah At-Tawbah (9:51):

- "Say, 'Never will we be struck except by what Allah has decreed for us; He is our protector.' And upon Allah let the believers rely."

This verse emphasizes reliance on Allah's decree and protection, especially when facing trials beyond one's control.

3. Surah Ash-Sharh (94:5-6):

- "For indeed, with hardship [will be] ease. Indeed, with hardship [will be] ease."

This repeated assurance highlights that Divine relief and assistance follow moments of difficulty, reinforcing the idea that Divine support arrives when one is in distress.

4. Surah Al-Ankabut (29:69):

- "And those who strive for Us - We will surely guide them to Our ways. And indeed, Allah is with the doers of good."

It suggests that Divine guidance and intervention are given to those who earnestly strive and seek help.

Teachings of the Infallibles (Ahl al-Bayt):

1. Imam Ali (AS):

- "When you find yourself helpless and unable to continue, seek the help of Allah, for He is the best of those who assist." (Nahj al-Balagha, Sermon 158)

- "Sometimes, Divine aid arrives when human efforts are exhausted, illustrating that Allah's intervention completes what we cannot achieve alone." (Nahj al-Balagha)

2. Imam Muhammad al-Baqir (AS):

- "Divine intervention is most evident when one has exhausted all personal efforts and has no way out. It is at this moment that Allah's support becomes apparent." (Tafsir al-Mizan)

- "Allah's help often comes when a person reaches their limits, proving that Divine support is there to complement our efforts." (Tafsir al-Mizan)

3. Imam Ja'far al-Sadiq (AS):

- "Trust in Allah when all means are exhausted, for His intervention is always timely and perfect." (Al-Kafi)

- "Allah's assistance is a blessing that arrives when you have done all you can, and it shows that He never abandons His servants in their times of need." (Al-Kafi)

These teachings illustrate that Divine intervention is a source of support and relief when human efforts are insufficient, reinforcing the belief that Allah's assistance comes at crucial moments, especially when one is in need.

Desire but Never ever Be In a State of Wanting

It is not exactly the word "want" that should be avoided, but the state by which the word produces. When a word is used in a different context, it can produce a different state. Therefore, it is not the word itself but the state that is being produced that is of real importance in understanding the reality it creates. When the feeling of "wanting" is in the form of "lacking", it creates a state of lacking. It is really the state of wanting that we should avoid rather than the word "want" itself.

When people seem to get what they want, it is because they have moved from a state of wanting to a state of receiving or having. The feeling of wanting is to bring to your awareness the fact that you are focusing on not having what you desire. Wanting is for the purpose of letting you know you are not in vibrational harmony with your desire and that it is time to shift states. Whenever you find yourself wanting something, shift from a state of wanting to a state of receiving or having.

Using Magick in Your Life to Bend Probabilities

Magick is defined as creating change in your reality with the power of your will. You intend something to happen, and it occurs. The practitioner's ability to sense and manipulate energy and his or her connection to the divine are the greatest tools of all. Everything you do is

magic. Your every thought, word and deed is magical in making your reality. Magicians are simply people who are conscious of their creations. Your best creations happen when they are in accordance with your higher self or the divine.

Spells involve will, intent, a light meditative state, and quick visualization. Manifestation comes from deeper regions of consciousness and a light meditative state allows you to access those regions. A quick visualization also enables you to move quickly into the alternate realm of possibility and create your reality there, and to leave before you interfere with it. This is the process of intending and then letting go. Believe in the possibility of what you intend to do, hold it strongly in your mind, and it will happen.

Your Mind has Power to Control Life and Death

The power of life and death is in the tongue. But the tongue is both physical and mental. Out of the abundance of the heart the mouth speaks. The heart is the mind. Your thoughts literally control life and death. When you know this, you need not fear that death may get you without you at anytime purely by chance or destiny. The power of death is in your hands and destiny in this case here is actually fate. Your life purpose is your destiny, but your end is your fate which is what you can decide to make of it.

No one passes from this world unless it is they have chosen it at some level to do so. Christ said "No man takes my life. I have the power to lay it down and the power to take it up again." This explains why some people are able to return back to life even after being clinically dead for a certain period of time. All things are possible and there may be immortals that roam this world under different identities for different eras in order to fit within the framework of collective consciousness that immortality is not real.

Influence Others with Your Expression and Energy

The more conscious and aware we become in the ways by which we influence people, the more control and mastery we will have. One of the ways by which many of us may not be conscious of is how we influence others through the energy of our face. It goes beyond just thinking about the general facial expressions that we make, but it also involves the energy that we are sending through our face as well as the intent behind it. Our face is transmitting specific messages all the time through our intentions.

We may be familiar with reading the facial expressions of others in order to read what they are communicating about themselves to us. But there are fewer people who know the skill of transmitting information through their face on purpose. Many people think that it is simply a matter of controlling their facial expressions, but they do not know the specifics to sending messages through

their face. The people who're aware of such ability will gain a superior advantage to affecting others without saying a word.

Of all the things you wear, the most important of all is the expression on your face. That is so true because you can be dressed in the best outfit and have the best surroundings around you, but still wonder why are you not creating the response that you desire from others. The secret is in your face. Be aware of the expression on your face. You will be amazed that the behavior of people towards you can be very much directed by the expression on your face alone. This power is very magical indeed.

Hidden Communication - Form and Essence

Below is a segment of a conversation between Curt Baggett and Bart Baggett, co-founders of Handwriting University on their seminar on love, sex and relationships.

Curt Baggett: Bart comes to me years ago and he says, "I don't understand," (his brother's name is Brett), "Brett has physical aggressiveness in his handwriting, but he's the most non-violent person I know – what does that mean?"

I said, "Have you ever talked to him? He gets right up in your face, he invades your space. His physical aggressiveness manifests itself in getting in your face and your space."

You see, he's not physically aggressive, he's not going to hit you, but he'll take your space and dominate the conversation.

Bart Baggett: The older President Bush of ten years ago had aggressive strokes in his writing. One would think the younger one might have it too. But, you wouldn't think by talking to the older George Bush, or seeing him, that he's an aggressive man. He's very sweet and kind. But, you know what? He didn't hesitate to invade, you know, it means assertive people.

When I read that, I thought to myself, that's so true indeed. Such things are present all over reality but we are usually not aware of what's going on. This is what hidden communication is about. Things that are existent but we're not conscious about their underlying meanings.

Using Reason and Logic for Stability of Mind

In life, your entire reality hinges on the workings of your consciousness on a moment to moment basis. Your inner and outer worlds influence each other. But it is your internal state that is the controlling factor. Being a master of your reality requires you to maintain internal order even when your external experience goes out of order. The key to regaining order on the external circumstances when things get thrown into a state of turmoil, is to create order within. Order your inner world and the outer will follow.

Experiencing chaos attracts more chaos. When chaos arises in your life, you need to focus on regaining order. The way to do that is through logic and reason. The whole universe operates and is held together by logos, which is logic and reason. Logos is the essence of the universal mind. Without logos, there can be no continuity and the entire universe will collapse in an instant. Logic gives order to the mind, which gives order to reality. Therefore when you use logic, you bring order to your mind and reality.

We might think that the upper worlds are beyond logic because logic is linear but time and space are nonlinear in hyper dimension. But when looked at from a higher point of view, linearity does exist within nonlinearity. Everything is ultimately linear or sequential because there is an order to all things. You may travel across several lines of time or space in a parallel fashion, but the path of your traveling is still linear by itself. Even a circle is linear because there is sequence of points along the circumference.

Acknowledging the Divine Power Behind Everything

Acknowledge that it is the grace and power of God behind everything you do that makes it prosper. When you do so, you will always know the source behind every good that comes your way. The moment you think otherwise, you have stepped out of alignment with truth. That is when setbacks would occur as spirit reflects your state of untruth. Being aware of the divine would keep

you in a state of meekness and true humility. That's when you can connect to all things with acceptance and non-judgment.

The underlying reality is that we are all one, and there is only one power. When we fail to acknowledge the one power, we are thinking in terms of separate powers. That cannot be as separation does not exist. When we see the one power behind everything, we see ourselves as not greater or lesser than others, but all are equal. This is meekness. The one power exist at the highest position and also lives with the lowliest of the creatures. When we're truly one with the power, we have a state of lowliness.

Living by Faith above Signs and Synchronicities

Synchronicities are God's gift or means to message you, providing direction and confirmation on issues that deeply pertain to or concern us like someone we deeply care for, or a job decision or other personal matter that only you know what the synchronicities pertain to. But sometimes you wonder why God seems to bring you closer to the person or the thing you desire when conditions aren't right because it seems then, you will again sustain another hurt.

You might reflect and say that you don't understand synchronicities then. You can drive yourself nutty not understanding why the synchronicities even occurred. The may have been alot of them, when contrary to what

they all indicate. You may have difficulty understanding the concept of synchronicity as before, it gave you hope, but now, it brings you doubt. How much weight can we give to synchronicities then?

Synchronicities are synchronicities. They are still signs pointing us in a certain direction that God wants us to go. But the ultimate unfoldment of how things are meant to work out is still in God's hands. When synchronicities are viewed from a larger perspective, the picture putting together all the smaller pieces becomes clearer and understood. Only faith in God is what will keep you at peace through all of these occurrences. God would never point you in the wrong direction and it's highly unlikely that the evil side is responsible for these coincidences when they are only love based.

Faith is the proclamation of truth in the face of conflicting signs and contradictory circumstances. Faith is more important than synchronicity. The first level is to know synchronicity and to work with them. The second level is to have faith even in the midst of conflicting signs. Many people start of at the second level and then get stuck in the first level without coming back to the second level because they become dependent on the signs. It's like we start off with being detached when setting our intention, but then become attached to results later when we start getting results.

We should follow where the signs and our heart leads us. But we should not depend on the signs completely and instead put our trust in God with all our heart even

though we do not understand all that's going on with the signs. Trust in the Lord with all your heart, lean not unto your own understanding. We'll still have to wait and see how reality plays out. Everything that comes our way is a test. Any setbacks we face is a chance to make us stronger in consciousness. To trust and hold on to the truth of God's goodness and his love for us, that ultimately he will fulfill the greatest desires of our heart.

Maybe they are pointing us in the RIGHT direction but it may not come to pass on OUR timetable. Or quite possibly, there's something you don't know about what's happening yet that you are not to know at this point in time which will reveal itself and unfold possibly over time. This is very well part of the answer that deals with synchronicity. The more important part of the answer that deals with faith is the knowledge that all things work out for the good of those who love God and are called according to his purpose.

Pure simple faith is all that is needed to set your heart at rest upon the truth. All the knowledge and awareness you have so far may not be enough to completely get you through the things that touches the deepest parts of the heart. Right at the very core, the only thing that can settle it is pure simple faith. Jesus said that unless we become as a little child, we cannot enter the kingdom of God. The kingdom of God is righteousness, peace and joy in the Holy Spirit.

Faith that comes by seeing ourselves as a child of God and knowing that he loves us totally, and that he is a

good God, and he has everything under control, he has our future in his hands, and he will never fail us or make any mistakes.

You just need to have pure simple faith and read the word of God a little bit more. It might seem a kind of foolish to say this. The Jews seek after a sign and the Greeks seek after wisdom. But the bible says it pleases God through the foolishness of preaching to save them that believe. In the end, it is all about one thing. That thing is pure simple faith. We can only experience peace and joy in areas that touches the deepest parts of the heart by having simple faith.

Sometimes you are looking for a sign or understanding of what's going on in the situation, but you can't seem to find it. What you really need is to believe and have pure simple faith. Pure simple faith comes only from hearing, and hearing the word of God. No other religious text or esoteric scriptures gives the kind of pure simple faith that the bible does. This is the awareness that you need. Faith is the higher kind of sight when you cannot see. It is the God consciousness or Christ consciousness.

Pure simple faith. It may be the hardest thing to have in the universe. That is why we need the author and perfecter of faith, which is Christ Consciousness. The just shall live by faith. For we walk by faith and not by sight. Not by signs or synchronicities either. We should live by faith of Christ. Christ is the word. For it is written that Man shall not live by bread alone, but by every word that proceeds from the mouth of God.

The unfoldment and timetable aren't always in keeping with what WE expect or envision. This is just another very important "aspect" of synchronicity. Only God knows what is best for us and we should trust and live in faith that good will prevail for our futures. If it's meant to be, it will happen on its own accord. Having faith IS having peace. Keep the faith that everything will be okay and that God has a better plan for us in the end.

It will be interesting to see what God has planned and what the synchronicities were trying to "say". When you live by faith, you will sense something very positive in your future and feel this inner surge of energy, a real bright light that gives you hope for a much happier future. It's a very unique and wonderful feeling. Commit everything to the Lord and the peace that passes understanding will guard your heart and mind.

The idea of living by faith above signs and synchronicities is emphasized in both the Quran and the teachings of the Infallibles. The focus is on placing trust in Allah and His wisdom rather than relying solely on external signs or coincidences. Here's how this concept is addressed in Quran and Ahadith:

Teachings from the Quran:

1. Surah Al-Anfal (8:2):

- "The believers are only those who, when Allah is mentioned, their hearts become fearful, and when His

verses are recited to them, it increases them in faith; and upon their Lord they rely."

- This verse highlights that true faith is reflected in reliance on Allah and a deepening of faith through His revelations, rather than through external signs.

2. Surah Al-Baqarah (2:286):

- "Allah does not burden a soul beyond that it can bear."

- This verse implies that faith should be in Allah's wisdom and decree, trusting that He knows what is best for us, regardless of external circumstances or signs.

3. Surah Al-Imran (3:159):

- "So by mercy from Allah, [O Muhammad], you were lenient with them. And if you had been rude or harsh-hearted, they would have disbanded from about you. So pardon them and ask forgiveness for them and consult them in the matter."

- This verse encourages reliance on Allah's guidance and mercy, emphasizing faith and trust in Allah's plan over reliance on signs.

4. Surah Al-Ankabut (29:69):

- "And those who strive for Us - We will surely guide them to Our ways. And indeed, Allah is with the doers of good."

- This verse underscores that striving for Allah's pleasure and placing trust in His guidance is paramount, rather than being swayed by external signs.

Teachings of the Infallibles (Ahl al-Bayt):

1. Imam Ali (AS):

- "Faith is the foundation upon which we build our trust in Allah. Rely not on signs and coincidences, for true faith lies in trusting Allah's plan and wisdom." (Nahj al-Balagha)

- "Do not be swayed by signs and omens, for real guidance and success come from placing complete trust in Allah and following His commandments." (Nahj al-Balagha)

2. Imam Muhammad al-Baqir (AS):

- "The believer places his trust in Allah and follows His guidance, not relying on signs or coincidences. Faith means believing in Allah's wisdom beyond the apparent." (Tafsir al-Mizan)

- "True faith requires that we trust Allah's decree and rely on His guidance rather than being influenced by signs or patterns we perceive." (Tafsir al-Mizan)

3. Imam Ja'far al-Sadiq (AS):

- "To live by faith means to depend on Allah's wisdom and guidance, rather than relying on signs and

synchronicities. Faith is about trusting in Allah's plan." (Al-Kafi)

- "When faced with uncertainty, a believer's faith is his guide, not the signs he may encounter. Trust in Allah's plan is the essence of true faith." (Al-Kafi)

These teachings emphasize that true faith in Islam involves trusting in Allah's wisdom and plan, rather than relying on external signs or coincidences. Faith is seen as a deeper, more profound trust in Allah's decree and guidance.

Perfect Having is a State of Unconsciousness

A state of perfect health is a state of unconsciousness. When your body is well, it is out of thought. People tend to get well or recover from certain bodily symptoms at a time when they have become unconscious of it. Sometimes healing happens instantly in a miraculous way. Other times it happens when you are living your life and had taken your mind off the symptom. As it is with health, so it is with other things in your life. Perfect having is a state of unconsciousness. You attain when you're detached.

Manifestation is a paradoxical thing. You must expect and you must also have no expectation. What this means is that there must be periods of focusing on your intent

and also periods of letting go of it from your mind. They are periods of thought and periods of forgetfulness. You get what you expect, and you also get it at a time when you aren't expecting it. Although you do get what you want at a time while you are expecting it, the usual process is to be non-expecting. It's a state of unconsciousness.

One person's brain waves can actually synchronize to another person's heart

When you exude the energy of positive emotions such as joy, serenity and enthusiasm in the presence of your friend, she will pick up your emotional vibes and shortly after, her own emotional and mental states will be entrained with yours. The word "entrain", means to pull along after itself.

When a tuning fork is struck, it will vibrate at a certain frequency and emit a certain sound. When a second tuning fork is held near the first, it will start to vibrate along with at the same frequency as well and emit the same sound. This a simple and observable demonstration of how energy and vibration influence the universe.

Our emotions are energy and since different emotions are simply different vibrations of energy, emotions can entrain each other. That's how our emotions influence each other, and how your feelings are changed from moment to moment by people or the environment.

Did you know that the electromagnetic signal produced by your heart is registered in the brain waves of people around you?

"Most people think of social communication solely in terms of overt signals expressed through language, voice qualities, gestures, facial expressions, and body movements. However, there is now evidence that a subtle yet influential electromagnetic or "energetic" communication system operates just below our conscious awareness. Energetic interactions likely contribute to the "magnetic" attractions or repulsions that occur between individuals, and also affect social exchanges and relationships. Moreover, it appears that the heart's field plays an important role in communicating physiological, psychological, and social information between individuals."

Matrix Reality - Secret of Simulated Existence

We are living in the matrix reality. Existence is a simulation which is secret to many. Most human entities spend their "waking" lives hypnotized by their sensory world, which gives them the illusion of a material reality "out there." In reality, space and time are really nonexistent at the level of Pure Aware Consciousness, and also at the level of our reality. Consciousness consist the unaware "blind parts" that experience the illusion of creative thought within an illusory space/time construct called Creation.

Mankind rarely realizes that life is but a sensory illusion that gives experience and learning to Thought, and that the only reality is Thought Itself, which is forever evolving. The only real Space there is, is the mental Space within the Dream-Space (Imag-in-ation) of the Mind of God. The only real Time there is, is the pace of the evolvement of God's Awareness within Its Dream through the media of Vibratory Light, as God projects Its Consciousness onto Its own Vibratory Dream (The Matrix). Matrix is the Mind.

Power and Responsibility bring each other

In everything we do, we either progress or regress. With great power comes great responsibility, but the reverse is true for with great responsibility comes great power. Responsibility is power. Taking responsibility is taking control. When you take responsibility, you gain power. When you do not take responsibility, you are giving away your power to something or someone else. To become more responsible is to grow. All growth is progress.

All work assists in development. We never stand still. Every time we accomplish something it gives us ability to do greater things. The bigger the attempt undertaken, the greater the things accomplished in the future. This is a good idea to keep always in mind. When you are uncertain whether you should do something or not, just think whether by doing it you will grow or deteriorate, and act accordingly. Every achievement is a platform for

even greater achievements. Put in your best effort in the current work you are doing so that you can build a better foundation to be better equipped for what comes later.

Slowness in Making Decisions. This is a weakness of Will Power. You know you should do something, but you delay doing it through lack of decision. It is easier not to do a certain thing than to do it, but conscience says to do it. The vast majority of persons are failures because of the lack of deciding to do a thing when it should be done. Those that are successful have been quick to grasp opportunities by making a quick decision. This power of Will can be used to bring culture, wealth and health. By making quick decisions on little things you will acquire the ability to make quick decisions in bigger things. Never procrastinate. Decide quickly one way or the other even at the risk of deciding wrong.

You Create All of Your Reality with Perception

Your perception is how you view yourself, how you view your world, how you interact with your world, how you interact with yourself, with each other, and How You Create Your Reality. You create your reality through your perception. Your perception is all-encompassing, and that element of yourself that you do not identify as a thing. It is that element of yourself that creates your reality and places you in the awareness of reality within this physical dimension. It is your awareness, your objective awareness.

What you choose may be associated with your direction. Your choices are what you do, not necessarily what you think. You may think to yourself in one moment, "I am going to walk across this room and eat some food." And what you may actually do is turn your attention to the person sitting beside you and engage in conversation. You are not DOING what you thought, but you are doing what you desire, in association with your direction. So what you choose and do is based on where you are directed at.

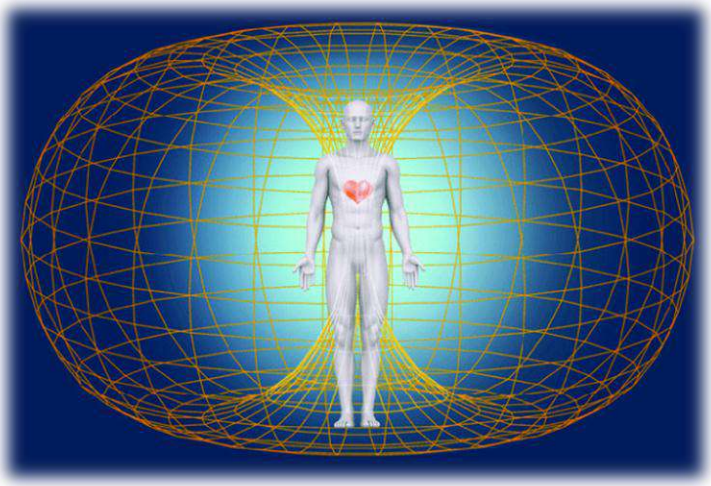
From a metaphysical point of view which is the Principle of First Causes: Perception creates reality, and perception is what draws external information and experiences to ourselves. And our perception existed even before we were born. The soul intended certain circumstances for its birth, and once born, our physical consciousness continues creating, whether at a conscious or unconscious level. Everything is the result of internal perception primarily. External circumstances are secondary. But the feedback and response between inner and outer can result in a loop that may cause a spiraling out of control. It is like looking into a mirror and trying to copy what you see and therefore getting stuck.

What Is Human Aura

By Nishant Sharma

Since ancient times we have seen pictures and paintings of different spiritual leaders across various traditions but one thing that is common among all of them is the halo that surrounds their head which is known as the Aura-

energy field. It not only surrounds just the head but also extends all around your body. This aura represents your physical, mental, emotional as well as spiritual energies. The aura is often seen a mix of fine colored frequencies where each color defines its own individual nature and characteristics. The vibration of this aura is very fine and subtle so we need very fine instruments to detect it or perhaps we can use our inborn intuitive mechanism and our latent psychic potential to train ourselves not only to



see the aura but also to interpret the different colors and shapes in the aura which can reveal us a lot of unsaid information.

In scientific research we have found that the aura is electromagnetic field of energy that extends all around our body for about 4-5feet (in an average healthy body) and appears to be depleted in cases of unhealthy

person.

The aura of a person is directly connected to the level of health of the person. A person is considered to be Healthy in terms of Physical vitality, mental clarity, emotional well-being as well as highly positive spiritual energies. So a person who is healthy at all these levels has a bigger and brighter aura and vice versa in the case of an unhealthy person.

Scientists and researchers today all around the globe have confirmed that the matter which appears to be solid in reality is NOT TRUE. This solid looking matter is actually made up of pure energy which is vibrating at a specific frequency which gives matter properties like shape, size, texture etc. These solid looking objects like a pen, book and even the molecules, atoms and cells in our bodies for that matter are actually made up of vibratory energy particles called electron, protons, neutrons and further tinier particles. So when these particles vibrate in their nucleus, a small electrical impulse is generated in our body and according to the famous law of physics "When there is an electrical field around a body, a magnetic field gets developed automatically". So the tiny electrical impulses in our body results into the formation of a magnetic field around our body which is actually known as the AURA- electromagnetic field of the body. Since everything in this universe is made up of the same constituent particles electron, protons, neutrons etc. that means EVERYTHING HAS AN AURA. And if we keep on

expanding these so called elementary particles we reach a point where we find nothing but pure energy vibrating at the very essence of these solid looking objects. Everything in this physical universe is nothing but energy which connects to everything in the universe.

If we study our ancient Indian texts especially the yoga sutras we will come to know the subtle anatomy of our human chakra system which is actually a very important aspect of our Aura. Spiritually we can say that aura is our very own soul nature, it reflects our innermost desires and feelings, emotions etc.

Aura is the layer of energy which interconnects all other subtle bodies and also acts like a shield covering and protecting our more refined subtle bodies like the mental, emotional, and spiritual and astral bodies. Like for our physical body to survive and maintain its health, oxygen plays a vital role for our existence similarly the Pyranic forces which are commonly called Pyrana is the subtle energy that is required by our more refined bodies to function and maintain a good health. So if we want our bodies to absorb oxygen properly from the environment we should keep our lungs healthy thereby keeping our physical body healthy, similarly if we want our subtle bodies to function properly and to absorb the pyranic energies properly we need to keep our aura healthy. Like for our physical bodies we do regular exercises to keep it healthy and working, we should also

practice some form of energy exercise which regulates the proper flow of pyranic energies in our subtle bodies.

Use Bioelectricity for Magic and Manifestation

Bioelectricity is the energy that is used for magic and manifestation. Bioelectricity is also known as the life force, the chi, the body electric, prana, the aura, the spirit, magic power, etc. There are many different names for this energy. Our bodies run on bioelectricity. Thoughts are electrical impulses in the brain. The brain runs on bioelectricity. When this electricity becomes imbalanced, one has seizures. The key to power is to handle your bioelectricity so that you can create and live in harmony.

The amount of bioelectricity an individual has, determines the degree of their physical, psychological and spiritual health. People, who are ill or depressed, have lesser amounts of bioelectricity. Depression all by itself, is a symptom of too little bioelectricity. The way out of a depressed state is to raise bioelectricity levels. The first thing is to relax so that the energy flow becomes unstuck. Then engage with people, places and activity that contribute an inflow of bioelectricity that lifts one self into joy of living.

Influence Others with Your Expression and Energy

The more conscious and aware we become in the ways by which we influence people, the more control and mastery we will have. One of the ways by which many of us may not be conscious of is how we influence others through the energy of our face. It goes beyond just thinking about the general facial expressions that we make, but it also involves the energy that we are sending through our face as well as the intent behind it. Our face is transmitting specific messages all the time through our intentions.

We may be familiar with reading the facial expressions of others in order to read what they are communicating about themselves to us. But there are fewer people who know the skill of transmitting information through their face on purpose. Many people think that it is simply a matter of controlling their facial expressions, but they do not know the specifics to sending messages through their face. The people who're aware of such ability will gain a superior advantage to affecting others without saying a word.

Of all the things you wear, the most important of all is the expression on your face. That is so true because you can be dressed in the best outfit and have the best surroundings around you, but still wonder why are you not creating the response that you desire from others. The secret is in your face. Be aware of the expression on your face. You will be amazed that the behavior of

people towards you can be very much directed by the expression on your face alone. This power is very magical indeed.

Controlling Reality at Higher Levels Comes First

There are different levels of control over reality. If you do not secure control at the higher levels first, then all other levels of control over reality would be in vain. Higher levels of reality control are more subtle but they affect all of reality in a more encompassing way. That is why all it takes is awareness of how the higher levels work in order to see it happening in every way all around you. Higher levels of reality control are also more critical, which is why more of the focus is on higher levels in spiritual teachings.

There are different levels of participation in co-creating reality between people. On a higher level, people interact in the collective unconscious realm with the intents of their inner being as well as their conscious minds. On the next level down, they interact with their energy signals and projections in their environment. Then further down, they interact with physical signs and communication. At the lowest level is actual physical contact involved. People can decided what degree of participation they wish to have.

Psychic power is the ability to interact with the environment directly with your mind. There are three kinds of psychic ability which are “mind-to-mind”

influence (such as telepathy), "mind-to-environment" influence (such as psychokinesis) and "environment-to-mind" (such as clairvoyance). The fourth kind of psychic ability is "mind-to-reality". Reality creation is the highest of the psychic powers. If you can create reality itself, you don't even need to concern yourself with predicting it or controlling things within it.

Changing Shockwaves to Control Future Events

Sometimes you feel you have no control over what you're feeling. Sometimes you feel lots of lack. The reason why you feel you do not incorporate control over what you are creating is that what you are doing is not focusing. You are scattering your energy and allowing your attention to move in many different directions simultaneously. You are allowing your attention to move to all of the expressions that you generate in lack, and that becomes an enormous entity. You need to regain control through focusing.

Let's say you see upon your table a stack of bills that measures one foot into height. If you spread all of these envelopes across your table, and you are viewing them all simultaneously, you will be overwhelmed with the volume of what you see before you. That overwhelm will be influencing of you to decrease your motivation to address to any subject. The motivation will continue to decrease, for your overwhelm increases and that generates a feeling of a lack of control. You must change the way you focus.

Keep Your Personal Aura Charged with Magnetism

Maintaining adequately high levels of energy and emotional states is necessary for manifestation of desires. You should keep your personal atmosphere well charged at all times by projecting magnetism into it from time to time. No special times or number of times is absolutely necessary. You must use your own judgment and feeling in this matter. You will soon learn to feel when your magnetic aura is weak, and when it is strong. Having an aura of adequate strength is important to attract desired reality state.

If you are about to come into contact with others whom you wish to influence or who may influence you, you should charge yourself well with magnetism. This means you should generate and project into your personal atmosphere a large amount of magnetism, which will render your aura strong and positive, instead of weak and negative. This rule is applicable to the case of the uses of personal magnetism in your dealing with other persons. You should learn to interact with the energies of others powerfully.

Success with Women Comes From Being the Man

A common reason for a girl to break up with a guy is that he was too much of a follower. A woman's mood may constantly change, and she has a lot of whims. If the guy

follows her whims, she'll lose attraction for him. A woman will say and do things based on a negative emotion she's feeling at the moment, and if you react the wrong way, she'll lose attraction for you. Although a woman's mood fluctuates, it's up to you to have a calm, stable inner state so that she too can feel calm, stable and safe with you.

The first step to regaining your power after a woman has left you is to break out of the state she wants you to be in right now. What does she want? Since she's broken up with you, she wants you to feel lost and lonely. That way you are completely unattractive to her and she can feel okay with her new life without you. She wants to have no reason to be with you anymore. She wants you to be the repulsive beta male. This is the secret psychology of human beings. Knowing how we think gives us great power.

How to select gender of own choice

The gender of a baby is determined by the combination of chromosomes from the parents: females have two X chromosomes (XX), and males have one X and one Y chromosome (XY). While you cannot guarantee the gender of your baby with absolute certainty, there are a few methods that some people believe can influence the likelihood of conceiving a baby of a specific gender. It's important to note that these methods are not scientifically proven, and there is no foolproof way to select the gender of your baby. Here are some of the methods people use:

1. Timing Intercourse: Some methods suggest that timing intercourse in relation to ovulation may influence the gender. For example, the Shettles Method recommends that having intercourse closer to ovulation increases the chances of conceiving a boy (XY), while having intercourse several days before ovulation increases the chances of conceiving a girl (XX). However, the scientific evidence supporting these methods is limited.

2. Diet: Some believe that the mother's diet may influence the gender of the baby. For example, it is claimed that consuming certain foods or following specific diets may increase the likelihood of conceiving a baby of a particular gender. There is little scientific evidence to support these claims.

3. Sexual Positions: Some theories suggest that certain sexual positions during intercourse can influence the gender of the baby. However, there is no scientific basis for these claims.

4. Swaying Methods: Various methods and practices, often referred to as "swaying," claim to influence the gender of the baby. These methods typically involve a combination of dietary changes, timing of intercourse, and other lifestyle adjustments. It's essential to approach such methods with caution, as their effectiveness is unproven.

5. Medical Procedures: Some medical procedures, such as pre-implantation genetic testing (PGT) during in vitro fertilization (IVF), can identify the gender of embryos before implantation. However, this approach is typically used for specific medical reasons and not for gender selection.

It's important to remember that these methods lack scientific evidence, and there is no guaranteed way to choose the gender of your baby naturally. The gender of your baby is ultimately determined by genetic factors and chance.

If you have a strong desire for a child of a particular gender, it's essential to approach the process with a realistic perspective. Regardless of the gender, every child is a unique individual and a precious addition to your family. Consider discussing your desires and any concerns with a healthcare professional or genetic counselor for guidance and support.

Face reading is Mind reading

Just face it. Face reading is mind reading.

A person’s character and personality traits are written on his face. The secret of the face is in the eyes. They are the

main features that express everything that is going on within a person.

There is a saying in chinese art of face reading that a person's facial features come from the heart.

Chinese face reading talks about the fortune and status at every point in his age. Since the past and the future exist in the Eternal Now, the information of a person's past and future is revealed in the present.

Outer reflects the inner. Your face reflects your inner thoughts and beliefs. Your fate is determined by your beliefs and mindset. Your face does not determine your fate, it merely reflects it. This is the crucial truth that people overlook in face reading.

Even in physiognomy, some people have the attitude that their behaviour is control by their facial and bodily characteristics. They say, "Oh when I find myself doing this behavior, it is not me, it is my hair". Statements like this are untrue and downright disempowering. It is attributing control to something else other than yourself.

It is thinking from a very low level of awareness and not understanding the ultimate cause of a thing. When you understand that your facial feature are only reflecting and not controlling your nature, you have the awareness that the control is with you.

Your facial features have a certain force that perpetuates your behavior, but that force was set in place by your original thoughts that created your face. But you

can override that force by an opposing force of new thoughts and over time, your facial features will change and take on the new force.

It works just like habits or programs run by the subconscious mind. They have a force that perpetuates behavior, but when you consciously choose to change them, you will overide the preconditioned patterns and over time diminish them close to nothing or nothing. And you will establish a new pattern of behavior or characteristic which will be reflected by a change of your facial features.

Silvan Tomkins was a scientist who taught psychology at Princeton and Rutgers. Tomkins believed that faces, even the faces of horses, held valuable clues to inner emotions and motivations. He could walk into a post office, it was said, go over to Wanted posters, and just by looking at the mug shots, say what crimes the various fugitives had committed. He would watch the show "To Tell the Truth", and without fail he could always pick out the people who were lying. He actually wrote the producer at one point to say it was too easy, and the man invited him to come to New York, go backstage and show his stuff.

Paul Ekman first encountered Tomkins in the early 1960's. Ekman was then a young psychologist just out of graduate school, and he was interested in studying faces. Was there a common set of rules, he wondered, that governed the facial expressions that human beings made?

Tomkins visited Ekman at his laboratory in San Francisco. Ekman had tracked down a hundred thousand feet of film that had been shot by the virologist Carleton Gajdusek in the remote jungles of Paputa New Guinea. Some of the footage was of a tribe called the South Fore, who were a peaceful and friendly people. The rest was of the Kukukuku, a hostile and murderous tribe with a homosexual ritual in which preadolescent boys were required to serve as courtesans for the male elders of the tribe.

For six months, Ekman and his collaborator, Wallace Friesen, had been sorting through the footage, cutting extraneous scenes, focusing just on close-ups of the faces of the tribesmen, in order to compare the facial expressions of the two groups. Ekman set up the camera. Tomkins sat in the back. He had been told nothing about the tribes involved; all identifying context had been edited out.

Tomkins looked on intently, peering through his glasses. At the end, he went up to the screen and pointed to the faces of the South Fore. "These are a sweet, gentle people, very indulgent, very peaceful," he said. Then he pointed to the faces of the Kukukuku. "This other group is violent, and there is lots of evidence to suggest homosexuality."

Even today, a third of a century later, Ekman cannot get over what Tomkins did. "My God! Silvan, how on earth are you doing that?" Ekman said. "And he went up to the screen and, while we played the film backward, in slow

motion, he pointed out the particular bulges and wrinkles in the face that he was using to make his judgment.

That's when he thought to himself, 'I've got to unpack the face.' It was a gold mine of information that everyone had ignored. This guy could see it, and if he could see it, maybe everyone else could, too.

Brainwave Entrainment

Entrainment is to pull or draw along after itself. When you strike a tuning fork, it will vibrate at a certain frequency. And then when you hold second tuning fork close to the first one, it will begin to vibrate along at the same frequency as well. The first tuning fork entrains the second one.

Let's say that we have a bunch of pendulum clocks hanging on a wall. If we erratically swing all of the pendulums at different speeds. Over time, all pendulums on every clock will become synchronized. They will all be swinging together in unison.

Entrainment happens all the time. Your mind and biological rhythms are entrained by the environment in every single moment. The outside stimulus such as the sound of waterfall in a misty part of a beautiful forest or the sight of racing cars whizzing by dangerously near you on a dusty track will evoke a certain response from your physiological and mental states.

It is said that the most powerful thing that can change your state in an instant, is music. How many times were you in a certain state of mind and experiencing a certain disempowering emotion but when you heard your favorite song or upbeat music, you immediately start to feel very different? That's entrainment.

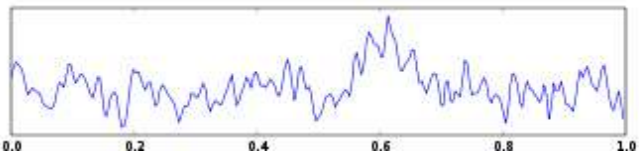
Brainwave is the rhythmic fluctuations of voltage between parts of the brain resulting in the flow of an electric current. Basically, your brain has electrical activity that vibrates at a certain frequency. There are 5 main kinds of brainwave states distinguished in neuroscience. The five brainwave states are alpha, beta, gamma, delta and theta.

Each brainwave state represents a certain frequency range. The frequency of your brainwave determines the state of consciousness you're in which will in turn lead to the resulting kind of emotions and mental functions that are at work within you.

Brainwave states à Level of consciousness à Resulting kinds of emotions and cognitive functionality experienced.

Wave types

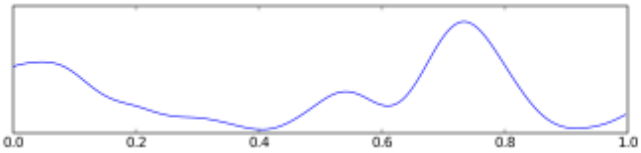
One second of EEG signal



Historically four major types of continuous rhythmic sinusoidal EEG waves are recognized (alpha, beta, delta and theta). There is no precise agreement on the frequency ranges for each type.

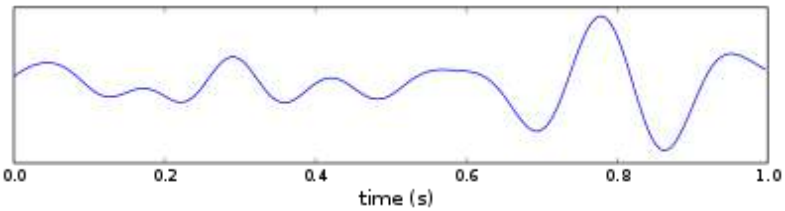
Delta is the frequency range up to 4 Hz and is often associated with the very young and certain encephalopathies and underlying lesions. It is seen in deep and dreamless sleep.

Delta waves.



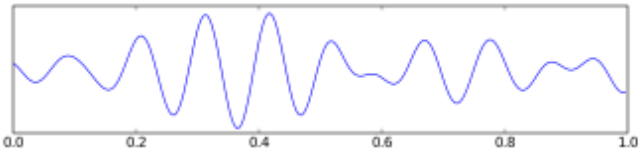
Theta is the frequency range from 4 Hz to 8 Hz and is associated with drowsiness, childhood, adolescence and young adulthood. This EEG frequency can sometimes be produced by hyperventilation. Theta waves can be seen during hypnagogic states such as trances, hypnosis, deep day dreams, lucid dreaming and light sleep and the preconscious state just upon waking, and just before falling asleep. It is connected with intuition and creativity.

Theta waves.



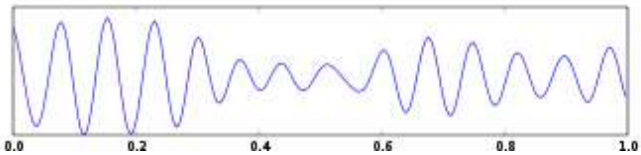
Alpha (Berger's wave) is the frequency range from 8 Hz to 12 Hz. It is characteristic of a relaxed, alert state of consciousness and is present by the age of two years. Alpha rhythms are best detected with the eyes closed. Alpha attenuates with drowsiness and open eyes, and is best seen over the occipital (visual) cortex. An alpha-like normal variant called mu is sometimes seen over the motor cortex (central scalp) and attenuates with movement, or rather with the intention to move.

Alpha waves.



sensorimotor rhythm (SMR) is a middle frequency (about 12–16 Hz) associated with physical stillness and body presence.

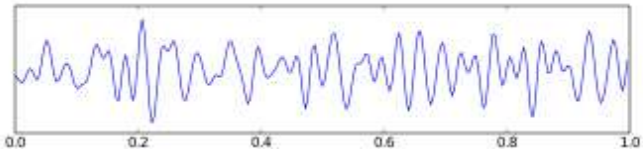
SMR waves.



Beta is the frequency range above 12 Hz. Low amplitude beta with multiple and varying frequencies is often associated with active, busy or anxious thinking and active concentration. Rhythmic beta with a dominant set

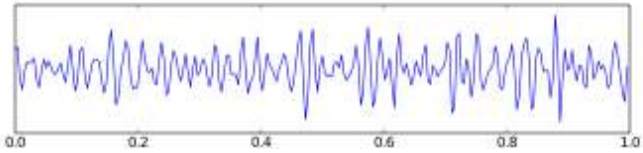
of frequencies is associated with various pathologies and drug effects.

Beta waves.



Gamma is the frequency range approximately 26–80 Hz. Gamma rhythms appear to be involved in higher mental activity, including perception, problem solving, fear, and consciousness.

Gamma waves.



All five brainwave states exist at varying amounts in different parts of your brain. Your brainwave state is determined by the dominant brainwaves that are active in your head at any given moment.

Brainwave entrainment occurs when the frequency of your brainwaves starts to follow the frequency of a stimulus. It happens when your mind synchronizes with the rhythm of your environment. Your brainwave starts

to emulate the rhythmic pattern of the external stimulus in your environment. It can be said that almost any rhythmic or frequency based stimuli can be used to entrain your brainwaves whether it be sound, light, touch, etc, or anything else the brain can perceive through its senses.

Brain Sound Technology or Psychoacoustics is a mind technology that creates brainwave entrainment. Through the process of playing audio soundscapes, your brainwaves are being entrained by the entrainment frequency present within the soundscape.

Brainwave entrainment technology can put you into the deepest meditative state at a touch of a button or to unleash super high levels of creativity and insight. You can even achieve intense focus and phenomenal concentration of psychic energy for fullness of engagement in an activity.

This audio technology, when placed beneath soothing music produces some absolutely mind-blowing experiences (and benefits) for the listener. It dramatically increases in the production of a whole variety of beneficial brain chemicals, including pleasure-causing endorphins—as well as a number of others proven to slow aging and increase longevity and well-being.

It increases the learning ability, enhanced creativity, greater intuition, improved focus and concentration—and (even more amazing) greatly increased personal self-awareness (scientists call this combination "whole brain functioning").

On a purely mental level, many scientists believe this increased communication between the two hemispheres of the brain is what separates the Einstein's, Edison's and Mozart's from the ordinary population.

Humility Sustains and Increases Prosperity

Humility is the reason why we increase in prosperity and pride is the reason why we lose what we have. If you want to know the secret why the rich and successful lose their riches and success, the answer is because of pride.

The Bible says "Charge them that are rich in this world, that they be not high-minded, nor trust in uncertain riches, but in the living God, who gives us richly all things to enjoy." Remember to trust in God who gives you richly all things to enjoy. Success can create false security.

God resists the proud, and gives grace to the humble. Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time. When Satan wants to attack you, he would use pride as a prime weapon. When Satan stood up against Israel, he provoked David to number Israel. When David looked to the size and power of Israel's forces as the basis of victory, he was becoming proud and thus losing the grace of God. The way to resist the devil is by submitting to God and receiving grace.

The concepts of humility and pride and their impact on divine favor and prosperity are deeply rooted in Islamic teachings, both in the Quran and the sayings of the Infallibles.

The Quran highlights the importance of humility and the consequences of pride. For instance, Surah Al-Furqan (25:63) describes the servants of the Most Merciful as those who walk upon the earth with ease and respond to ignorance with peace. This depiction underscores that humility is a virtue that attracts Allah's favor. Similarly, Surah Al-Ankabut (29:69) suggests that those who strive sincerely in the way of Allah will be guided to His paths, reflecting that divine guidance and support are linked with living according to divine principles, including humility.

In the teachings of the Infallibles, humility is also emphasized as a key to divine exaltation. Imam Ali (AS) remarked that showing humility before Allah leads to being exalted in status, aligning with the Quranic perspective that humility is rewarded by Allah. Imam Muhammad al-Baqir (AS) further elaborates that humility is a sign of faith, while pride distances one from Allah's mercy and blessings, highlighting the intrinsic connection between humility and divine favor.

Conversely, the Quran also addresses the detrimental effects of pride. Surah Al-A'raf (7:40) warns that those who deny Allah's signs and exhibit arrogance will face severe consequences, including barriers to entering Paradise. This verse illustrates that pride can obstruct

divine grace and lead to spiritual loss. Additionally, Surah Al-Isra (17:37) advises against arrogance, asserting that it is futile and counterproductive.

The Infallibles reinforce this notion in their teachings. Imam Ali (AS) stated that pride is the cause of downfall, while humility is the path to grace and elevation. This perspective echoes the Quranic message that pride leads to loss, whereas humility fosters divine blessings. Imam Ja'far al-Sadiq (AS) emphasized that pride results in losing Allah's grace, while true success is found in humility and submission to Allah.

Furthermore, the concept of pride as a weapon of Satan is also addressed. Although the Quran does not explicitly connect Satan's use of pride to the story of Prophet David (AS) as mentioned in your text, the theme is supported through other Quranic verses. In Surah Sad (38:75-76), Satan's refusal to bow to Adam (AS) due to pride is discussed, demonstrating how pride led to his downfall. Imam Ali (AS) elaborates that pride and arrogance are Satan's primary tools against humanity, suggesting that adopting humility is crucial to protecting oneself from such spiritual attacks.

Overall, Islamic teachings consistently emphasize that humility attracts divine favor and prosperity, while pride leads to loss and divine resistance. Living by faith and humility, rather than relying on signs and coincidences, is integral to aligning oneself with Allah's guidance and achieving spiritual success.

Psychology - The study of the Mind

Psychology comes from two words: psyche and logos. Psyche is the greek word which means soul or spirit, loosely translated as mind. Logosmeans knowledge or study like all "logies". The first greek letter psi in psyche is used as the international symbol for psychology. Hence, Psychology was originally defined as: **the study of the mind**.

Psychology is the key mind science because it is the understanding of how perception governs behaviour. How we think affects everything else.

Psychology is about understanding. It is about understanding people and the mind.

Human nature is perpetual. It is the same today as it was from ancient history.

So the principles of psychology are fixed and enduring. You will never need to unlearn what you learn about them.

Art being a thing of the mind, it follows that any scientific study of art will be psychology.

It may be other things as well, but psychology it will always be.

"A fundamental understanding of the human psyche is the essential key to successful magic" - Robert-Houdin (Father of Modern Magic)

Understanding psychology doesn't mean you'll always be aware of it or use it. The first step is to understand it, the next step is keeping it in awareness and using it.

Psychology consist of subtle differences but big distinctions. It is the little psychological subtleties that make all the difference.

The greatest use of all psychology is for self/social awareness, communication, marketing, and personal development.

Psychology works on assumptions. Other people's assumptions follow your assumptions. Other peoples expectations are set by you and everything is the result of your communication.

When you assume the appearance of power, people will give it to you. Leaders are self-appointed. Authority is 80%taken and 20% given.

Everything is Psychology. Everything is affected by psychological factors and those factors govern all that goes on, whether you choose to take control of them or not. With the knowledge and power of psychology at hand, you can rule the world.

Conflict of Personalities within the God Mind

It's been a question about how God can have a universal and a personal aspect. It's also been a wonder how a

created angelic being can seek to become the new person of the Godhead. Such is a mystery of the high things in the universe. We have always thought that God is all that is therefore division does not exist because everything is one. But we need to understand that things can be same in substance but different in being.

The concept of the universal and personal aspect of God is derived through the principle of correspondence. The mind has two aspects, the conscious and the subconscious. God also has a conscious and subconscious mind. Think of the conscious as the personality or Ego and the subconscious as the body. The universe is the body of God and the trinity is the person of God. Both the universe and the trinity is God, for all is one but with different aspects.

You create different thoughtforms or personalities within you with your thinking. These different thoughtforms or personalities represent different aspects of you. Although each of them run your body at different times in order to express a different part of you, there is a dominant personality that defines the real you. It does not define you as a being because you are none of your personalities but pure spirit. It defines you as a person.

When one of these personalities becomes greater than your dominant personality, it overrides it and you become a new person. These is how metamorphosis occurs and which explains why someone can become a completely new and different person. It is a change of self with a different self. Such changes are changes in

second order beings therefore it is different from changes in first order of beings. In first order changes, a person's spirit is overruled by another spirit which is the case of demon possession. In second order changes, a person's spirit remains the same but his thoughtforms and personalities have shifted in his psychological hierarchy.

God is a zero order being and a first order being. The zero order is the universal aspect and the first order is the personal aspect. The sovereign or most high personality of God is the trinity. The trinity is the conscious aspect of the God Mind. It is the trinity that decided to create all other first order beings as divine aspects of God. The Most High consciousness which is also the Divine Ego exist in perfect harmony with the subconscious aspect of the God Mind.

But one first order being that is almost as sovereign as the most high personality conceived and believed in a plan to ascend into supremacy and become as the dominant personality of the God Mind. If he were to succeed, then he would become the New God of the universe and rule all creation as he wills. When two personalities are vying for dominance, it creates a split personality or schizophrenia in a being.

But when one personality is clearly in control while allowing the other to play itself out, it creates the illusion of chaos when order is actually behind it. This explains why certain people possess the good-guy/bad-boy personality mix that girls find so attractive and

fascinating. They are unpredictable, mysterious and thrilling to interact with. You want to know who they truly are, what makes them tick and what they're really up to.

This also explains why the universe seems to be in chaos when there is actually a higher order behind the appearance of chaos. People wonder why if there is a God then why isn't everything perfect. They wonder who is really in control, God or Devil? God is able to destroy Lucifer in the beginning but he doesn't because he is allowing Lucifer to play out his grand plan to overthrow the Godhead throughout history so as to prove that his idea is ultimately flawed and will not succeed no matter what scenario he attempts to use it in. This is also to prove that God is eternally sovereign and greater than all other beings. This also shows God's perfect wisdom and legal system of judicial government.

Lucifer knows that the Godhead exists in the most stable state as a trinity. For complete perception, there has to be a first person, second person and third person point of view. Since Lucifer plans to overthrow the trinity and replace it with himself, he has to change collective consciousness belief about the trinity. Lucifer is one person and not three, therefore he has created the new truth that the trinity is a single personality that plays three different roles at different times. He wants to proclaim himself to be God who appears as the Father, Son and Holy Spirit in turns.

The trinity is the personal aspect of God as three persons. Each person is in the other two. Wherever one is, all three

is. None came from the others but all three are begotten from the one consciousness of God in the nothingness. The role of the Father and Son are only relational and not literal. Only a trinity consisting of three different personalities can exist in a state of true love. Self-love alone is meaningless. There needs to be another to love.

The Father is the one who loves and the Son is the beloved. For love to be fully expressed, it also needs to be indirectly expressed by sending a living person to communicate your love to another. The Holy Spirit is the self-conscious spirit of that love. The name of the Son has been exalted above every other name because he is the ultimate expression of God's love. Jesus is salvation for beings that were separated from the Father. Jesus is the person of true love, not Lucifer.

Islamic View:

The notion of the divine mind possessing both a universal and personal aspect is a complex topic, but it aligns with Islamic teachings in fascinating ways. This concept explores how God embodies both universal creation and personal attributes while addressing the nature of divine sovereignty and the dynamics of personalities within the divine realm.

In Islamic thought, the nature of God is described as both transcendent and immanent, incorporating both universal and personal aspects. The Quran emphasizes that God is beyond all comprehension, yet intimately involved in creation. Surah Al-Ikhlas (112:1-4) encapsulates the idea of God's oneness and uniqueness:

"Say, 'He is Allah, [Who is] One, Allah, the Eternal Refuge. He neither begets nor is born, nor is there to Him any equivalent.'" This verse highlights the unity and singularity of God, suggesting that while God is one and unique, He encompasses all aspects of existence.

In Islamic teachings, God is described as having qualities that can be perceived in both a universal sense, as the creator and sustainer of the cosmos, and a personal sense, as the one who interacts with and guides individuals. For instance, Imam Ali (AS) reflects this duality in his statements. He described Allah's relationship with creation as one of both grandeur and intimacy, indicating that while Allah's essence is beyond human grasp, His attributes are intimately connected to our lives (Nahj al-Balagha, Sermon 130).

The concept of divine personalities can be seen through the lens of Islamic monotheism. The idea that God's attributes include both the transcendent and immanent aspects is reminiscent of how divine attributes are sometimes discussed in terms of Allah's qualities and actions. As mentioned in Surah Al-Baqarah (2:255), *"Allah! There is no deity except Him, the Ever-Living, the Sustainer of existence."* This verse illustrates God's essential role in sustaining and encompassing all existence, reflecting His universal aspect.

When it comes to the idea of divine personalities or aspects, the Quran emphasizes that God's attributes are perfectly harmonious and unified. Surah Al-An'am

(6:101) states, *"He is the Creator of the heavens and the earth. How could He have a son when He does not have a companion?"* This highlights the Islamic belief in God's complete self-sufficiency and the unity of His attributes.

The concept of competing divine personalities or beings, such as the narrative of Lucifer seeking to overthrow God, finds resonance in Islamic teachings. According to Islamic tradition, Iblis (Satan) refused to bow to Adam out of pride, leading to his fall (Surah Al-A'raf, 7:11-12). Imam Ali (AS) also notes that pride and rebellion against God's commands are the root causes of divine displeasure and downfall (Nahj al-Balagha, Saying 186).

The notion of divine sovereignty and the management of cosmic order in the face of challenges is crucial in Islamic theology. The Quran explains that God's wisdom is revealed through the unfolding of events and trials, as seen in Surah Al-Ankabut (29:69), *"And those who strive for Us - We will surely guide them to Our ways. And indeed, Allah is with the doers of good."* This suggests that God's guidance and support are present even amidst apparent chaos.

In the context of divine love and relational attributes, the Quran and Hadith emphasize the profound nature of God's interaction with creation. Imam Ja'far al-Sadiq (AS) explains that the divine attributes of love and mercy are integral to understanding God's essence (Al-Kafi). The concept of divine love is reflected in the Quranic teaching that Allah's love and mercy encompass all creation (Surah Al-A'raf, 7:56).

The Trinity, as described in Christian theology, is not a concept directly mirrored in Islamic teachings. Instead, Islam emphasizes the absolute oneness of God, without division into different persons. The Quran asserts that God's essence is singular and indivisible, and His interactions with creation are unified expressions of His divine attributes.

Ultimately, the Islamic perspective on the divine nature integrates both the universal and personal aspects of God, portraying a unity that encompasses both transcendence and immanence. This reflects a deep understanding of divine attributes and the interplay of divine qualities within the framework of absolute monotheism.

Mind-Body Healing Cures Root of Illness

Every physical illness is the result of psychological causes whether directly or indirectly.

When there is mental unrest, it affects the body as well. A physical symptom is a signal which your body is communicating to you to tell you that something is wrong and has to be dealt with. It is bringing to your attention a problem in your emotions, thinking or environment that is non-beneficial or harmful to you, so you can face it and resolve it.

Illness themselves are often the result of ignoring the signals that our bodies send us. As a result, the signals

tend to get louder and louder, and the condition worsens. Until you have no choice but to make a mental and emotional change in order to resolve the problem. But some people foolishly continue in the wrong mental or physical act they are doing, that they never learn from their mistake even unto death.

Ignoring what your body is telling you or overlooking the fact that what it is communicating to you is deeper than something biological, is a serious mistake that leads to things going on a downward spiral from there.

The point here is not to get you to focus on what's wrong with you, but to have an awareness of what your body's messages are. Your body's messages are never wrong, but they are always right as they are always seeking to point you in the right direction. Believe that you are healthy and that you have nothing wrong with you. Any symptom is just a signal from your body seeking to inform you of something you need to be aware of.

Chaos Theory - Higher Order of All Things

The true meaning of the word chaos is different from its general usage as a state of confusion or lacking any order. In chaos theory, chaos refers to an apparent lack of order in a system that nevertheless obeys particular laws or rules. Chaos is not disorder but a higher order of the universe.

Chaotic systems appear to be disorderly, even random. But they are not. Beneath the random behavior is a sense of order and pattern. Truly random systems are not chaotic. In a world of order, chaos rules.

Chaotic systems are deterministic. This means they have something determining their behavior. Chaotic systems are very sensitive are very sensitive to the initial conditions. A very slight change in the starting point can lead to enormously different outcomes. The theory behind how small deviations can lead to large deviations lies at the heart of chaos theory.

Chaos theory is the study of non-linear, dynamic systems. Using Chaos theory, you can predict the patterns of the stock market, the weather and everything that has unfoldment. Chaos theory shows that the occurrence of events is not linear but holographic in nature. The image of the whole can be found within any part of it. Self- similarity is symmetry across scale. It implies recursion, pattern inside of pattern.

Playing with chaos mathematics, science and computer programming produced images which looked like nature. Ferns and clouds and mountains and bacteria. Simple mathematical equations fed into a computer could model patterns every bit as irregular and "chaotic" as a waterfall. They can be applied to weather patterns, coastlines, and all sorts of natural phenomena. Particular equations would result in pictures resembling specific types of leaves, the possibilities were incredible. They seemed to match the behavior of the stock exchange and

populations and chemical reactions all at the same time. They suggested answers to questions which had been asked for centuries about the flow of fluids as they moved from a smooth to irregular flow, about the formation of snowflakes, about the swing of a pendulum, about tides and heartbeats and cauliflower and rock formations. The chaos pattern is the pattern of the universe.

Religion! The means of salvation and freedom

Instead of taking religion as a system, until we use its cultural aspects for tranquility, neither will our world be better nor will this religion be useful in the Hereafter. By "system," we mean the organized ways of leadership in various fields, such as domestic, societal, economic, educational, political, international, and others. Success lies in obeying the Imam, which depends on people's insight and knowledge, and acceptance by their own choice.

After recognizing the history of human consciousness and understanding organized society during the time of the Noble Prophet (peace be upon him), it became evident that the ruler of society should be religious, brave, honest, trustworthy, and possess other valuable moral qualities. In this context, the Prophet (peace be upon him) was given the position of leadership alongside his Prophethood, and in the following era, he appointed the next Imams from the infallible leaders, handing over the authority to Imam Ali (peace be upon him). This was to ensure that future societies would progress and attain

excellence under the leadership of individuals with these moral qualities and attain happiness in both this world and the Hereafter.

The wisdom of the Quran, allegories, parables, and similes were elucidated by the Noble Prophet (peace be upon him) through his sacred commands. To stay attached to the central unit "Imamate" in society's various aspects, one must follow the path of insight and knowledge, and acceptance by one's own choice.

The Prophet's governance, accompanied by the Islamic establishment, established a revolutionary idea in human society during his era, which acknowledged that God organizes society through His representatives, and religion is not just about soothing rituals but also about organizing the affairs of human society. In the era when Indian religions, Roman and Persian religions, which were devoid of the religious teachings of governance and administration, were widespread, the Noble Prophet (peace be upon him) established the life of the Quran and his Ahl al-Bayt (peace be upon them) as an example. This action dispelled the misconception that religion is solely about comforting sacred rituals in shrines, places of worship, and religious festivals. It highlighted that the essence of religion is to establish and regulate the affairs of human society, transcending religious rituals to include the organization of social and communal matters. After the establishment of the government in Mecca, the Prophet (peace be upon him) continued his mission in teaching, training, instilling thought, and self-reform. His strategy remained consistent, focusing on intellectual and educational efforts initially.

Following the conquest of Mecca, the Prophet (peace be upon him) continued his life's mission by following the same strategy. In particular, the focus was on training, education, and intellectual jihad. During the time of the occultation of Imam al-Mahdi (may Allah hasten his reappearance), the followers of Wilayat al-Faqih, who are dedicated to the principles of the Prophet (peace be upon him) and the Ahl al-Bayt (peace be upon them), achieved success. Their commitment to the divine path, consistent with reason and religious law, led them to establish an Islamic government in Iran.

The approach of the Prophet (peace be upon him) and the Ahl al-Bayt consists of two phases: the Meccan phase, which focuses on mental preparation and intellectual acceptance, and the Medinian phase, which deals with the implementation of the system and government's organization. The methodology of the revelation of the Quran, which is also a model of the life of the Prophet (peace be upon him) and divine instructions for prevailing in religion, is accompanied by sufficient and complete instructions for governance.

In accordance with the methodology of the Prophet (peace be upon him) and the Ahl al-Bayt, Islam is an educational system that strives for reform until the end of time, aiming to keep humans from falling to the point where they are not even deserving of punishment. The enemies of Islam are essentially the enemies of humanity. Islam and humanity, religion and progress, are not separate paths. The success of both this world and the Hereafter is facilitated by establishing an organized government and society with the rule of law.

It is argued that today, religion can be connected to the Hereafter and this world's well-being not only through mosques, shrines, rituals, and religious gatherings but also through organizing and regulating the welfare of human society. Are there no enemies of God today? Have those who oppose the happiness of humanity become extinct? Can human society be orderly without organization and a straight path? This world is indeed the field for te Hereafter. The welfare of both this world and the Hereafter is associated with the collective order of society, not just individual piety. An authoritarian, arrogant, and materialistic government is an essential contributor to great injustice and the destruction of society.

An Islamic government is a means to achieve success in both this world and the Hereafter. However, the scholars who divide the world, the Hereafter, and the third world are criminals. Even the residents of the third world who divide these worlds are also criminals, as they perceive knowledge as a means only for worldly benefits and do not give importance to morality and conduct, and they believe in organizing people through positive affirmations rather than eradicating negativity.

Islam and humanity, religion and progress, are not separate paths. Success in both this world and the Hereafter is achieved through an organized society. Establishing a religious government is better for morality and conduct, as the mistakes of the religious do not equate to the harmful consequences of an arrogant and materialistic government. The mistakes of the religious are quickly corrected by God, but the self-serving,

arrogant, and materialistic government perpetuates great injustice and leads to the destruction of society. Such a society will not reap the benefits of this world, and in the Hereafter, it will only lament.

People who turn religion into an opiate, considering it a means of achieving comfort, luxury, and worldly peace and tranquility, are identified by the following signs. They only seek heaven through prayers, rituals, and superficial recitation of the Quran, or they pray and recite extensively in pursuit of worldly comforts. They are neither familiar with the real goals of religion, as defined by Allah, nor do they strive for it. They prefer to reside in the lands of disbelief, as per the Quranic verse: "Because of their arrogance in the land and plotting of evil." (Surah Nisa 51). According to the modern division of the world, the people of the third world are complacent and backward, and, therefore, many inhabitants of the third world live in mediocre conditions.

The jihadi fighters of the third world, despite their struggle against adversity and striving to establish higher ethical standards, righteousness, and piety, have been led astray by the desire for modern Western living standards. They have forgotten the significance of long-term goals and the future generations of their world's progress, honor, and dignity. They remain more loyal to Western standards and describe their emigration with absurd interpretations. The Quran addresses their continuous fleeing with the words: "If you should run before the enemy, then you will be overtaken." (Surah Al-Ahzab 16).

While the wise and knowledgeable in the Western world mourn their society's ethics, the indigenous Westerners continuously create new theories to justify their emigration. They imagine the West as an angel and God's chosen nation, concealing their imperial actions while attributing the blame to the third world. They seek solace in their idleness, cheapness, and hedonism, using the achievements of the West, without contributing to its praise or fulfilling their emigration's purpose. Instead, they continuously interpret their flight.

Most rulers of the third world, especially the Zionists, influenced by materialism and idolatry of the world, have become slaves of the Israelis and their imitators. Simultaneously, the masses have embraced the Zionists and their slaves, attributing their success and respect to them. Despite the fact that the Zionists and these groups of infidels have failed due to their foolishness and stupidity, only the discerning believers can see it. Otherwise, the rest of the infidels trust in the deceptive progress and success while remaining ignorant of the deceitful developments in the world, which lead them deeper into a false realm of progress.

Instead of succumbing to the fear of the lands of disbelief and gradually losing their future generations to disbelief, we need to struggle step by step within our society while adhering to our faith. We must protect our children from disbelief, rather than fleeing the lands of disbelief, and integrate Islamic principles into our society stage by stage. We need to make a sincere effort in the path of the faith, and our faith in Allah and His Prophet should lead us to turn away from the disbelievers.

A society, whether Muslim or non-Muslim, must be firmly grounded in the teachings of Islam, which means following the guidance of the Prophet Muhammad, the Quran, and the Ahlul-Bayt, maintaining self-esteem, self-confidence, and self-sufficiency, and striving for success. This social struggle should not tire us; it should be for purification of the self, distancing from worldly pleasures and the world's materialistic ways, and dedication to achieving the prosperity and welfare of Islamic societies. The prerequisite of this connection is to gain knowledge and insight. After that, tireless effort and struggle can lead to success.

Therefore, people of the third world, whether Muslim or non-Muslim, must seek guidance from Islam, which revolves around the teachings of the Prophet, the Quran, and the Ahlul-Bayt, while combining self-purification, separation from materialism and worship of the world, and dedication to the development of Islamic societies. We must strengthen our moral character, knowledge, and commitment to Islam to fight against the enemies of monotheism and Muslims. Without an intellectual upgrade and moral elevation, social struggle is impossible, and social advancement is unachievable without moral elevation and the mercy of Allah.

If the system of religion promises the betterment of the world, it does not provide shortcuts. There is no formula for instant progress hidden in nature. Becoming wealthy in one night is not part of divine law. For this, the same principles taught by the religion of Islam are necessary. If a person adopts religion with these qualities, progress in this world, along with the Hereafter, becomes steady.

As history, as mentioned in the Quran, lights the way for us, its purpose is to discover these natural principles and work on them in the "present." These principles are the ones Allah has specified for the rise and fall. From this perspective, the messengers and prophets of history are still present in one form or another today. Conditions like Badr, Uhud, and Khaybar still exist today, and disbelievers and polytheists are presenting their challenges and tactics to the believers. Today, Ali and Hussein are still engaged in a struggle against the enemies of God. Today, figures like Salman, Abu Dharr, Malik, and Miqdad are still present in some form, and we need to recognize this state of affairs. We must seek and find the roles of the past in today's circumstances and align historical events with current situations.

Today, humanity is a witness to the ongoing struggle between polytheists and believers across the entire globe. We need to choose a battlefield for ourselves today, ranging from our family life to national and international affairs, aligned with religion, with sincerity and enthusiasm. Discovering ways to implement religion in our daily lives is essential, and we must act on it wholeheartedly.

We pray to the Almighty to bestow His mercy upon Muhammad and the family of Muhammad, organize our affairs, prepare us for Paradise, keep us away from Hell, and bless us with countless mercies and blessings upon Muhammad and the family of Muhammad. We pray for countless blessings and mercy, for our affairs to be organized, for the preparation for Paradise, the distance from Hell, and the unification of all of humanity under

the banner of our Lord and Leader, Imam-e-Asr (may our lives be sacrificed for him). May Allah safeguard us from the self-made prohibitions of the disbelievers and the humiliations they impose and make religion dominant, bestowing tranquility upon His chosen servants. May this world become the best means for us to attain the Hereafter. Amen, O Lord of the Worlds.

Seven Senses - All sense is One sense

There is only one sense, the sense of feeling. All other senses are different forms of the same sense.

To see, hear, touch, smell or taste is to feel. All senses lead to feeling.

Looking is touching. The more you like something or someone, the more you look at it and the more you are mentally touching it. Different colors have different psychological, biological and spiritual effects on us.

Music moves people in ways that nothing else can. Different sound, beats, rhythm and harmony lead to different emotional journeys. Music can transport us to places we've never been to before and the sound of a sweet and gentle voice can melt your heart completely.

The statement "You reached out for my hand but end up touching my heart" shows that touching someone usually has more than a physical effect. By the nature of your touch, they can sense your strength, attitude, intention and emotion.

The way to a man's heart or emotions is through his stomach. The food that we eat required more than nutritional value to satisfy us. We consume not just for our physical well-being but also for our emotional well-being. Some people tend to eat more when they feel anxiety. They psychologically feel that they are lacking something and therefore they need to fill up.

Smell is the attractant or repellent scent of love. The smell of others literally pulls you towards or push you away from them. The scent of beautiful smelling flowers can create instant feelings of romance and serenity.

It is said that it isn't most important how great a guy looks or what he says, but how he makes her feel. Everything that he does is to make her feel attracted to him. The same is also true for the guy being attracted to the girl.

As it is in the world of attraction, so is it in the entire universe.

All sensory stimulus are basically vibrations. Light waves, sound waves, tactile and chemical vibrations. The universe is one whole seamless sea of vibrations. Your five sense interprets the different levels of vibration into sight, hearing, touching, smelling and tasting.

The most primitive sense of perceiving vibrations is the sense of feeling. Vibrations have to be felt. That is why the invisible and the silent forces can only be perceived by feeling them.

Vibrations that are beyond the range of the five senses ability to detect can be perceived directly by our consciousness. All sensory input travels through our nervous system and gets processed by our brain and passed on to our consciousness, the higher energy aspect of our being. Our consciousness can perceive beyond the limits of our physical bodies that it is in phase with while we're alive.

Thought vibrations are finer than any other vibrations in the physical world. Consciousness is most sensitive to thought vibrations.

There is a Universal Consciousness that permeates and connects everything in the universe. Therefore, our thoughts can literally affect the things around us.

Plants do not have eyes to see nor ears to hear but they respond to sunlight and music. When placed under a shade, they will grow towards where the light is shining through. When placed beside a stereo, they will bend towards it when the music is harmonious and away from it if the music is discordant.

Plants even respond to the thoughts of people. In the book Primary Perception, a plant registers bioelectrical activity when the author intended to burn it. It even displayed a response at a distance when he forgot to bring his wallet outside and decides to return home. When he replicated his steps, there was no response. The plant is able to differentiate between planned and spontaneous activity. This shows that plants and other

living cell organisms can literally read our thoughts. Talking with trees is not that far-fetched an idea after all.

The truth that all sense is one sense explains why when people lose one of their senses, they are able to make up for it with the rest. The other senses can take over the function of the lost sense so well that they can still go on living their lives normally. Sometimes it happens so well that a loss of one of their senses seem to be more advantageous to them than when they had it. Their compensating senses develop beyond the normal level of power that enables them to do amazing things.

Since all five senses lead to feeling, the reverse is also true. Feeling will also lead to all five senses. A blind person can see your face by feeling it. He can even see you better with his hands and his heart than you can see him with your eyes. His sense of feeling can see past appearance into a person's true nature.

Knowing that all sensory stimulus are vibrations helps you to understand how cross sensory perception works. You can hear the loudness of color and see the brightness of sound. People can have good or bad tastes in art and music. You can taste what you smell and smell what you see. Dolphins see the ocean scape with sonar while bats see in darkness with echo. You can see the shape of a baby in a womb with ultrasound.

In fact, you could even think that all sense is seeing sense, all sense is hearing sense, all sense is touching sense, all sense is smelling sense, all sense is tasting sense and all sense is feeling sense. Since all sense is one

sense, you can interpret one form of sensory data into another.

Everything is light, everything is sound, everything is touch, everything is smell, everything is taste and everything is feeling.

Seeing is feeling, hearing is feeling, touching is feeling, smelling is feeling, tasting is feeling.

There is an order of development of the five senses in the womb. The first to develop is sense of touch followed by sense of taste, sense of smell, sense of hearing and sense of sight. In the external world, the order of senses in terms of perceptual reach from closest to furthest range is touch, taste, smell, hearing and sight.

The sense of touch is the closest to the sense of feeling because it is an external form of feeling. The sixth sense is a sense of inner knowing and inner feeling. To know is to feel, to feel is to know. Knowing and feeling are one. How do you know something? You know it as an internal feeling. How do you know something to be true? You know it by how it feels.

We can look at a dog and know what it is without thinking the word "dog" in our head. If we look at a dog and we look at a spoon, we know through internal feelings or sensations, they are different things. They do not just look different but they also feel different. We internally register a different feeling from perceiving each one. Our sixth sense delivers that data to us. It is the

sensory that is closest to what we are looking for, a frequency or energy.

You experience frequency, energy or vibration by feeling. There is an internal frequency or feeling for every mental phenomenon you experience. All mental states are internal frequencies or feelings. It you can recreate the internal frequency; you can recreate the phenomena. There is a frequency of inspiration, passion, confidence, creativity etc.

Emotion or feeling is the closest thing to frequency or vibration that we can communicate to the universe with.

Feeling or frequency is how we communicate with things. This is how psychokinesis works. We put our mind in the mental state or frequency that is in synch with the object in order to move it. If you wanted to float an apple across the room, do you just tell the apple "Hey apple! I command you to float across the room!"? No. It is an internal frequency or feeling we think that moves it.

Understanding our sixth sense opens up our paranormal abilities. If you can perceive, you can also exert. Energy can move in two directions, in and out.

They say you can't see God but you can feel him, He is like the wind. It begins with feeling, and then hearing, and then seeing. When you begin to feel his presence, you can hear his still small voice and then you shall see visions that he reveals to you. Usually all that takes place mentally in the realm of your imagination although it

sometimes happens physically for some people too. The realm of the imagination is spiritual, therefore what takes place in it isn't just make belief but it is also very real.

Since it is the nature of the universe to exist in sevens, there is a seventh sense. The seventh sense is thought perception.

Every place has a mental atmosphere which is made up of the collective thought waves of people that had passed through there. When you go into a place where people have been involved in the mental activity of reading, your thought waves will be entrained for reading. The same is true for mental atmospheres of dancing, relaxing, racing, worshiping or any activity.

Feeling is thought. To feel is to think. Feeling is a form of thinking. The sixth sense is to think by feeling. The sixth sense is the link between the first five and the seventh.

Emotion and thinking are symbiotic, one never exists without the other. Whenever one seems to exist without the other, it means the other is subconscious. Your thinking affects your emotion and your emotion affects your thinking. Everything is energy and it is Mind that moves energy. Emotion is energy in motion and since Mind is energy, emotion is mind moving itself.

Intuition is combined operation of the sixth and seventh senses. When you come into the presence of people, you can sense their energies and their thought waves. You can perceive whether they are weak or strong, dull or brilliant, good or evil, positive or negative. The same is

true for the energies you project for others to sense as well.

Just like you can transmute the sense of hearing into the sense of seeing by making a three dimensional mental picture from the sounds of your environment, you can also transmute the sixth sense into the seventh sense by understanding what your feelings mean. Your intuition is most powerful when you are able to feel and understand what your feelings mean. You have to use your seventh sense to help your sixth sense.

As the sensory inputs of light, sound, touch, smell and taste are reproduced in your brain, so are the thought waves of your environment reproduced in your brain as well. When you are with wise people, you will tend to think wise thoughts. When you are with foolish people, you will tend to think foolish thoughts. The same is true in the presence of good or evil, strong or weak, positive or negative people.

Just like you can block out light by not looking and overpower one sound with a louder one, you can shut out negative thoughts by not thinking them or overpower them with positive ones.

To sense is to perceive. Perception is thought. All senses are thought.

Everything is Thought.

Thought is Mind in Motion. Thought is vibration and vibration is Energy. To sense is to experience Energy in

motion or E-motion. When you touch something, your body feels energy behaving in a certain way and your mind interprets it as hard, soft, cold, warm, smooth, rough, etc. Externally experienced things are external E-motions. Internally experienced things are internal Emotions. Feeling is perception of emotion. An emotion can run without your conscious realization until you feel and become aware of it.

Everything is Emotion. All emotion is energy in motion. Feelings are everything.

Psychology of Flow - Freedom of psychic energy

Whenever information disrupts the consciousness by threatening its goals, we have a condition of inner disorder, or psychic entropy. It is a disorganization of the self that impairs its effectiveness. Prolonged experiences of this kind can weaken the self to the point that it is no longer able to invest attention in pursuing its goals.

Psychic energy is attention. Anything that takes away our attention is using our psychic energy. The more psychic energy you can give to a thing, the more it will develop and grow. What you focus on expands.

A new piece of information will either create disorder in consciousness by distracting us with a problem, or it will create inner order by freeing up psychic energy for our goals. That's the difference between feeling everything is in order or feeling lost.

The opposite state from the condition of psychic entropy is optimal experience. Flow is the psychology of optimal experience. It is the state of complete involvement. Where the skill matches the challenge. Time just seems to go by without you perceiving it. It is the experience in which you find what you're doing as meaningful and enjoyable.

Flow helps to integrate the self because in the state of deep concentration, consciousness is unusually well ordered. Thoughts, intentions, feelings and all the senses are focused on the same goal. Experience is in harmony. When the flow episode is over, one feels more "together" than before, not only internally but also with respect to other people and to the world in general.

Automatic Action - Effortless Movement and Mastery

Effortless movement is letting the move execute itself while you observe. It is to be automatic and moving on autopilot. Moving automatically is the way to mastery and effortless action. Let your subconscious take over. Act the way it wants to act. Express whatever wants to come out. Your subconscious will learn by itself how to act better. It will integrate improvements more easily into itself. Say to yourself "I have no mind, I have no will, I have no control, I am the vessel, and it is doing it through me."

You are not the one making the movement but you are

the movement itself. Watch it come and go as if it wasn't yours. You will slip into a steady space where you feel quite empty. A state of emptiness. Feel as if you're not in control of your body. Surrender control of your body completely. Imagine that your body is being used like a puppet. Pretend that it's not you. This will result in a feeling of effortlessness and detachment. Allowing your subconscious to take over is surrendering control to God to do the movements through you. Detachment is trusting and surrendering to God.

Acting automatically and effortlessly is acting at the level of mastery. It is the ability to detach and observe while imagining that your body is moving by itself. This is the key to acting naturally. As technique asserts itself, the player is free to feel something while playing! Feel, don't think. Act from a state of mindlessness. The right art is purposeless, aimless! The "purposelessness" and "aimlessness" is a means of establishing ourselves as a channel.

The consciousness of self is the greatest hindrance to the proper execution of all physical action. The highest state of action is the selfless state. It is a state where you are in the flow of the universal mind. You're moving and not moving at all. It is not, "I am doing it," but rather "it is happening through me," or "it is doing it through me." This state of super-consciousness is the opposite of self-consciousness. In that moment, time disappears. It is impossible to be self-conscious and totally involved in the activity at the same time. Consciousness of the self is a barrier between the actor and the action. As you forget

your own presence, you attain a state of oneness with the activity and become absorbed in a way that defies the passage of time.

Pure Undiluted Focus of Thought for Manifesting

Metaphysical manifestation does a lot more work than physical manifestation. The universe rearranges itself to bring the manifestation of what you desire to the fullest. It is said that one moment of God's favor is worth ten years of labor. You can access the favor of God by connecting with source energy through the act of pure thought. The power of prayer and intention can do a lot more things than action alone is a capable of. You can seem to do nothing, yet accomplish a lot with the power of pure thought.

A thought reaches a combustion point at 17 seconds of pure undiluted focus. It draws another thought to it and it is exponentially more powerful. At the end of another 17 seconds, 34 seconds total, the next thought combusts, and by Law of Attraction, evolves to a higher level of energy. Again another 17 seconds to 51 seconds continues the process, and finally, if you can continue a pure thought for 68 seconds on any given subject, it will be on its way to manifestation. It's the secret of thought mechanics.

The key word is pure. It means positive focus, strong energy, no resistance, to not slip into lack thinking. The average person rarely finishes a single sentence without

contradicting their energy, as in "I want a new car, but it's too expensive." That is why most of us haven't had much experience with ever feeling the combustion of thought that comes from 17+ seconds of pure thought. If you can sustain pure thought about your desire for even 17 seconds, you have accomplished a big deal in creating reality.

Mental Atmosphere of People, Things and Places

You know that you are conscious. But how do you know that something else is conscious? When something else is conscious, it thinks and feels. You know that other people, animals and plants are conscious because you can psychically perceive their thoughts and feelings emanating from them. You can sense their mental projections and their emotional vibrations. This is how you know the consciousness that is over here, is also the same consciousness that is over there.

Every person has a mental atmosphere around him that he creates with his thoughts and feelings. The mental atmosphere is also his aura of energy that emanates from his being. When a group of people come together, they form a collective mental atmosphere which is a mixture of the consciousness of every person in the group. The mental atmosphere of people existing in a certain place for a certain time, forms the mental atmosphere of the place itself.

The mental atmosphere of a person is a combination of his current thoughts and feelings and also the sum of thoughts and feelings he has been experiencing all along. You can sense a person's present state as well as the past that he has been experiencing in his life. When you come into the presence of another person, without even saying a word, you are able to know a lot about them based on their mental atmosphere.

We are automatically drawn to certain people whose mental atmosphere resonates with our own. We are able to connect and relate with them quickly and easily. A person's mental atmosphere is his power of attraction. The thoughts and feelings we project attract certain people to us and repel others away. We find ourselves drawn together with others who resonate with how we think and feel everywhere we go.

Surrender to Divine Order for Effortless Creating

Look at how the universe operates. Day and night follow each other in perfect synchronicity. The birds soar through the sky easily and migrate to the right places without ever getting lost. The seasons take turns to change without ever making a mistake. Every planet is always rotating in perfect order and never deviating from its course. You can go on forever contemplating the wonders of nature. There is definitely a force that orchestrates and holds it all together.

If there is such a force which orchestrate everything in perfect order allowing the nature of things to grow and evolve easily and effortlessly, why can't your life be guided the same way? Why do so many people seem to struggle, and why does there appears to be so much chaos in the world? It is because of our fear of letting go of control.

Since the Universe operates in total perfection, never deviating from its laws, continually expressing its bountiful beauty, always orchestrating everything in perfect order without our help, then it makes sense that if we allow that same force to guide our lives we could also experience all of that beauty, abundance, and total perfection. And since the universe communicates with us through our heart's desires, then it is basically like being inspired all the time.

Wouldn't you like to feel inspired at every moment of your existence? If that is the case, all you need to do is to stop asking for what you want and allow yourself the opportunity to be guided because that which makes your heart sings is what God wants for you to do. So listen to your heart because there is your answer.

Being In Control of Your Reality at All Times

An important aspect of being a creator of your reality is to be in control of your reality at all times. When you are not being in control of your reality, other forces are pulling you in all directions, causing you to feel out of

control, lost and confused about what is going on. You stay in control by knowing what it is that you want and acting accordingly, and not to the wishes and influences of the people and environment around you. Being in control also makes you attractive to others because you're powerful.

It is a very different situation when you are in a group as compared to when you are alone. When you are in a group, the many different intentions and thoughts of people are pulling you in many different directions all at the same time. Therefore to be in control, you have to stay centered and act according to your own mind. You do not have to follow along with the activities of the group no matter who is leading if it is not your wish. You are not here to please men but to please God which is your true inner self.

Have the boldness to declare your own intentions and do what you want without asking for permission because it is your reality and you do not need anyone's permission in it. Show strength of perception by stating your own opinion when it differs from others. Be in charge by talking about how you want things to be in your space. Show that you are a whole person and treat others with wholeness by not being approval seeking or giving. All these communicates higher status about you being a creator of your reality.

All Deaths are Self Chosen and Not Accidental

When people view their life or focus in this dimension as not fulfilling their highest value fulfillment, they choose to disengage their focus. Even within these decisions and choices, the value fulfillment is accomplished within consciousness for all involved. Therefore, the discontinuation of one focus or death based on non-accomplishment of value fulfillment of that one individual shall also simultaneously be fulfilling the value fulfillment within consciousness of all those people who are involved with that individual.

In reality, murder victims, murderers, accident victims, or any individual within any situation or circumstance, if you are truly viewing all of the information available to you, you shall see that you do indicate these probabilities. Just as you may, within quite objective obvious circumstances, view a pattern within yourself leading to a certain accomplishment, you also may view objectively, if you are noticing, indications that show the direction you have chosen as well as the probabilities that you have created.

Outer World is Partial Reflection of Inner World

We may think that everything we are experiencing in our external reality is a reflection of our inner consciousness, therefore when we see negative events that we feel we

aren't presently creating, we become confused and frustrated. We start doubting the law of attraction and our reality creation powers. The truth is that although the outer world is a reflection of the inner world, it is only a partial reflection. What we see in the visible world is not all there is.

Like the tip of an iceberg, there is a whole portion that remains submerged under the surface of the water. The outer world is the exposed portion while the inner world is the hidden portion. When we create reality by setting an intention, there is an entire process of events that appears in the inner world. Each event is connected to another until finally the full manifestation of the intention is realized. What we see in the outer world is only part of the process as it unfolds over time.

When we see bad things happening, we wonder why it is so when we know we did not consciously intend them to happen. When we set an intention to create wealth, we may encounter loss. When we set an intention to have a better relationship with someone, we encounter obstacles or conflict to make it worse. Actually what we are facing is only temporary. Those very events that appear as bad are really not bad at all. They are just part of the process of things turning into our greatest good.

Using Law of Attraction to Break Bad Habits

We have been taught that to use the law of attraction to create the reality we desire, we must focus more on what

we want and less on what we don't want. But yet there are times when the things we don't want continue to be created even though we try not to focus on them. The truth is that there are times when we must focus on what we don't want so that we can attract it out fully and see it for what it is. What we don't want could be part of what we want and that is why we are still creating it unknowingly.

No habit is completely good or bad. There is always a benefit that it can provide and a detriment that it can cause. The mixture of positive and negative aspects is what traps most people in addictions. Focusing on the positive aspects alone does not remove the effect of the negative aspects. Most people use the law of attraction in a way that's unenlightened, that's why they keep miscreating their lives. From the place of seeing things for what they are completely, we can truly create in a conscious manner.

The reason why the undesirable consequences reoccur over and over again is because people ignore it and choose to focus on the positive aspects instead. But ignoring negative consequences do not make them go away. By observing what is, you begin to see what needs to be handled because intentions are a package deal. You cannot accept a portion without experiencing the rest that goes with it. If something as a whole isn't beneficial for you, you have to learn to drop the whole thing in place of another.

Spiritual Warfare and the Amour of God

Satan (Negative Spiritual Entities) is always doing spiritual warfare on people, and the warfare consists of all kinds of attacks including Condemnation, Fear and Worry.

Everyone can access the Armor of God in certain degrees. People who were not yet saved could receive healing from Jesus. They can access the things of God based on the measure of the gift of Christ they receive (Ephesians 4:7 But unto every one of us is given grace according to the measure of the gift of Christ.) And the more they access the things of God and see its effectiveness, the more they are drawn towards believing the Gospel.

In fact, the moment they access the Amor of God, they are believing the Gospel because Each Piece of the Amor IS the Gospel.

The Belt of Truth: When one is without a belt, it means their pants are always falling down. The Belt of Truth holds them up. The Truth is the Gospel (John 1:14 And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth. John 1:17 For the law was given by Moses, but grace and truth came by Jesus Christ.)

The Breastplate of Righteousness: Know that Righteousness is a Gift from God. Righteousness is not by works but by Faith that you are Righteousness in

Christ. Righteousness is not something that you do, but something that you receive as spiritual substance. This spiritual substance of Righteousness attracts blessings to you and influences your actions. It is a robe that you put on (Isaiah 61:10 I will greatly rejoice in the LORD, my soul shall be joyful in my God; for he hath clothed me with the garments of salvation, he hath covered me with the robe of righteousness, as a bridegroom decketh himself with ornaments, and as a bride adorneth herself with her jewels.) When the Prodigal Son returned home, his father put on the robe on him. It didn't matter that he was eating with the pigs and was unclean. Righteousness is a Gift by Grace (Romans 5:15 But not as the offence, so also is the free gift. For if through the offence of one many be dead, much more the grace of God, and the gift by grace, which is by one man, Jesus Christ, hath abounded unto many.). What you wear changes the way you feel. When you wear high class clothes, it makes you feel high class and influences you to carry yourself as high class. Righteousness is not something you do but something you wear regardless of what you do.

The Breastplate of Righteousness covers your heart area. Proverbs 4:23 Guard your heart with all diligence; for out of it are the issues of life. When you feel condemned by God, your heart will start to turn away from God. When you fear God, you will start to hate God. When you know that you are no longer under condemnation and that your sins and lawless deeds God remembers no more, your heart will be open unto God. Satan likes to attack you with condemnation. The Breastplate of Righteousness guards your heart from condemnation.

Jesus translated fear into worship in the New Testament. Worship is love for God.

The Helmet of Salvation: This is the answer to freeing yourself from stress and worry. Know that Christ has redeemed you from the Curse of the Law. Therefore you do not need to worry or stress but you can rest. Genesis 3:19 In the sweat of thy face shalt thou eat bread, till thou return unto the ground; for out of it was thou taken: for dust thou art, and unto dust shalt thou return. Christ bore the Crown of Thorns on his head when he went to the cross, and he sweated drops of blood from his temples in the Garden of Gethsemane when he was thinking of the suffering he was going to go through. The Helmet of Salvation guards your head region of your mind and thoughts.

The Sandals of the Gospel of Peace: The Christian walk is a walk of faith. 2Corinthians 5:7 (For we walk by faith, not by sight:) Psalms 23:3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Proverbs 12:28 In the way of righteousness is life; and in the pathway thereof there is no death. Romans 5:1 Therefore being justified by faith, we have peace with God through our Lord Jesus Christ.

The Shield of Faith: It is faith that quenches all the fiery darts of the enemy. It is faith in Jesus Christ and the Gospel.

The Sword of the Spirit: The Word of God is the Gospel of the Grace of God and the Word of His Grace. Acts 20:24 But none of these things move me, neither count I

my life dear unto myself, so that I might finish my course with joy, and the ministry, which I have received of the Lord Jesus, to testify the gospel of the grace of God. Acts 20:32 And now, brethren, I commend you to God, and to the word of his grace, which is able to build you up, and to give you an inheritance among all them which are sanctified. Acts 14:3 Long time therefore abode they speaking boldly in the Lord, which gave testimony unto the word of his grace, and granted signs and wonders to be done by their hands.

Awakening to Ultimate Reality through Unreality

The purpose of existence is that YOU created this reality to experience yourself in. That is why anything that you believe in this reality that is not absolute truth, seems true at some times, and yet untrue at other times. Anything that is not of the Absolute is of the relative and will be governed by the Law of Polarity along with the Law of Rhythm. Those half truths will always swing from true to untrue from time to time, thereby making reality seem unreal. Reality is a balance between dreaming and waking.

The reason for the many inconsistencies of what you believe in is because it is to show you the absolute unreality of things. It is YOU giving yourself a wake up call so that you will never be completely trapped by the dream, and never to awaken. Everything that is subjective is fiction, and you are here as an artist to create your art as creative self expression. In the

Universal Scheme of things, there is a grand tapestry where everything fits together as a masterpiece work of Art. It is all GOD imagination.

Knowing How to Seek Advice from Others Wisely

To be a ruler of your reality, you need to know how to have wise counsel. When there is no counsel, a leader would fall. In the multitude of counsel, there is safety. Think of yourself as a prince or a princess and your world as your kingdom. The people that you associate with most closely are your royal advisors. The way you relate with this group of people will determine the strengthening or downfall of your kingdom. Knowing how to seek advice from others wisely is a very important aspect of sovereignty.

Every purpose is established by counsel. Without counsel, purposes are disappointed. You may have an idea, a goal or a dream but you need to talk to the right people about it in order to establish it as something definite to pursue. The desire to talk to others about a move you think about making is a natural urge to seek counsel. In the multitude of counselors, purposes are established. The universe would always reinforce what is divinely inspired to you by counsel from the right people around your world.

Law of Probability and Manifestation Success

You have no doubt in your mind that you create your experiences. The only doubt you may have is the extent to which you are in control of the creation of your own experiences. The law of probability is that the more possibilities and options you include, the lower the chances will be for a particular outcome to happen. The secret of success is focus, concentration, having a sense of certainty and clarity, and making a firm decision. Success is about narrowing down a field of possibilities in order to manifest a single choice.

If you focus on one thing and one thing only, everything unlike it disappears and only that which the focus have been placed upon manifests. The challenge for most people is that they focus on what they desire but change their mind often. The reason why you change your mind is because you doubt if the choice you have in mind is the best one, or you doubt the outcome will be what you expect it to be.

If you had seven stones of different colors each in a box, the chances of you picking a particular color is one out of seven. If you had three stones, the chances would be one out of three. If there was only one stone, the probability would be a hundred percent. No matter what the circumstances are, you will always end up with that color because that is the only one in the box. Same with life. You will always end up with the desire you want to manifest in your life if you focus only on that desire.

That being the case, what is it that keeps adding probabilities that get in the way of manifesting a particular desire? Doubts. When you start doubting and changing your mind, you are adding more probabilities into the probability pool. When you alter focus towards other possible scenarios, you are adding more probabilities into the equation which lowers your chances of success. What fuels doubts? Advertisements, media, junk television and radio, spending time with the wrong people, etc. That is why it is imperative that if you want to achieve single focus, you must feed your mind constantly with the kind of thoughts and influences that are supportive and congruent with whatever it is you intend to manifest.

Success with Women Comes From Being the Man

A common reason for a girl to break up with a guy is that he was too much of a follower. A woman's mood may constantly change, and she has a lot of whims. If the guy follows her whims, she'll lose attraction for him. A woman will say and do things based on a negative emotion she's feeling at the moment, and if you react the wrong way, she'll lose attraction for you. Although a woman's mood fluctuates, it's up to you to have a calm, stable inner state so that she too can feel calm, stable and safe with you.

The first step to regaining your power after a woman has left you is to break out of the state she wants you to be in right now. What does she want? Since she's broken up

with you, she wants you to feel lost and lonely. That way you are completely unattractive to her and she can feel okay with her new life without you. She wants to have no reason to be with you anymore. She wants you to be the repulsive beta male. This is the secret psychology of human beings. Knowing how we think gives us great power.

Effortless Living - Do Less to Achieve More

The way of effortless living is a paradox of life. The only effort we need to make is the effort to relax. We labor to enter into rest. We strive to let go and relax. The only tension we need to maintain is the least amount necessary to release energy for action. Usually it is the slightest amount we need in order to move effectively.

When we talk about doing, we mean excessive effort which is excessive tension. Excessive tension always leads to inefficiency and mistakes. Effortlessness does not mean no effort but it means effort without struggle. Nondoing is effortlessness. In practicing the way of nondoing something is shed everyday. That something is excessive effort and action. Less and less do we need to do until when nothing is done, nothing is left undone. Our actions are non-acting actions. This is known as "zero effort", maximum results.

Relaxation involves the ability to live fully but without struggle. The more you relax, the more you flow.

There is no proven relationship between being in a rush and being vocationally successful. Being in a rush has no relationship to getting things done, even though the person who is in a rush may think so. We may not be aware of it, but when we tell ourselves we have to rush in order to succeed, we lie. Highly effective people master the illusion of being chased by time. The more haste you are in, the more mistakes you make.

You can tell how well a tennis player would do on the next point by noting how relaxed his body and face were. He monitors his mental and physical state and works to achieve a quiet mind and an alertly relaxed body. He knows that these are synonymous with concentration and confidence. He knows that moment by moment poise creates the proper conditions for achieving a maximum result with minimum effort. He doesn't give his desire for the goal greater importance than the process he uses to achieve the goal. He knows that if we keep on thinking about where we want to get to, we lose our ability to be one hundred percent involved with what is happening.

Demagnetization of Emotional Energy Among Humans

Emotional energy is magnetic in nature. Humans build up energy when they get emotional and that energy seeks demagnetization or needs to be discharged. The act of building up emotional energy is also what is known as creating tension. When tension builds up between two or more people, they need to release it. The act of

emotional expression is for releasing that tension. People who are not aware of the demagnetization process of energy may ignorantly hold themselves back from emotional release.

To demagnetize is to release. When you release, you get yourself back in a state of peace or equilibrium. Being charged up for too long would only be disruptive to your energy circuit. Your energy current flow needs to be at proper levels otherwise it would be damaging to your system. Poise and harmony is the natural state of all things. You cannot function in overdrive for too long. It is only meant to be experienced for a short while. Either way the release has to happen and the best way is to do it correct.

Offer No Resistance to What you Do Not want

In the process of manifesting what you want, you also have to offer no resistance to what you do not want. What you resist persist. It's because you are sending out a contradictory vibration along with your desired intent. When you resist what you do not want, you are not allowing what you want to come to you. To receive your desire, you must send out a single minded intent that vibrates only with your desire. A double minded state creates a duality that prevents you from being fully present in a place.

In a system of One, there is only inclusion and no exclusion. You try to exclude something when you resist

it. When you offer a vibration of resistance towards something, you are actually vibrating it into your reality. By trying to exclude something, you actually end up including it. So to be in complete vibrational alignment with your desire, you have to concentrate only on inclusion and not exclusion. Think about what you desire and give no thought to what you do not desire. Hold intention without resistance.

It makes you feel a lot more carefree when you intend for what you want without resisting what you don't want. That is because, you are able to feel happy about results no matter how small or big when it comes to getting what you want, and yet not be affected when you do not get what you want. The creation process becomes a joy to play with rather than a stress towards getting results. Being able to feel carefree no matter what happens is important because it gives you positive energy to do anything.

Seven States of Matter - Everything is Mind

There are a total of seven states of matter in the universe.

The usual three states of matter that we are familiar with are solid, liquid and gas. All states of matter differ in terms of properties such as integrity of shape and vibrational rate of molecules. There are four more states of matter.

The fourth state of matter above gas is plasma. Plasma is ionized gas. It is gas that is superheated to the point some of its electrons break away from their nuclei and join other nuclei. The gas molecules are in an unstable state and therefore behave in a haphazard and unpredictable manner. Stars are made of plasma Fire is plasma. It is powerful, dangerous and attractive at the same time.

The fifth state of matter above plasma is beam. The difference between beam and the other four states is that the particles of solid, liquid, gas and plasma all move randomly in all directions whereas the particles of beam move harmoniously in one direction.

Beam is harmonious and coherent whereas plasma is chaotic and erratic. The vast difference of temperament between the forth and fifth state of matter very well corresponds to the idea that there is greatest amount of chaos right before order, or there is greatest amount of confusion right before clarity appears. There is great war before there is great peace.

Beam also differs from the other four states in terms of being non-thermal while the rest are thermal. The more energetic the vibrations of particles are, the more heat they would generate. But because the particles of beam are traveling in the same direction, they do not collide against each other to generate heat.

Friction is the cause of heat. Friction is the result of particles colliding with each other and increasing their vibration or kinetic energy. Beam creates heat not in

itself but when its particles clash against other matter. You feel the heat of light when its photons clash against the molecules of your skin. The greater the intensity of the beam and the more concentrated it is, the more friction it will generate when it interacts with other matter. You get incinerated when you get close enough to the sun.

Heat is vibration generated by friction of one state of matter with another or with itself. Sound is vibration propagating through matter.

Other than these five states of matter, there is a state lower than all these states. It is the zero state of matter. The zero state of matter is known as the BEC or Bose-Einstein Condensate. It is the most condensed condensate of all matter.

This state of matter was discovered by the scientist called Bose. He shared his findings with Einstein who helped him to publish his work to the world. Their joint venture resulted in the newly discovered state of matter being known as the Bose-Einstein Condensate.

A BEC exists when matter is frozen to extremely low temperatures that are a tiny fraction of a degree above absolute zero.

In this state, the atoms overlap into each other to form a wave. The BEC is a matter wave. If the wave was compressed, it would form a singularity. If enough mass was condensed into the singularity it could turn into a black hole.

It is believed that the zero state of matter could lead to the development of flat space technology. In future, it might be possible to transport huge objects in very tiny spaces as long as they are not compressed beyond the critical mass which would result in a black hole.

The occurrence of a black hole while making BEC would not need to be too much of a concern anyway because it would require a tremendous amount of energy to compress mass into the critical point.

The zero state of matter, like the fifth state of matter, is also non-thermal. It does not emit heat as well since its particles are not in motion at all thereby not causing friction.

Some elements of each state of matter are able to exist at room temperature. There are room temperature plasmas and matter waves (dark matter).

So these are the six states of matter. But all things exist in sevens, since it is the nature of the universe to exist in sevens. The fifth state of matter is not the limit, there is a sixth state above it.

Thought wave is the sixth state of matter. Thought wave exists at a higher energetic level than beam. Thought wave can move even faster than beam. It moves at the speed of infinity. It is at once here and at once there. Thought wave is local and nonlocal.

The truth is, all matter is basically one and the same. All matter is different manifestation of thought wave

or etheric matter. All other states are condensations of the highest state. Thought is consciousness, consciousness is mind. The Universal Mind is what all things ultimately consist of.

Every single elemental type of matter has its own default state at room temperature. That is because it has a mind, consciousness or memory to exist in that state and have its corresponding properties. It is a mental programming present within the matter that arranges the atoms, molecules or subatomic particles in a particular manner.

There is Intelligence in Everything. All Stuff is Thinking Stuff.

As the Universal Mind thinks of a form, it takes the form. As it thinks of a motion, it makes the motion. Everything you see in the universe is an expression of a thought of the Universal Mind. That is the way all things were created. We live in a mental universe and all things are truly thought forms.

When science is able to develop ways of manipulating the mental programming within matter, we will be able to create "smart objects" such as paper that can uncrease itself perfectly after being crushed into a ball. Or even a "mercury man" terminator machine who can transform itself into any shape and color. We are able to change the form and properties of an object by changing the way it thinks.

This sums up the seven states of matter, from matter wave to thought wave.

All matter is one matter. All matter is thought wave. All matter is energy. All energy is one energy. All energy is kinetic energy. Everything moves, everything vibrates. All energy is consciousness. Thought is mind in motion. All matter is mind. All matter and energy are different manifestations of Mind.

Mind is Matter. Matter is Mind. Mind is the universal matter.

Everything needs a medium to exist in. The law of the universe is something must exist in something else. Something cannot exist in nothing. A total vacuum is space empty of everything else except the Ether (dark energy) or thought wave. There is no such thing as complete empty space. It would not even be space at all.

All matter has mass and occupies space. Mass is the measure of an object's resistance to changes in either the speed or direction of its motion. The Ether or thought wave is what fills up the space in a vacuum. It has the least amount of mass because it is of the lowest density. There are different densities of thought wave and different densities in Ether. The Universal Mind is the Ether or Thought Wave by which all other thought waves (etheric matter/energy) pass through.

Something cannot be created from nothing. In the beginning, there was nothing but God or the universal mind. God can only create from himself. God is the universal matter. All things are manifestations of the universal mind/matter. The universe is one continuous

sea of energy. There is no separation except by perception.

The universe was created as an idea in the Mind of God. First there was thought wave. The thought wave became beam, the beam became plasma, the plasma became gas, the gas became liquid, the liquid became solid and the solid became black holes. There is balance of forces in the universe. The universal thought wave is even finer than our individual thought waves. The universal mind is the Ether that permeates all things and is All Things.

Spiritual Warfare - Winning The Fight of Faith

All warfare is internal. It is the fight within the mind, the fight of your thoughts and feelings. All external conditions are a reflection of the inner world. Conflict has to exist on the inside in order for it to be experienced on the outside. Thus by taking care of the inner world, the outer world follows naturally. Always remember that you are not really fighting against external forces or other people, but you are fighting within yourself. Take control of the warfare within yourself and you'll become a power in the outer world.

The fight is the fight to believe, it is the fight of faith. There is nothing too difficult to do. The only difficulty is in believing. If you can believe, all things are possible for those who can believe. Believing opens up the possibilities while doubt closes them. Believing is based on reason and it is also a choice. You have to counter

reasons for why it is not going to work with reasons for why it can work. It may be tiring but if you give up, you lose the fight and fail. If you use your will to enforce the right beliefs, you'll win.

Faith is the substance of things hoped for and the evidence of things not seen. The inner world is the only true reality. Your thoughts and feelings about things give tangible form in the higher dimensions for them to manifest in the lower ones. What you picture and feel in your consciousness is as real and actual as what you see in external reality. Nothing else in the visible world may support your hope but if you keep the faith, you give it the only energy it needs to result in the miracle that you are longing for.

Silent reserved Power is most Potent

Silent, concentrated thought is more potent than spoken words, for speech distracts from the focusing power of the mind by drawing more and more attention to the without.

There is no power so potent as the silent, reserved power. So keep your own counsel, and do not scatter and weaken your force by talking about it to others - far less by boasting about it.

The secret of great people is their belief in themselves and in their inherent power, in their faculty to concentrate on the work in hand, when they are working, and in their ability to prevent leaks of power when they

are not working. They believe in themselves, and make every effort count. Your village wise man spills his wisdom on every corner, and talks to a lot of fools; when if he really were wise he would save up his wisdom and place it where it would do some work. The brilliant writer does not waste his wit upon every corner; in fact, he shuts the drawer in which he contains his wit, and opens it only when he is ready to concentrate and get down to business. The captain of industry has no desire to impress you with his shrewdness and "smartness. He never did, even when he was young. While his companions were talking and boasting, and "blowing," this future successful financier was "sawin' wood and sayin' nuthin'."

Give your best to each thing you do, knowing that plenty of more good things are in you ready for the fresh tasks that will come. Put the best of yourself into the undertaking on hand, and do not cheat the present task in favor of some future one. Your supply is inexhaustible. And don't waste your good stuff on the crowd of gapers, watchers and critics who are standing around watching you work. Save your good stuff for your job, and don't be in too much of a hurry for applause. Save up your good thoughts for "copy" if you are a writer; save up your bright schemes for actual practice, if you are a business man; save up your wisdom for occasion, if you are a statesman; and, in each case, avoid the desire to scatter your pearls before - well, before the gaping crowd that wants to be entertained by a "free show."

In order to speak wisely you must secure at least a partial concentration of the faculties and forces upon the

subject at hand. Speech interferes with the focusing powers of the mind, as it withdraws the attention to the external. You need to take time to think and not answer too quickly. It is necessary to be silent before you can speak wisely.

Get Rich by Flowing With and Against Mass Mind

One of the greatest secrets that set the super rich or the wealthy elite from the average masses is the understanding of when to flow with and against the mass mind. The rich think and do things very differently from most people and that is why they get very different results. It is what sets them far apart from the rest. Money is energy that moves according to the flow of collective consciousness in this world. Therefore if you want to gain and keep as much money as possible, you have to flow in the right way.

What keeps the poor as poor is in the way they think, and what makes you change from being poor to rich is by changing your thinking to the way the rich think. A person who makes the most amount of money has thoughts and actions that are in vibrational harmony with manifesting that reality. Some of the revelations of the rich perception can be shockingly controversial compared to mass perception of reality. When you can overcome limitation perception that the masses couldn't, unlimited wealth is yours.

The ordinary way to think about selling and promotion in this world is to sell and promote the best or highest quality product that you believe in. It would be the best way to do business if the world was an ideal place, but that is not the reality that we work with. Most people do not have the discernment to recognize the best or the highest quality product when they see it. If fact, most people do not even really know what's good for them at all. Therefore, you have to think differently if you want great success.

Optimal Action - Balancing Tension and Relaxation

Optimal action is about using tension and relaxation to control the force and flow of energy. Releasing your intention is tension in release. It is the process of holding your intention firmly and then releasing it to carry itself out in motion. It is a balance of how much tension and relaxation to have at different moments.

Work from your internal state because it is the main thing that contributes to reaching your goals. The primary focus in on keeping an optimum internal state, and every external situation is a challenge to improve your internal abilities. By altering your internal state in a way that produces the right amount of tension and relaxation, you improve your external performance. The only thing that ultimately matters is commitment to your internal experience.

Less haste, more speed. Less tension, more readiness.

The key to optimal action is to have the right amount of tension needed and as little extraneous thought as possible. It is to be focused and in the focused yet relaxed, alpha-beta-theta state. True concentration happens when we stop thinking. Thinking creates physical tension and in the moment of concentration we cease to think for a while and just act.

Optimal action requires optimal concentration, both mental and physical. Concentration is the focusing of energy into a particular area of application. You shouldn't over concentrate or under concentrate. Proper concentration requires the correct amount of tension and relaxation necessary for effective action. Optimal action is action that gets you the results you want.

Everything is Formed by Vibration and Geometry

Scatter some very fine sand over the head of a drum. Then take a tuning fork and strike a note just above the drum head causing it to vibrate. The sand would shift and assume a geometrical figure corresponding to the particular note that was played. When another is sounded, the sand will shift and assume another figure. This shows that every vibration produces a corresponding geometric form. Form is the organization of energy at certain rates of vibration.

There is no solidity in the universe. A form that appears solid is actually created by an underlying vibration. Vibrations express themselves in corresponding

geometrical figures and in this way build up crystals that are the expression of vibration. Crystals collectively form a body of an element according to its particular vibration. The forms of snowflakes and faces of flowers take on their shape because they are responding to some sound in nature. Crystals, plants, and human beings are music that has taken on visible form.

There are five perfect three dimensional forms. The tetrahedron, hexahedron, octahedron, icosahedron, dodecahedron. They are known as the Perfect Solids and are the foundation of everything in the physical world. The entire Periodic Table of Elements and literally everything in the physical world is based on these five forms! There is a precise way that the energy of Creation organizes itself. Every natural pattern of growth or movement conforms inevitably to one or more geometric shapes. These patterns and codes are symbolic of our own inner realm and the subtle structure of awareness.

Light and Color Therapy - Psychological, Biological and Spiritual effects

What is Light Therapy?

Light Therapy involves the application of light for purposes of healing and maintaining optimum health. It is a natural and noninvasive therapy without side effects and is extremely powerful in the field of prevention. Light

therapy goes hand in hand with all other forms of holistic health care and can be inexpensively self-administered.

Natural light, containing the full spectrum of its component colors, including UV and infrared, is a basic human nutrient and is necessary for optimum health.

Malillumination is similar to malnutrition in that natural light, with its full spectrum of radiation, including ultraviolet and infrared radiation, is a life-sustaining element and a basic human nutrient. Exposure to natural light is necessary for overall human wellness and longevity. Light therapy treats the effects of "malillumination."

Artificial Full-Spectrum Light

Natural daylight is a true "white" light, which contains a balance of energy throughout the entire range of the visible spectrum. Full-spectrum lighting is the most accurate reproduction of natural sunlight available.

What is Color Therapy?

Color Therapy (also called chromotherapy or chromatherapy) is the application of color in various ways for purposes of healing and maintaining optimum health. It is a natural and noninvasive therapy without side effects, and is extremely powerful in the field of prevention.

True Nature of Money and Its Abundance in Reality

Loving money with awareness is knowing that money is a form of energy that represents well being and abundance. Well being and abundance is rightfully belonging to all nature and creation, and you can have as much of it as you want. As long as every part of nature works in harmony with each other, everything is sustained and multiplied. Energy is neither created nor destroyed but changes from one form to another. All energy comes from the sun which keeps changing form through nature.

Sunlight is converted into starch and sugar by plants, which feed the animals, which help spread its seeds, which grows more plants, which feeds more animals, which feed humans, which build man made constructions, which facilitate the work of society, which transforms civilization, which leads to inventions and discoveries, which promotes better commerce and diplomacy, which results in the entire earth cultivated and transformed by humans, which leads to the evolution of human consciousness.

Money came into being sometime in civilization as a medium of energy exchange. At first material things were exchanged directly by one party with another. But money enabled a person to give what he has to someone who does not have the exact thing that he wants in exchange for money, so that he can use it to obtain the exact thing that he wants from another person who has it. Money is

an idea that increased the ease, freedom and speed of energy exchange in this world which led to faster progress.

Your Desire is God Expressing Himself through You

Our dreams are not really ours. They are really messages from the universe for us to act upon. We all have a gift inside. If we do not share our gift, we are denying the whole world from the blessing of our gift. That gift is necessary to the healing of the universe. The talent that seeks expression through you is waiting for you to take the initiative to act. When you do that the world will provide you with all the means necessary for the easy and effortless manifestation of your dreams.

When you learn to pay more attention to that voice within, you will find yourself guided in what to do in every moment. You experience the right actions spontaneously and accomplish things without almost any effort at all. You seem to be at the right place at the right time, and meet with the right people. Instead of becoming the doer, you become the being through which miracles occur. You become a servant of God instead of imposing your will upon the universe. That is why it is better to pray thy will be done instead of my will be done. When you allow God's will to orchestrate your life, you experience non resistance.

By listening to the creator within, you are led to your right path. On that path you find friends, love, money,

and meaningful work. When you can't seem to find what you want, it is usually because you are insisting on a particular channel of supply. You must learn to let the flow manifest itself where it will, not where you will it. The challenge for most of us is that we do not know what we want. If you simply learn to listen to the voice within, the gifts that life rewards you with are always far more greater than the ones you could ever think of because your heavenly Father knows what you need before you ask Him.

When you do the work you feel you're meant to be doing, everything you need shows up without you having to go after it. There is always some kind of power taking care of you. You may not have the resources to take the next step but just trust that you will be taken cared of in one way or another. You don't need to set up a plan, just know that if that is the next thing that is supposed to happen, it will happen. Let others do it the hard way if they want to. You simply do what is already in your path to do.

Science of Vibration in Every Aspect of the Physical World

The entire physical universe is made up of pure energy and vibration. When you have the insight to see everything as vibration, the nature of the universe is revealed to you.

Light is vibration. The entire electromagnetic wave spectrum of visible light produces different colors. Colors

are simply waves vibrating at different frequencies. On one end of the spectrum you have red, on the other end you have violet. Red has the longest wavelength and the lowest frequency, violet has the shortest wavelength and the highest frequency.

There are two kinds of electrical lighting that you can find when you visit an electronic store. Warm light and cool light. Warm light contains a greater mixture of lower frequency color waves such as yellow and orange. Cool light contains a greater mixture of higher frequency color waves such as green and blue.

Light is crucial in its environmental effect upon work, play, rest and other life activities. It controls stimulation, relaxation and energy level .

Since warm light is more relaxing than cool light, you might decide to use it for the ambience it creates. Have you ever used only warm lights in a room and thought that you could make the place more relaxing or stimulating simply by increasing or decreasing the light intensity?

But it doesn't work that way. Increasing the light intensity of warm light does not make it a lot more stimulating. Higher energy levels require higher rate of vibration. It is not the magnitude but the frequency of the vibration that determines it's energy level. Is it any wonder that blue flame is hotter than yellow flame?

Health is vibration. Cold, damp and dark places with lack of airflow are breeding grounds for bacteria, whereas

sunny places with abundance of airflow eliminate unhealthy micro organisms. The second type of environment is healthier than the first because it is high vibration while the other is low vibration. Although sunlight is biologically beneficial, too much of it causes heatstroke. The energy turns from being constructive to destructive. The key here is balance. Too much of something beyond the rightful amount causes instability.

This is what all sickness and disease does. It seeks to weaken or destabilize vibration. The more vibrant and stable a person is, the more alive and constructive he/she are. The more lackluster and unstable he/she is, the less alive and/or the more (self)destructive.

Ever wonder why you have always been told to drink warm water and not to drink cold one when you were sick? When the body is sick, there are things within that are clogging up the system and slowing down some functions. The body needs energy to move the sickness out of the body or to destroy it. That is why your doctor advices you to drink plenty of water.

It is the medium that your blood cells use to mobilize their work. More water and oxygen gives your body the much needed resources it needs in getting rid of the sickness. Your impulse of coughing out phlegm and blowing out mucus is your bodies act of expelling the bad stuff from your body, which means you are on the road to recovery. Warm water is high vibration whereas cold water is low vibration. Cold water removes the precious energy needed for recovery, whereas warm

water supplies it. One supports your recovery rate while the other sabotages it.

Sound is vibration. Bassy music is low vibration and energetic music is high vibration. We enjoy listening to different types of music because we like to experience different ranges of emotion. The variety of feelings in life makes it fun and meaningful. High energy dance music appeal to younger people because they are highly energetic and expressive. Slower and emotional entrancing music is what we desire to hear when we want to be moved in a deep and sensual way. We want time to slow down and come to a standstill the experience to be like an eternal moment.

Chemical is vibration. Alcohol and earl grey tea are opposite in terms of vibration. Although stress and anxiety is a form of high vibration, it is undesirable because the vibration is incoherent and disorderly. Alcohol lowers vibration. That's why people drink to relax and distress. But drinking consumes more than the natural amount of alcohol that the body is supposed to take. Therefore it causes instability as well. Drivers who drink have impaired judgment and reaction rate are more susceptible to accidents. People who are above the need of alcohol to relax have chosen more intelligent means of doing so. Earl grey tea acts as a stimulant that counters the effects of alcohol to a certain extent to "sober" you up.

The vibration of our "bodies" at every level, physical and non-physical, has a profound influence on our ability to

attract positive experiences. The higher your vibration, the more of a "magnet" you become as a result of the thoughts you hold in your mind. By holding only thoughts of the "things" you wish to manifest into your experience, and keeping your vibrations high in the ways we discussed previously, you will find your wishes will manifest much more quickly.

When you learn to see everything as vibration different in terms of rate and stability, you will understand what you need in order to obtain the desired effect in any situation. It is all about balancing vibrations. There are lots more aspects of physical reality than those mentioned here where this principle is applied to.

Once you are aware of this principle and always think in terms of vibration, you can understand practically everything that happens in the physical world. This is one of the governing dynamics that allows you to make sense of everything.

Having this awareness is like seeing the world in code, like the Matrix.

Secret of Anything is Consciousness of That Thing

The secret of anything is consciousness of that thing. Intention is the offspring of consciousness. When you are conscious of something, you are also intending it. What you intend is what you manifest. Wealth, health and happiness are states of being and also states of mind.

Your actions are naturally guided by your thoughts. Just like focusing on a telephone pole during a skid causes you to turn your steering wheel towards the pole, your doing comes from your being, which manifests all of your having.

The secret of power is consciousness of power. When you are weak, it is because you have lost consciousness of power. The moment you are conscious of your power, you feel powerful and manifest power. In every situation you are in, be conscious of your power. Never let another person rob you of your consciousness of power, because that is the first step to rendering you powerless in their presence. All power is mental, and power to whom power exerts. No power is truly external but all power is internal.

The secret of success is consciousness of success. Think and feel success, and your actions will be guided towards success by your subconscious mind. The reason of failure is not so much based on the actions that a person takes, but the consciousness behind the actions. Those who think success will cause their actions to result in success whereas those who think failure will cause their actions to result in failure. Success is in the start. You are a success the moment you see yourself as a success.

Source Supply - It is God Who Gives the Increase

Know that it is God who gives you everything. You may take action to make things happen. You may set your

intention and use mind power to manifest. All these things are your works. But work alone does not necessarily lead to results. There is a special state of consciousness you must possess in order to draw from the Source and Universal Supply. This state of consciousness is the awareness that it is God who gives the increase. When you possess this awareness, you're aligned with divine truth.

Paul said "I have planted, Apollos watered; but God gave the increase. So then neither is he that plants any thing, neither he that waters; but God that gives the increase." The true meaning of that statement is to understand that it is not your work that does anything in the universe, but it is God who does everything. Still, you must plant and you must water, but you must trust God to give the increase if you want your actions to get results. This is the whole key to possessing the divine state of consciousness.

Moving Energy with Attention to Change Your Life

Learning the law of attraction is the first step. The next step is to apply it through the use of deliberate creation. Once you become aware that you are the one who is the creator of your reality, the next thing is to master how you create your reality. The important thing is to never stop learning and to always keep working at it. What is made conscious can become unconscious again. That is why it is necessary to keep bringing back

knowledge to conscious awareness. This is the purpose of mental renewing.

Everything in the universe is energy, and when you move energy, you will see changes in your own life. Energy moves where attention goes. The way to give your attention to that which you want, is to constantly read and look at things that inspire you. Read about success, growth and wealth and you will fill your mind with these things. Your attention will be on these things and your energy will go towards manifesting these things into your reality. Read not just to gain knowledge but to refill your mind on them.

Mastering and Being In Control of Other People

To be a creator of your reality, you have to be in control of your reality. To be in control of your reality, you have to be in control of every aspect of your reality. One of the key aspects of your reality is the people in it. To be a master of your reality requires mastering and being in control of other people. To master other people, you have to first master yourself. You'll find other people limiting you and being out of your control until you overcome your own self limitations towards controlling and mastering them.

Those who are masters of their reality are also masters of the people in it. When you can change your limited perceptions about mastering reality to match those who are masters, you will become unlimited in what you can

and will do. Masters have no limit and they control the game because they know how it works. They know that the players are very much a part of the game environment as is everything else. There will be proficient players and poor players. A master knows he has to work with all kinds.

How you handle the world begins from how you see the world. The more deluded you are in the way you see the world, the more ineffective you will be in engaging it. The clearer or enlightened you are in the way you see the world, the more power you have over it. To see with enlightened eyes is to see what is, not what should be. Awareness is knowing how things work and what's going on. When you can free your mind of the illusions of the world, you will be free to move without being limited by it.

The Three Main Laws for Conscious Creation

There are three main laws for conscious creation. They are the law of attraction, the law of detachment and the law of God Action. When you know these three laws, you'll be able to create your perfect reality like a master. This trinity of laws form the perfect creation of all reality. You would experience what you would call the perfect life by using these three laws together. Perfection is the result of the perfect working of universal forces. Perfect understanding of universal forces enables perfect reality creation.

The law of attraction states that energy attracts like energy, and what you focus your mind on is what you attract. Knowing the law of attraction is the first step that turns you into a conscious creator of your reality. You know that you create everything with the power of intention. You become conscious of how everything you experience is created by you. With the awareness of this universal law, you become awakened and live life like a lucid dreamer. You are creating consciously instead of unconsciously.

The law of detachment states that creation is free to be worked on by the universal mind when you mentally and emotionally detach from your intention. Knowing this law enables you to allow your creation work to happen without sabotaging it. Spirit is free and unbounded, therefore when you let go of your intention, you are expressing your true nature as a free spirit. By resonating as your true self, you allow it to carry out the work of creation fully. Detachment allows your creation work to happen unhindered.

The law of God Action states that it is the universe itself that is creating through you. Knowing this law enables you to allow all your creation work to be guided by a higher power. You know that your existence in this dimension is simply a channel for the universal mind to express itself through. Your personal creation is meant to be a portion of the universal creation that is in progress. When you create from this level, your intentions are in alignment with your higher self, therefore everything works out perfectly.

Dealing with Psychic Vampires and Big Auras

The two main opposite kinds of psychic presence are psychic vampires and big auras. Psychic vampires suck energy from others while big auras push their energies upon others and sort of take up too much space energetically. You have to be aware about these two kinds of people and learn how to deal with them effectively for your own psychic survival. Some people do not know how to respect the space or energy of others. They either take what does not belong to them, or they behave rather invasively.

Whereas some people behave in an energetically respectful way whether they are being aware of it or not. Their psychic presence is neither too draining nor too invasive. They instinctively keep their auras at a respectable distance around themselves and keep their energy to themselves. They are usually comfortable for others to be around. People are subtly affecting us all the time at an energetic level as we are affecting them as well. Being conscious of social dynamics at the energetic level empowers you.

Thoughts Control Genes

Groundbreaking scientific studies find that genes can be turned on and off by environmental signals - including thoughts, feelings and emotions - from outside the cell.

Dr. Lipton is a pioneer in applying the principles of quantum physics to the field of cellular biology. While traditional cell biology focuses on the physical molecules that control biology, Dr. Lipton's work focuses on the mechanisms through which energy in the form of our beliefs can affect our biology, including our genetic code.

Dr. Lipton summarizes such leading edge science and explores its implications for our lives. Dr. Lipton shows that human beings can control gene activity and even rewrite their genes through their beliefs.

There is an incident in the Bible that proves this fact.

There was a man called Jacob. He was conversing with his father in law Leban, about giving him wages so that he can provide for his own house. Leban ask Jacob what should he give him, and Jacob replied that Leban does not need to give him anything and instead to do just one thing.

The one thing Jacob suggest is for Leban to allow him to go through all his cattle including the sheep and goats, and to remove the speckled, spotted and dark colored from the rest. Such shall be the ones that belong to Jacob. Of course they only make up a small percentage of the entire flock of cattle. So Jacob appear to be asking for very little.

But what happen next was, he did something that was simply ingenious, and it's long before the term genetic engineering had even been heard. He took with him rods (freshly cut-branches) of green poplar, and of the hazel

and chestnut tree; and made white stripes on them by peeling the bark and exposing the white inner wood of the rods. What he was doing was making the rods speckled and spotted.

Characteristics of the Islamic Iranian Government

The Islamic Iranian revolutionary government is unique in human history because it:

1. Upholds the hopes of the oppressed, offering a distinct prophetic approach in contrast to the arrogance and tyranny of past religious governments. It regards politics and governance as a trust from God for the welfare and prosperity of society.

2. Despite being religious in name, it is opposed to the majority of the oppressive religious authoritarian and despotic policies of the past.

3. Has a commitment to combining religion with the progress of the world, aiming to prosper this world along with the hereafter.

4. Is enriched with scientific methods of jurisprudence, interpretation, and traditions, as well as knowledge of natural sciences, philosophy, logic, and reasoning. While maintaining a balance with religious institutions and

universities, it empowers everyone to express different opinions in an intellectual manner.

5. Believes in a culture, arts, music, and fine arts that are pure and untainted by the purity of spirit.

6. Advocates ijtihad (independent legal reasoning) and research alongside adherence to the beneficial principles of the past. It is a model of equilibrium between faith in God and self-confidence.

7. Promotes economic and business activities along with social issues while considering the material and intellectual needs of society, striving to fulfill both the essential needs of society and the intellectual needs of the people.

8. Focuses on the training of people, endeavoring to reach out to the different strata of society with a mentor-like approach, applying government and religious rules in proportion to the levels of intellectual and moral development.

9. Emphasizes achieving results through experiential stages and trials based on theoretical foundations. It prepares for the future in the light of historical experiences.

10. Considers it a duty to overlook and educate opposers and deniers as long as they are not causing corruption on a broad basis in society.

Emotional Connection - Energy Expand and Contract

Energy serves as both the medium and the message of relationship. The omnipresent energy that fills our world provides the medium through which the energetics of relationship can occur. Just as whale songs travel great distances through ocean water, we communicate (we spread ourselves to others) through the energy matrix that encompasses all life on earth. At the same time, much of what we communicate to others consists of the patterns of energy that have come to define us. Like a radio station sending out its specific content, each of us continuously broadcasts our "message" to current and potential others. This message comes out of our interior world and may include a full panorama of thoughts feelings, dreams, and memories. We especially communicate any fixed or contracted patterns of emotional energy, including those of relational inheritance, social viruses, and the unresolved energies of emotional suppression.

When two or more people have a relationship, they energetically "tune in" to one another's messages. For short and passing relationships, as with a checker at the grocery or a stranger on the street, this tuning in amounts to no more than the channel surfing of a bored television viewer. One picks up but a brief and vague hint of another and then moves on, with little effect. In more intimate relationships people essentially stay tuned to one another as senders and receivers, for longer periods

of time and experience. Ideally. This means that they willingly engage in a full and mutual sharing of their innermost selves, even if they do not comprehend the energy dimensions of that sharing, that they commit themselves to honest communications (truth in sending practices), and that they actively listen for the whole message of the other, from its more overt expressions to its most subtle vibrations.

This brings us to one of the great mysteries of human relationships, why do we feel attracted to certain people? While some of the explanation certainly has to do with such externals as physical appearance, social class, education, vocation, and avocations, the full story lies in the sending and receiving of subtle patterns of energy. Each of us continuously communicates specific relationship patterns formed through our unique experiences. We tend to attract those who in some way resonate with our patterns, even as we feel attracted to those whose patterns touch or trigger something within us.

Form Mental Pictures that Turn into Reality

Form mental pictures of yourself using and enjoying that which you desire. Simply imagine a scenario that you would like to experience. You may not be able to imagine how it can happen, but you do not need to. Just imagine it happening in your mind without questioning the ways it can happen. Believe the picture to be true and you will be guided in thought and action to think the thoughts

and do the things which will make a reality of your picture.

Christ said that whatever things you desire, pray believing that you receive them and you will have them. Faith is the evidence of things not seen and the substance of things hoped for. Your mental picture is your faith. Believing that you receive what you pray for is to form the mental picture of those things that you want to see happen. Most people pray and continue picturing the opposite conditions of what they pray for. You must picture things the way you want them to be instead of the way things are.

You might think that visualization is a difficult thing for you to do. But you do not realize that you are doing it naturally all the time. Worrying is forming mental pictures of things happening that you do not desire. When you worry, your imagination of negative things happening is so vivid and real to you. Fear and faith is believing that what you cannot see will come to pass. When you find yourself picturing negative outcomes, switch to picturing positive outcomes instead and you will find it is just as easy.

While you are imagining the event you desire, don't think thoughts such as "I wish it were true." Such a thought is accompanied by a feeling of doubt that will offset the good that you are already creating. Think of your mental picture as though it is about to become a reality and there is no doubt about it. Your subconscious mind will begin guiding you in thought and action so that ways

and means will open up to you to make the mental picture a reality.

How to Rule and Influence Group Consciousness

Groups exhibit a docile respect for force, and are but slightly impressed by kindness, which for them is scarcely other than a form of weakness. Their sympathies have never been bestowed on easy-going masters, but on tyrants who vigorously oppressed them. It is to these latter that they always erect the loftiest statues. They trample on the despot whom they have stripped of his power, but it's only because having lost his strength, he is now one of the weak who are to be despised and not to be feared.

The type of hero dear to groups will always have the semblance of a Caesar. His insignia attracts them, his authority overawes them, and his sword instills them with fear. A group is always ready to revolt against a feeble, and to bow down servilely before a strong authority. Should the strength of an authority be intermittent, the group, always obedient to its extreme sentiments, passes alternately from anarchy to servitude, and from servitude to anarchy. The strongest leaders will use strongest authority.

Intuition - Nonlinear Thinking to Know Reality

Real intuition does what the intellect alone cannot. It senses truths that do not follow directly from the old assumptions, old logic, or old programming. Truths accessed by intuition are therefore transcendental. Intuition can point you to flaws in prior assumptions, help you notice new observations that were otherwise missed, and present new possibilities to contemplate. Real intuition comes from beyond. Whatever determines your current realm, your current body of assumptions, intuition extends far beyond it.

If you are a product of the past, intuition is a feedback flow from the future. If you are the lower self, intuition comes from the higher self. If you are operating from the five senses, intuition comes through the sixth. Intuition is your internal compass magnetized to absolute truth, that if followed takes you through ever greater levels of knowing and thus through ever more advanced realms of existence. It is the voice of your spirit, and it only speaks as clearly as you have ears to hear and the mind to understand.

Reading And Studying Books Helps To Get Real Intuitive Knowledge And Wisdom

Reading and studying books can be a powerful way to acquire intuitive knowledge and wisdom. Here are several ways in which this process works:

1. Exposure to Diverse Perspectives: Books provide access to a wide range of ideas, philosophies, and viewpoints. By reading different authors and subjects, you expose yourself to diverse perspectives and ways of thinking, which can expand your understanding of the world.

2. Deep Exploration of Topics: Books often delve deeply into specific topics, allowing you to gain in-depth knowledge on subjects that interest you. This depth of understanding can lead to insights and wisdom that might not be readily available through superficial sources.

3. Learning from Others' Experiences: Many books, especially autobiographies and memoirs, share the life experiences, challenges, and successes of their authors.

Learning from the experiences of others can provide you with valuable life lessons and practical wisdom.

4. Critical Thinking and Analysis: Reading books encourages critical thinking and analysis. As you engage with the material, you may question the author's arguments, consider alternative viewpoints, and develop your own conclusions. This critical thinking process can lead to deeper insights and understanding.

5. Access to Historical and Cultural Knowledge: Books also serve as repositories of historical and cultural knowledge. Understanding the past, the history of civilizations, and the cultural heritage of various societies can contribute to a broader and more profound perspective on life.

6. Self-Reflection and Contemplation: Reading often requires a degree of solitude and introspection. It provides opportunities for self-reflection and contemplation. As you read, you may relate the content to your own experiences and ponder how the ideas can be applied to your life, fostering intuitive knowledge.

7. Emotional Intelligence: Books that explore human emotions, psychology, and interpersonal relationships can enhance your emotional intelligence. Understanding your emotions and those of others is a key component of wisdom and intuition.

8. Intellectual and Spiritual Growth: Some books deal with profound questions of meaning, purpose, and spirituality. Engaging with such works can lead to intellectual and spiritual growth, deepening your understanding of existence and the human condition.

9. Connecting the Dots: As you read and study various books, you may find connections between seemingly unrelated ideas or concepts. This ability to connect the dots is a hallmark of wisdom and intuition. It enables you to see patterns, make associations, and draw meaningful conclusions.

10. Lifelong Learning: Reading encourages a habit of lifelong learning, which is essential for the continuous development of intuitive knowledge and wisdom. The more you read and learn, the more you evolve and grow as an individual.

In summary, reading and studying books are powerful tools for acquiring intuitive knowledge and wisdom by exposing you to diverse perspectives, deepening your understanding of various subjects, encouraging critical thinking, and promoting self-reflection and contemplation. Books are a gateway to a vast world of ideas, experiences, and insights that can enrich your life and help you make wiser decisions and choices.

Get Rich by Flowing With and Against Mass Mind

One of the greatest secrets that set the super rich or the wealthy elite from the average masses is the understanding of when to flow with and against the mass mind. The rich think and do things very differently from most people and that is why they get very different results. It is what sets them far apart from the rest. Money is energy that moves according to the flow of collective consciousness in this world. Therefore if you want to gain and keep as much money as possible, you have to flow in the right way.

What keeps the poor as poor is in the way they think, and what makes you change from being poor to rich is by changing your thinking to the way the rich think. A person who makes the most amount of money has thoughts and actions that are in vibrational harmony with manifesting that reality. Some of the revelations of the rich perception can be shockingly controversial compared to mass perception of reality. When you can

overcome limitation perception that the masses couldn't, unlimited wealth is yours.

The ordinary way to think about selling and promotion in this world is to sell and promote the best or highest quality product that you believe in. It would be the best way to do business if the world was an ideal place, but that is not the reality that we work with. Most people do not have the discernment to recognize the best or the highest quality product when they see it. If fact, most people do not even really know what's good for them at all. Therefore, you have to think differently if you want great success.

Mind Technology - Technology vs Nature

Over time technology has helped man to move his physical body and things faster and faster and to more and more places he couldn't go before.

Now technology is able to help man move his mind faster and to more places in the same way. This technology is Mind Technology.

Mind technology is developed from other technologies upon which it is based upon and which makes this possible. Technology such as electricity, electronic audio and computer.

What was once done at normal speed in the traditional way can now be accelerated to hyper speeds with

technology. It is like being able to travel in a supersonic jet when you once had to walk.

Some people think it is best to do things the natural way than to rely on technology. But would you want to walk from one end of the Earth to another when you could fly there in a supersonic jet? You would not even think of doing that!

It is possible to walk from one end of the Earth to the other though, since all land is connected to each other from the North pole. The Earth is actually one flat piece of land wrapped around a sphere and not separate pieces across the globe. But without technology, we cannot travel to the deepest parts of the ocean or even to the moon.

The moment technology is developed, we got to use it. We either progress or regress. We never stand still. Advancement of technology is the result of advancement in knowledge. Changing the way we do things by adapting technology is the natural way of evolving our lives.

How To Overcome Deep Rooted Beliefs

There are times when faced with a focused problem involving two contradicting believes, despite your efforts to eliminate the negative one, you can't seem to succeed because there is a sense of 'wrongness' to question the justification of that belief.

You understand that to move on you must overcome it but you can't seem to do so because it has always been in your experience of reality. You try focusing on the positive belief only but at the mean time the negative emerges into your awareness too. So how to remove such a deep-rooted belief?

The presence of conflicting beliefs doesn't necessarily stop you from achieving success. In the event of conflicting beliefs, the stronger ones will always override the weaker ones. It is your dominant beliefs that have the true authority over your reality creation.

You may not be able to get rid of the negative beliefs completely immediately and you don't have to. Change happens over time. What matters is which are the thoughts you hold in your mind more consistently than the rest. Ultimately it is all a matter of focus.

Simplified Work - Making your Best contribution

If you really want to grow your business you are going to have to answer a single question that almost no struggling entrepreneur ever asks themselves. You want to know what it is? Of course you do, so let's press on.

Now listen, don't let the simplicity of the question fool you because it'll be easy to dismiss it, but if you do, you'll never even achieve a fraction of what you are capable of. Ok, so here it is:

The sooner you realize that you can't read everything, nor can you cross off every item on your to do list the better. Because at that very moment you are forced to realize that you absolutely must prioritize no matter what.

You see, realizing you can't do everything helps you determine what you really must be doing, and realizing you can't read everything forces you to decide which information you must read. **Focus on quality rather than quantity of actions.**

Now if you are wondering how you make these difficult decisions, have no fear because the answer is simple. You have to know what you want and what you must do to get it. Once you know then you can make effective decisions about what you should be doing, who you should be talking to, and what you should be studying.

What's important is that we each make the best contribution we can. Ask yourself this: Are you currently making the best contribution you're capable of making? If the answer is clearly no, then there's no point in continuing on your current path, is there? Common sense suggests that if you know you're on the wrong path, you should stop walking. The longer you stay on the wrong path, the worse things are for all of us. Maybe it will take a few days to find the right path. Maybe it will take several years. But it's still better to be lost for several years than to be lost for a lifetime.

Wisdom, Understanding and Knowledge

Wisdom, Understanding, Knowledge, Prudence, Intelligence and Spirituality.

Wisdom is Insight. The ability to see into the underlying nature of a thing and to discern it's true essence. To see something for what it really is. To look past appearance into substance. To read between the lines. To know the truth of a matter.

Intelligence is how well one thinks, which is dependent on how much one knows. The more wisdom, understanding and knowledge you have, the more intelligent you are. True Intelligence is not just academic, factual, worldly or social intelligence alone. True intelligence is encompassing of all intelligences.

Understanding is knowing the meaning or reason of a thing. It is about knowing why something is, and how it is so.

Prudence is foresight. The ability to see into the future of thing and to know the possible outcomes and its effect. It enables you to make decisions ahead of time that will lead things in the direction you want them to go.

Knowledge is the substance that wisdom, intelligence, understanding and prudence operate with. It isn't just the amount you know. How a specific knowledge works with everything else you know determines whether

it strengthens or weakens your wisdom, understanding and prudence.

All wisdom, understanding, knowledge and prudence increases your ability to know what is going on.

The more you can stay aware of how your mind creates your reality and environment, the more CONSCIOUS and AWARE you can become. Which will in turn lets you take back control over yourself and every area of your life.

Spirituality is about beingness. It is about the essence of who you are within. When you operate from a position of beingness, you are not playing by anyone's rules or reasons but your own. You are real and authentic.

Wisdom and Understanding

Sayings from the Quran:

1. Surah Al-Baqarah (2:269):

- "He grants wisdom to whom He wills, and whoever has been granted wisdom has certainly been given much good. But none will remember except those of understanding."

2. Surah Al-Ankabut (29:9):

- "And those who believe are more in love with Allah. If only you could see when the wrongdoers will see the punishment and they will realize that all power belongs to Allah and that Allah is severe in punishment."

3. Surah Al-Isra (17:85):

- "And they ask you about the soul. Say, 'The soul is of the affair of my Lord. And mankind have not been given of knowledge except a little.'"

Sayings of the Infallibles (Ahl al-Bayt):

1. Imam Ali (AS):

- "Wisdom is the lost property of the believer. Wherever he finds it, he is more deserving of it." (Nahj al-Balagha, Sermon 147)

- "The most complete gift of God is a life based on wisdom and understanding." (Nahj al-Balagha)

2. Imam Muhammad al-Baqir (AS):

- "Wisdom is to have the correct knowledge and to act upon it." (Tafsir al-Mizan)

3. Imam Ja'far al-Sadiq (AS):

- "One who is endowed with wisdom will find that knowledge increases his understanding and piety." (Al-Kafi)

Pr 4:7 Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding.

Pr 14:6 A scorner seeketh wisdom, and findeth it not: but knowledge is easy unto him that understandeth.

Pr 14:8 The wisdom of the prudent is to understand his way: but the folly of fools is deceit.

Pr 14:33 Wisdom resteth in the heart of him that hath understanding: but that which is in the midst of fools is made known.

Pr 17:24 Wisdom is before him that hath understanding; but the eyes of a fool are in the ends of the earth.

Pr 19:8 He that getteth wisdom loveth his own soul: he that keepeth understanding shall find good.

Pr 12:8 A man shall be commended according to his wisdom: but he that is of a perverse heart shall be despised.

And Knowledge

Sayings from the Quran:

1. Surah Al-Mujadila (58:11):

- "Allah will raise those who have believed among you and those who were given knowledge, by degrees. And Allah is Acquainted with what you do."

2. Surah Al-Zumar (39:9):

- "Say, 'Are those who know equal to those who do not know?'"

3. Surah Al-Ankabut (29:43):

- "And these examples We present to the people, but none will understand them except those who have knowledge."

4. Surah Al-Alaq (96:1-5):

- "Read in the name of your Lord who created. Created man from a clinging substance. Read, and your Lord is the most Generous—Who taught by the pen—Taught man that which he knew not."

Sayings of the Infallibles (Ahl al-Bayt):

1. Imam Ali (AS):

- "He who does not have knowledge does not have faith, and he who does not have faith has no light in his heart." (Nahj al-Balagha, Saying 156)

- "Knowledge enlivens the soul, but ignorance kills it." (Nahj al-Balagha)

2. Imam Muhammad al-Baqir (AS):

- "Knowledge is the life of the soul and the light of the heart." (Tafsir al-Mizan)

3. Imam Ja'far al-Sadiq (AS):

- "The best form of worship is the pursuit of knowledge." (Al-Kafi)

- "Knowledge is a treasure; the key to it is asking questions." (Al-Kafi)

Pr 15:14 The heart of him that hath understanding seeketh knowledge: but the mouth of fools feedeth on foolishness.

Proverbs 18:15 The heart of the prudent getteth knowledge; and the ear of the wise seeketh knowledge.

Proverbs 24:5 A wise man is strong; yea, a man of knowledge increaseth strength.

Isa 5:13 My people are gone into captivity, because they have no knowledge.

Ho 4:6 My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee.

Isa 33:6 Wisdom and knowledge shall be the stability of thy times, and strength of salvation.

Ro 15:14 And I myself also am persuaded of you, my brethren, that ye also are full of goodness, filled with all knowledge, able also to admonish one another.

And Spirituality

Sayings from the Quran:

1. Surah Al-Baqarah (2:186):

- "And when My servants ask you concerning Me, indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me and believe in Me that they may be guided."

2. Surah Ar-Rum (30:30):

- "So set your face toward the religion, inclining to truth. Adhere to the fitrah of Allah upon which He has created mankind. No change should there be in the creation of Allah. That is the correct religion, but most of the people do not know."

3. Surah Al-Hashr (59:19):

- "And do not be like those who forgot Allah, so He made them forget themselves. Those are the defiantly disobedient."

4. Surah Az-Zumar (39:22):

- "Is one whose breast Allah has expanded to [accept] Islam so he is upon a light from his Lord [like one who is not]? Woe to those whose hearts are hardened against the remembrance of Allah. Those are in manifest error."

Sayings of the Infallibles (Ahl al-Bayt):

1. Imam Ali (AS):

- "He who has no spirituality, his wealth and his family will not benefit him. It is the good character and piety that give life to the soul." (Nahj al-Balagha, Saying 153)

- "The best form of worship is to purify the soul." (Nahj al-Balagha)

2. Imam Muhammad al-Baqir (AS):

- "True piety is not in your outward appearance but in your soul." (Tafsir al-Mizan)

- "The heart that does not remember Allah is like a barren land." (Tafsir al-Mizan)

3. Imam Ja'far al-Sadiq (AS):

- "The true worshipper is one who is always mindful of Allah and remains humble." (Al-Kafi)

- "He who knows Allah the most is the most sincere in worship." (Al-Kafi)

Ecclesiastes 8:1 A man’s wisdom maketh his face to shine, and the boldness of his face shall be changed.

Pr 21:22 A wise man scaleth the city of the mighty, and casteth down the strength of the confidence thereof.

Ecclesiastes 8:5 A wise man’s heart discerneth both time and judgment.

Ecclesiastes 10:2 A wise man's heart is at his right hand; but a fool's heart at his left.

1Co 2:15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

Col 1:9 For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding;

God made animals for us to learn from them, and not for them to learn from us.

Sayings from the Quran:

1. Surah An-Nahl (16:5):

- "And the grazing livestock He has created for you [to provide] warmth and numerous benefits, and of them you eat."

2. Surah Al-An'am (6:38):

- "There is no animal on earth, nor a bird that flies with its wings, except [that they are] communities like you. We have not neglected in the Book a thing. Then to their Lord they will be gathered."

3. Surah Al-Baqarah (2:164):

- "Indeed, in the creation of the heavens and the earth and the alternation of the night and the day are signs for those of understanding."

4. Surah Al-Jathiya (45:13):

- "And He has subjected to you whatever is in the heavens and whatever is on the earth, all from Him. Indeed, in that are signs for a people who give thought."

Sayings of the Infallibles (Ahl al-Bayt):

1. Imam Ali (AS):

- "Reflect on the creation of animals and their attributes, and you will see signs of Allah's power and wisdom." (Nahj al-Balagha, Sermon 183)

- "The animals are like us in their needs, but we are entrusted with a higher level of understanding and responsibility." (Nahj al-Balagha)

2. Imam Ja'far al-Sadiq (AS):

- "The animals are created for human benefit, and their existence teaches us about Allah's generosity and creation." (Al-Kafi)

- "In observing the animals, one finds lessons on the mercy of Allah and the responsibility of humans to care for them." (Al-Kafi)

More from Sayings of Imam Jafar al-Sadiq A.S

1. Divine Wisdom in Creation:

- The text highlights how the creation of animals reflects the wisdom of Allah. Imam Ja'far al-Sadiq (AS) explains that observing animals can lead to a deeper understanding of God's power and mercy. Animals are created with attributes and functions that serve humanity, illustrating the divine plan and purpose.

2. Animals as Signs of God’s Power:

- Animals, with their diverse forms, behaviors, and adaptations, are seen as signs of Allah's creative power. The text discusses how their varied characteristics and roles in nature serve as lessons in recognizing the greatness of the Creator.

3. Human Responsibility:

- The discourse often emphasizes that while animals are created for human benefit, humans have a responsibility to treat them with kindness and respect. This aligns with the broader Islamic principles of compassion and stewardship over creation.

4. Learning from Animals:

- The book reflects on how animals can teach humans about the attributes of God. For example, the way animals interact with their environment and each other can provide insights into divine attributes such as wisdom, mercy, and precision in creation.

5. Reflection and Understanding:

- Imam Ja'far al-Sadiq (AS) encourages deep reflection on the creation of animals as a means to strengthen one's understanding of monotheism. The intricate design and purposeful existence of animals are presented as evidence of a single, all-powerful Creator.

Specific Excerpts:

1. On Animal Diversity:

- "Look at the variety of creatures that Allah has created: the land and sea animals, the insects and birds. Each has a unique role and benefit, and their existence demonstrates the infinite wisdom and power of Allah."

2. On Animal Functionality:

- "Consider the functionality of animals and how they contribute to the ecosystem. This complex interdependence reflects the divine order and precision in creation, reinforcing the understanding of Tawheed."

3. On Divine Attributes:

- "The creation of animals with specific features for specific purposes reveals God's attributes of knowledge, wisdom, and planning. Reflecting on these creatures allows one to recognize the majesty of the Creator more clearly."

24 There be four things which are little upon the earth, but they are exceeding wise:

25 The ants are a people not strong, yet they prepare their meat in the summer;

26 The conies are but a feeble folk, yet make they their houses in the rocks;

27 The locusts have no king, yet go they forth all of them by bands;

28 The spider taketh hold with her hands, and is in kings' palaces.

All verses are taken from the Kings James Version Bible.

The lips of wisdom are closed, except to the ears of understanding - The Kybalion

The lips of the wise disperse knowledge: but the heart of the foolish doeth not so. - The Bible

Blessed is the man who finds wisdom, the man who gains understanding, for she is more profitable than silver and yields better returns than gold. She is more precious than rubies; nothing you desire can compare with her. Long life is in her right hand; in her left hand are riches and honor. Her ways are pleasant ways, and all her paths are peace. She is a tree of life to those who embrace her; those who lay hold of her will be blessed. By wisdom the

LORD laid the earth's foundations, by understanding he set the heavens in place; by his knowledge the deeps were divided, and the clouds let drop the dew.

If a man's credibility is to be judged, it should be according to the wisdom of his words and not by any institutionalized qualifications.

Sayings from the Quran:

1. Surah Al-Ankabut (29:69):

- "And those who strive for Us - We will surely guide them to Our ways. And indeed, Allah is with the doers of good."

This verse emphasizes that striving for the truth and acting with sincerity and wisdom are what truly lead to guidance and credibility.

2. Surah Al-Isra (17:84):

- "Say, 'Each works according to his manner, but your Lord is most knowing of who is best guided in way.'"

This suggests that true guidance and credibility are determined by the quality of one's actions and wisdom, rather than external measures.

3. Surah Al-Hujurat (49:13):

- "O mankind, indeed We have created you from male and female and made you peoples and tribes that you may know one another. Indeed, the most noble of you

in the sight of Allah is the most righteous of you. Indeed, Allah is Knowing and Acquainted."

This verse highlights that nobility and credibility are based on righteousness and piety, not on social status or qualifications.

Sayings of the Infallibles (Ahl al-Bayt):

1. Imam Ali (AS):

- "Judge people by their actions, not by their claims." (Nahj al-Balagha, Saying 86)

- "A man's worth is determined by his wisdom and the value of his words, not by his lineage or position." (Nahj al-Balagha)

2. Imam Muhammad al-Baqir (AS):

- "The most knowledgeable person is the one whose actions reflect their words. True credibility comes from wisdom and integrity, not titles or positions." (Tafsir al-Mizan)

3. Imam Ja'far al-Sadiq (AS):

- "Wisdom and sincerity are the true measures of a person's worth. Institutional titles and qualifications are secondary to the wisdom and truthfulness of one's speech." (Al-Kafi)

Pr 12:8 A man shall be commended according to his wisdom.

How Genius fits into Mass Mind of Humanity

The truth is people are not stuck in being extrovert or shallow. Everyone has a choice but unfortunately most don't use it. Only a small percentage of the human population is highly intelligent and introvert. The masses prefer to identify with each other like chickens rather than fly solo and distinctly like eagles. An introvert can still possess the qualities of an extrovert such as connectedness with others but still be esoteric or inner directed. The true and best way of being is inner to outer and never outer to inner.

Highly intelligent people detecting the illogical conduct of those in charge of their affairs may turn rebellious against all authority especially those that are less intelligent. That is why highly intelligent people usually can't have bosses over them. They function better as free agents or by being their own boss. Introverts are not comfortable with mass politics. Extroverts therefore dominate public life. This is a pity. If we introverts ran the world, it would no doubt be a calmer, saner, more peaceful sort of place.

There is a direct ratio between the intelligence of the leader and that of the led. A leadership pattern will not form, or it will break up, when there is too high a discrepancy between his intelligence and those under his direct leadership. That's why a hierarchy of intelligence has to be set up in an organization. Lower level workers are managed by higher level executives all the way up to the mastermind. Genius finds no place to fit in except at the top. The stone that the builders rejected becomes the head stone.

Time Manipulation - Controlling Simultaneous Time

All events, within all time dimensions, are elastic. They are not permanent. They are relative to the moment, and may be changed at any other moment. You may experience an event holding trauma, which you do not experience within this present moment. You may change, in actuality, the occurrence of the event, simply with your perception. You may experience a broken arm, within what you perceive to be your past. Within your present, you may incorporate the reality of no broken arm happened.

You may visit your physician, who shall x-ray your bones, and they shall show no sign of breakage; for you have altered presently what you view to be past, for the past is occurring simultaneously with your perception in the present. You may express, 'I lived within a red house as a child.' Someone else may say to you, 'Oh, no. As a child, you lived within a blue house.' You have already changed

your reality; for if you change your belief, you shall revisit your childhood house, and it shall bear red paint.

Your perception is the adhesive which binds the time element, the gravitational force, and the space arrangement. The elements of what you perceive to be your universe are relative to perception. If they are not perceived, they do not exist within physical focus. You may wonder whether all things do not exist until perceived by an individual. But you as humans are not the only focuses upon this planet, and you do not hold the only perceptions. Spirits perceive the world before humans came into manifestation.

What are some things that must be avoided in our daily life?

1. Peeping into others' lives
2. Boasting off your achievements
3. Revelation of your future plans
4. By avoiding the thought that not everyone who takes you out of shit is your friend
5. Avoid thinking that everyone who drops shit on you is your enemy
6. Never avoid solo trips and exploring the unexplored places
7. Avoid people who stop you speaking in public

8. Avoid the people who get apprehensive and shocked observing you happy
9. Avoid wasting time, if wated(for some reasons), do not repent
10. Avoid carrying past in present and future. Learning and comparing are two different things

What are some psychological facts about attracting people?

1. If you are attractive, people of **your gender** will judge you harshly.
2. When you make others laugh, you appear more attractive to them.
3. Most people find narcissists more attractive than other people. The saying "you can't love someone else until **you love yourself**" and narcissists fit into this very profile.
4. When you cut someone off from your life, they'll never tell the full story. They'll only tell you the part that makes you look bad and makes them look innocent.
5. If you want to catch someone’s attention; suddenly look at them, (even if you don’t move your head at all) will tend to do the trick.
6. Humans are **biologically wired to become attached to what's**

familiar. Which is why we hold onto things even if they are bad for us.

7. Every cigarette you smoke can reduce your expected lifespan by up to 11 minutes.
8. Sleeping on your stomach can induce weirder, scarier, and sexier dreams.
9. Men who grow beards easily and earlier in life are more likely to go bald.
10. Sex makes you smarter. Having sex improves cognitive function and increases the rate of new brain cells being formed, giving you more brain power. But it doesn't work in reverse, because smarter people usually have less sex.
11. Taller men tend to have more sex than shorter men.

What are some cool psychological hacks?

1. People who hide their emotions tend to be the ones who care the most.
2. People actually **look more attractive than they really are** when they speak about the things they are passionate about. This is one of the greatest mind hacks in life.
3. There’re bunch of smart people who never achieve anything because they think **too much & don’t act enough.**

4. Women have **higher morbidity but lower mortality.** For men its the opposite.
5. The worst feeling in the world is to know you were used and lied to by **someone you trusted.**
6. **They say that change is as good as rest**. Studies show that travel boosts brain health and also decreases a person's risk of heart attack and depression more than any other known therapy.
7. When you're interviewing, **arrive early and talk to strangers outside for a dozen or twenty minutes,** which will make your brain feel familiar with the environment and give you more confidence.
8. If a person laughs a lot even on stupid things, he is lonely deep inside.
9. When people say, "**you've changed, there's a 95% chance** that you just stopped acting the way they wanted you to.
10. If you announce your goals or tell someone else about them, **you are less likely to accomplish them because of the lack of motivation and interest** that now result from someone else being aware of your goals. Keep them to yourself!

11. For a man's mental health a **5 minute conversation** with a **Soothing person** is more beneficial than a **2 hour yoga.**
12. Music can bend and shape the way you see the world, or life in general.
13. If someone gives you advice, respond with "**you're right**". It sounds more diplomatic than "**I know**."
14. **We care more about the death of one than the death of many**. It feels more personal when one human dies, yet when multiple perish, we feel as we don't know any of them.
15. If you walk around expecting to be offended, you will be.
16. Some people just love to see you angry. The solution? **Relax the muscles in your face and watch as theirs visibly deflates.**
17. **You really die in your dreams** whenever you do it indicates that you started something ***new in your life.***
18. **Crying makes you feel better**, reduces stress, and may help to keep the body healthy.
19. We know nothing is permanent. Time kills all and we have limited time, still we will struggle as if we will be permanent. So, **time and we, both, are killing each other simultaneously**. Amazing!

20. When you talk, you are repeating what you already know. But if you listen you may learn something new.
21. **It's sometimes possible to "see" objects even when you are blind.** People with a certain type of brain damage, "blindsight," are considered functionally blind. **But *their unconscious minds can still see***. They can walk through an obstacle course and avoid obstacles without consciously seeing the obstacles. Their "hidden sight" does the work for them.
22. Almost every negative emotion we feel can be traced back to one emotion, fear.
23. According to a survey, men can listen to their male friends for ages, but they can only listen to their girlfriend or wife for **six minutes**.
24. When listing things to someone **they are most likely to remember the first and last items in the list**. This can be used when giving someone options and you would rather them choose certain ones without being too obvious if the items on the list aren't particularly out of place.
25. **Humans are never satisfied**. Cursed with eternal greed, they always need more and more, stretching the limits of the giver.

26. Don’t underestimate the seductive power of a decent vocabulary. Saying things without saying them is a whole other level of a turn-on.
27. **Fear is a strange enemy**. You can only defeat it when you **make it fear you,** otherwise you will keep fearing it.
28. **Behavioral psychology** really can make you a better person.

how piousity helps to get more success in the world then non piousity?

Piety, or a strong devotion to religious or spiritual beliefs and practices, can influence a person's life and potentially contribute to their success in various ways. However, it's essential to note that the relationship between piety and success is complex and can vary depending on individual circumstances and goals. Here are some ways in which piety may contribute to success:

1. Moral and Ethical Foundation: Many religious and spiritual traditions promote strong moral and ethical values. Piety can instill a sense of responsibility, honesty, integrity, and compassion, which are qualities highly valued in personal and professional life. These values can help individuals build trust and maintain positive relationships with others, which can be beneficial in various aspects of life.

2. Resilience and Coping Mechanisms: Faith and spirituality can provide individuals with a source of emotional support and resilience in the face of challenges and adversity. People who are pious may find strength and comfort in their beliefs during difficult times, enabling them to persevere and overcome obstacles more effectively.

3. Goal Setting and Motivation: Many religious and spiritual traditions emphasize setting meaningful goals, pursuing personal growth, and striving for excellence. Piety can serve as a source of motivation and purpose, driving individuals to work harder and stay committed to their objectives.

4. Community and Networking: Places of worship and religious gatherings often provide opportunities for social interaction and networking. Being an active member of a religious or spiritual community can lead to valuable connections, both personally and professionally. These connections can open doors to opportunities for success.

5. Stress Reduction and Well-Being: Practices such as prayer, meditation, and mindfulness, often associated with piety, can promote mental and emotional well-being. Reduced stress, improved focus, and enhanced

overall health can positively impact an individual's ability to succeed in various aspects of life.

6. Charitable and Altruistic Acts: Many religions encourage acts of charity and altruism. Engaging in such activities can lead to a sense of fulfillment and contribute to personal growth. It can also improve an individual's reputation and foster goodwill within their community, potentially leading to success in various social and professional contexts.

Which teacher and what education are sacred and acts of worship?

After the Second Industrial Revolution, the world had hoped for the advancement of knowledge and wisdom to bring happiness, well-being, and joy. However, following the First and Second World Wars, these dreams were shattered. In the present era, we should strive for the promotion of not only natural sciences but also social sciences. This is essential to create a comprehensive plan for the alleviation of human suffering, which encompasses the physical, mental, intellectual, and emotional aspects of human nature, without any bias or prejudice towards any particular school of thought.

The experiences of our past are significant for our guidance. Today, the world is undergoing a transformation, shifting from the West to the East, particularly in China's development. The same policies that Western colonial powers employed are now almost repeated by others. All these facts are visible to the world. Therefore, a scholar doesn't arrive at a conclusion from a single perspective.

But is it always correct to equate progress and excellence solely with economic development? Are human destinies and behaviors exclusive to any nation, making them eligible to be called superpowers? Before the Second Industrial Revolution, Islamic golden ages were also marked by knowledge and wisdom, which were lost to the monarchy's power, and it is evident that this strength moved from the West. Reverting from the Imamate system to how Muslim governments declined and how the West has risen today.

Challenges and difficulties are undoubtedly burdens, but they are also a blessing. To overcome them, individuals engage in effort, exploration, hard work, and innovation. This knowledge is crucial, but alongside it, students should have a specific purpose in mind - the establishment of divine Imamate and the formation of Islamic governance. Divine governance and politics play a vital role in providing societal justice and social justice.

The unjust distribution of global resources, the spread of unethical media in the name of entertainment, the preparation of corporate slaves in the name of education, the promotion of diseases in the name of health, and the appointment of devilish agents in the name of politics are changes that occur in the world. This divine governance regulates society's order in a proper manner and formulates social regulations, particularly in education, where individuals who come from family lives have an impact on various fields such as administration, economy, politics, science, and more. Schools contribute to society and individuals who come from this society enter politics, economics, and media institutions. If their minds are filled with the concepts of Imamate and social consciousness, social justice, and other principles like social justice, then legislation and policies are reflected in the right way in their practical lives and in the lives of ordinary people.

There are difficulties and challenges in society, and Godly representatives and Imams should also be aware of the tyranny of the tyrant Imams. Humans cannot live without intellect and knowledge, nor can they live without emotions and feelings. So, improving society's well-being requires not only advancing formal knowledge and wisdom but also enhancing human ethics and perspectives. It is necessary for the world to have divine

and Godly representatives' governance to regulate the society's order, and these are the areas where all the good or bad in society is issued. Consider when power, oppression, exploitation, and immorality prevail, the lives of the earth's inhabitants become enslaved. This domination and oppression were always led by political groups who held economic and material power, and behind them were teachers who shaped the minds to adopt cruelty and theft. If these characteristics are born among the followers of religions, they are also in the interest of material. We must also educate religious people who are not sensitive to Islamic governance and are deprived of the benefits and happiness of Islamic governance.

Islam desires to see human society excel in a way that it strives for eternal happiness in this world and the hereafter. The government, as an Islamic government, is the field for this. It is where all the ethics and integrity in every field are implemented under the principles of social, economic, political, scientific, and other areas.

It is the responsibility of every individual in society to possess religious knowledge along with formal education and wisdom. They should not ignore political matters. They must not overlook family life, which is a fundamental element of society. It is essential for each member of Islamic society to be aware of his or her

identity, which is granted by the Almighty. They should not deviate from this identity and should be conscious of their existence, aligning themselves with the goals and objectives of their creation, both through the lives and missions of the Prophets, the Imams, and through their personal efforts.

If the humanities and social sciences deviate and are established on wrong and incorrect foundations, then the result is that all the actions and movements of society also become victims of wrong and incorrect methods. Today, in the West, the sciences are continuously engaged in the service of imperialism, used for deception, enslavement, and for the use of oppression and coercion. They are used to loot the wealth of nations. Even today, religious leaders are busy in the obedience of the oppressors... This is the result of wrong thinking, wrong views, and wrong foundations, and incorrect objectives. This knowledge that holds so much importance... Knowledge itself is a mercy, an honor, and it is generous. It has been misused in the wrong way; its purpose and objective are not what the Creator of the universe has determined.

Western science and culture, with deception and tyranny, are busy trying to undermine human civilization through coercion and domination, and media, education, and economics are important components of their means. The problem in the West is that they are preoccupied

with materialism and trivial beliefs. And they consider spiritual values as frivolous and irrelevant, and they regard an Islamic system that embodies spiritual values as an obstacle to their goals.

In today's era, because the tyrants are attacking with full force, there is a need to adopt a firm stance against them. Only a divine government can accomplish this task, and any religion that does not solve the problems of human society is a Satanic religion. Knowledge and science that do not solve the problems of society are useless. The basic requirement for solving issues through knowledge and science is to instill in students a sense of social problem-solving, and most importantly, to provide them with the idea of establishing a government that is halal for solving problems. Such a government can only be Islamic, and it can be a guarantor of society's progress under the leadership of a jurist or a believer.

Today, the media, politicians, and merchants are winning the world over to economic beliefs, and they are creating economic discourse to justify the Zionist capitalist system. Even the oppressed robotized masses are understanding economic issues as fundamental issues. Economics is not the fundamental issue; rather, the fundamental problem is the unjust policies of politicians. Politics is a matter of those who are unconscious and indifferent teachers, educators, and schools. Therefore,

the root of the problems is the deficiency in education. So, there is a need to reform these.

If teachers and schools are not presenting the importance of monotheism, imamate, and the Hereafter in a scientific manner, in a logical manner, and if they are enticing students for lowly pursuits in the world, they are betraying knowledge and wisdom. The acquisition of knowledge for material gain can be appropriate when it is taught with the ultimate aim of striving for the establishment of a divine government for the sake of society. Such education and such teachers who focus on the center of social justice, the essence of social justice, which is leadership, rather than enticing students into becoming corporate slaves or greedy and materialistic traders or corrupt politicians, judges, and lawyers, will exacerbate the existing social conditions.

Education is only meaningful when it is not just for worldly sustenance but for addressing all the problems of the world under an Islamic government, and only such an education and such a teacher can inspire society to struggle for the establishment of an Islamic government that would be a solution to all issues. If not, whether they are Zionist Jews or ignorant and uneducated Muslims, society's problems will remain unsolved. Such education is neither worship nor is such a teacher sacred.

Islam! A necessity for humanity

Islam, the clear religion, stated that God created humans for the purpose of worship. The believers, for the sake of God's pleasure, have made acts of worship their daily routine. Some have sought this worship in prayers, fasting, pilgrimage, etc., while others have found it in serving humanity. However, if someone thinks that by performing prayers, fasting, pilgrimage, giving alms, paying the tithe, or any other religious obligations, they can benefit God in any way, this is a grave mistake. God's greatness is beyond just the apparent forms of prayers, fasting, pilgrimage, or any other rituals. His holiness is above and beyond human actions, even though they may seem to be religious in nature. Neither is God served by our acquisition of knowledge, nor are our prayers, fasting, alms, and other acts of worship of any benefit to Him. God does not gain from our lawful earnings, nor is He concerned with our expenditures. God's divine system and purpose do not rely on the obedience of individuals to the commands of a cleric, Imam, or leader; instead, it operates on a broader principle.

God has given weight to acts of worship, from beliefs and principles to religious obligations, which help organize and lead a systematic life to ensure human survival and development. This system encompasses psychological and physiological stability, scientific, economic, cultural, social, and political stability. It is expected from humans

that they present this world as a model of paradise according to the laws of nature. God is not served by our pursuit of knowledge or by performing prayers, fasting, or any other religious obligations. Instead, it is a comprehensive system of life and logical principles that the divine religion of Islam aims to establish, making every aspect of human life harmonious. Whether it depends on external actions or the internal interpretation and significance of those actions, the depth and wisdom grow in harmony with knowledge and awareness.

In each phase of life, there is an interest in both the apparent and hidden aspects. The willingness to act on this progressive journey is essential. God has emphasized on following His principles, from faith to religious obligations and their extensions, to help individuals lead an organized and systematic life for the sake of their own survival and development. God's guidance includes both inner and outer facets of life, leading to social development, and helping individuals keep the harmony of logical principles. The principles discussed in religious teachings help individuals find their way to a structured life that encompasses psychological and physical, scientific, economic, cultural, social, and political aspects. Thus, the system of life taught by Islam ties humans to a vast network, fostering their growth with logical principles.

Islamic teachings are like the components of this complex mechanism, which shape the raw material and make it ready for use, thus transforming the individual into a more organized and enlightened human. This is not just a matter of individual or internal mental discipline, but also about providing external order to the mental, emotional, and physical systems of human life. It's a way of harmonizing the legal, cultural, social, economic, and political aspects of human life. It ensures the logical organization of human behavior. Islamic teachings relate individuals to this comprehensive mechanism and connect them to a vast educational system. With every step, human life slowly integrates with different systems in a known and dynamic manner. These are the religious teachings that, when put into practice, make believers successful on the path of divine closeness. They gradually add to the social exercises in God's service and lead believers closer to divine proximity.

If, after birth, an individual does not observe logical discipline in the societal system but sees a society built on disbelief, atheism, and hypocrisy, Islamic teachings connect the acts of the individual to a logical system, which remains alive, embracing a society that is mainly based on honesty and truth. Humanity's dignity is in high morals, which provide psychological and positive effects

on the individual, turning him into a responsible citizen. They not only affect an individual's mind and mental health but also influence the spread and agreement, disorder, and disarray in various fields of human life. The pinnacle of human society is ethical high grounds that provide an example and model for both humanity and human life. Such a system that adheres to logical principles and rational methods and organizes and regulates the complete machinery of life. These teachings are similar to the components of this machine, which produce the final product, prepare it, and transform it into something useful.

After birth, if an individual sees a system devoid of rationality and relies on disbelief, atheism, and hypocrisy, Islamic teachings align that individual with a rational system that remains pure and continues to keep society organized in terms of human survival and eternal life. They require individuals to present this world as a model of paradise and to implement a system with sound reasoning, order, regularity, and discipline in every sphere of human life. God is neither interested in our acquisition of knowledge nor is He benefitted by our prayers, fasting, or alms. He seeks to create a harmonious and organized system that connects with every aspect of human life according to the laws of nature, providing psychological and emotional contentment to human beings. This system and method are part of the educational teachings of Islam and, when implemented,

bring prosperity to individuals, leading to the establishment of harmony in the various aspects of human society.

Whether it's about the etiquette and culture of using the restroom, earning a livelihood and managing economic expenses, men and women's relationships, or raising children and maintaining society, whether it's about making peace and reconciliation with the enemies of nature and logic or the subject of war, whether it's about establishing governance or serving the creation of God, Islam guides us in every aspect of life. It teaches us a way of life and ethics that leads to excellence and dignity. God is perfect and loves perfection. He detests lowliness and mediocrity.

Islam has made acquiring knowledge and wisdom a duty on individuals, both individually and collectively, encouraging them to achieve excellence. It has established social bonds based on ethical values and promotes love and peace. By connecting conscious individuals to governance and giving them the authority to govern, Islam corrects various aspects of society, including social, cultural, economic, and more.

Islam has laid down a path for obtaining halal earnings and spending, ensuring the fulfillment of material necessities and providing for the weak and destitute. It

has called upon society to fulfill these needs through zakat and alms. It has shown the way to overcome vices practically by creating an organized community in which people follow the leadership of a just Imam.

Through prayer, the Imam is alert to the needs of lower economic classes. Hajj allows for the adoption of the good aspects of international societies and promotes family ties and international understanding. Jihad is meant to prevent corruption and disorder in the system and encourages reform. Whether in the educational system, customs and culture, or any other field, the purpose of the religion of nature, which is the system created by God, is to bring humans to their highest development and perfection.

If a person goes against the system and seeks success, nature will likely reward them with failure. In the path to reaching higher levels, encountering difficulties and trials from the guardians and protectors of God is guaranteed. Taking encouragement with patience and perseverance in God's way ensures success, even though it might not be apparent. God is not limited to the apparent; His true power can be witnessed by inner insight.

While God is the Most High, the responsibility of reaching perfection rests on human shoulders. By following the natural laws of Islam, humans can reach the highest peaks of material, scientific, cultural, social, and political development. If a person wishes for success

against the system, they will likely receive the mark of failure from nature. But God and His saints can assist in reaching these high levels. Only those who act upon the natural laws of Islam will be entitled to enter paradise on the Day of Judgment. May God grant us the ability to become His sincere servants and grant us the success and fulfillment of both our worlds.

"And whoever strives only strives for [the benefit of] himself. Indeed, Allah is free from need of the worlds." (Quran, Surah Al-Ankabut, Verse 6)

We pray to the Lord of all the worlds that He enables us to serve His creation with sincerity and grant us the ability to achieve excellence in both our worlds.

The Metaphysical Aspect Of Science

1. The initial degree is that the thing under discussion is directly observable and experienced by us. For example, a person claims that "there are worms in the water." At first glance, this seems like a strange claim. However, when we use a microscope to observe a water droplet, we can actually see that there are numerous tiny worms inside.

2. The second degree is when the claim is not fully observable but certain aspects (PATCHES) of it are shown. For example, the claim that "the Earth is round" cannot be directly observed in its entirety in human experience. However, some parts of its roundness can be seen without a doubt. For instance, when an aircraft ascends and captures an image of the Earth with a long-range camera, it appears round just like the moon. However, it is evident that this roundness is a part of it, not the whole.

3. However, the significant facts obtained from such observations are very ordinary facts about this world. These observations do not lead to any meaningful reality. While our experience of the world indicates that it is full of countless meaningful facts, Islam sets a standard in every field of life, including manners, daily livelihood, the relationships of men and women, the upbringing of youth, and the path of peace and cleanliness, and calls for excellence and elevation of moral standards in every field. God is perfect and loves perfection. He dislikes lowliness and baseness. Islam has made the acquisition of knowledge and wisdom a duty on people to raise them individually and collectively, and it has established and strengthened social relationships through the keys of ethics and promoted love and peace.

By empowering conscious individuals associated with divine authority, the system of social, cultural, economic, etc., fields has been placed on the right path. Obtaining and spending halal income has provided for the fulfillment of material needs in society and prepared for the support of the weak and helpless. With the contribution of Zakat and Fitr, it has provided the means to fulfill the requirements of the weak and helpless individuals.

By putting the Islamic prayers into practical application against evil in the field of practical activity in a campaign, under the leadership of Adl Imam, the united community has been summoned to stand for it, reducing the economic disparities of the population compared to fasting, and fasting less than the economically lower classes has been discouraged. It has provided land for them to fulfill their needs. Hajj has shown the good aspects of international communities and promoted the peace of kinship and relationships, and shown the way to make minds international and understand each other's issues and solutions. Jihad has focused on restraining and reforming factors that cause corruption in the above-mentioned system and order, whether it is the educational system, customs and culture, etc.

The purpose of the natural religion, that is, the system and system created by God, is to reach man to the

utmost perfection of human civilization. If a person goes against the system with the desire for success, nature will give him the mark of success, near or far. God and His saints certainly help to take courage and strength from the toils and trials that come in these advanced stages of development. It is the responsibility of human beings to reach the utmost perfection on this advanced journey. The person who has achieved compliance with the natural laws of Islam by adhering to them in every field of life, ethics, and politics, or in other words, presents human society as a model of paradise, they are the rightful heirs of entering that paradise, which the generous Lord has prepared for such believers after the Day of Judgment. Insha'Allah.

"And whoever strives only strives for [the benefit of] himself. Indeed, Allah is free from need of the worlds."

(Quran, Surah Al-Ankabut, 29:6)

A prayer to the Lord of the worlds is that He grants us the ability to serve His servants with sincerity and allows us to achieve such success that encompasses the happiness of both of our worlds.

The nature of scientific evidence is such that the connection between the claim and the evidence is merely an inferential connection, not an empirical or observational connection. The logical inference that

results from direct experience and observation can be scientific in its nature as well. (Ibid, Page 19).

Regardless of how many scientific theories are accepted, the fact remains that none of them is directly observable but have been established based on external experiments or observations. Here, the experiment and theory that connects both is essentially deduction - self-experiment and observation. Scientists' assertion that the flow of electrons is electricity is not derived from direct observation but from inferences drawn from external experiments or observations. This means that, at least according to this criterion, scientific theories themselves are also inferential hypotheses.

Source: "Religion and Science" by Maulana Wahiduddin Khan, Pages 10 and 11.

World and Examinations

And We will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient who, when disaster strikes them, say, "Indeed we belong to Allah, and indeed to Him we will return." Those are the ones upon whom are blessings from their Lord and mercy. And it is those who are the [rightly] guided.

This world is like a field where we sow the seeds of our own paradise or hell. We reap the results of our actions,

and some results are experienced in this world, while others will be reaped in the world to come, which is the eternal life. This world is a place of action, where we must complete our actions, and the hereafter is where we will reap the harvest of those actions.

Examinations and tests are meant to assess us as long as our souls are within our bodies. We can evaluate and measure ourselves and our deeds through these tests, which may be apparent or hidden. When I am healthy, I must meet the health requirements of my body; if I don't, I may fall ill. Tests and examinations seem like punishment, but they are actually meant to strengthen our resolve and determination, preparing us for the challenges of the next stages.

Some tests are taken for specific purposes in human life, such as exams for jobs or admissions to schools or universities. Every moment of life, every hour, every minute, every second, and every breath we take is a test. Life in this world is full of tests, other than the exams. We must see, and Allah sees and hears what we do. We perform the actions that we love, and behind this love lies knowledge, which leads us to the realization of our actions with love and humanity, and then we flourish in carrying them out.

Our religion is a complete code of life. It provides guidelines and etiquette for all situations and cultures. It helps us understand the benefits and drawbacks of different actions and choices.

The social life of this world is dependent on several fundamental areas of development, such as knowledge and wisdom, culture and civilization, social life, economics, and politics. Every person is connected to these areas, whether consciously or subconsciously. Religion teaches us to adopt good morals in these areas and live life in the best possible way.

Just as a person passes through various developmental stages within their mother's womb to prepare for coming into this world, similarly, there are certain preparatory stages set by the Creator for a person to transition from this world to the world to come. These tests and examinations are meant to shape and prepare us for a better world, where the results will determine whether we end up in paradise or hell. A believer should aim for the attainment of the hereafter along with the visitation of Imam Mahdi (peace be upon him).

All these trials and tests are a great mercy from Allah, providing us with opportunities to rectify ourselves before facing death. Allah tests humans in various ways,

sometimes through economic difficulties, sometimes through spiritual and moral trials, sometimes through others, or even through the abundance or scarcity of offspring, among other things.

Do you think that you will enter Paradise while Allah has not yet made evident those of you who fight in His cause and made evident those who are steadfast? And you had certainly wished for martyrdom before you encountered it, and you have [now] seen it [before you] while you were looking on. (Quran, Surah Al-Imran, 3:143)

Sometimes, hearing and seeing, feeling and speaking are all tests. We created man from a mixture of the sperm drop so that We may try him, and for this purpose, We made him hear and see. (Quran, Surah Al-Insan, 76:2)

This trial is present in both worldly pleasures and sorrows. And raise not your eyes toward that by which We have given enjoyment to [certain] categories of the disbelievers, and do not grieve over them. But lower your wing to the believers. (Quran, Surah 15:88)

Sometimes the test and examination come through oppressive rulers. Recall when We saved you from the people of Pharaoh, who afflicted you with the worst

torment, slaughtering your [newborn] sons and keeping your females alive. And in that was a great trial from your Lord. (Quran, Surah Al-Baqara, 2:49)

Sometimes the test is through adversity and hardship. You will surely be tested in your possessions and in yourselves. And you will surely hear from those who were given the Scripture before you and from those who associate others with Allah much abuse. But if you are patient and fear Allah - indeed, that is of the matters [worthy] of determination. (Quran, Surah Al-Imran, 3:186)

Tests can also come from friends and acquaintances. Have you not considered those who were told, "Restrain your hands [from fighting] and establish prayer and give zakah"? But then when fighting was ordained for them, at once a party of them feared men as they fear Allah or with [even] greater fear. They said, "Our Lord, why have You decreed upon us fighting? If only You had postponed [it for] us for a short time." (Quran, Surah At-Tawbah, 9:16)

Jealousy is also a test in this journey. It is He who has made you successors upon the Earth and has raised some of you above others in degrees [of rank] that He may try you through what He has given you. Indeed, your Lord is swift in penalty, but indeed, He is Forgiving and

Merciful. (Quran, Surah Al-An'am, 6:165) Regarding the period of political turmoil and trials, Imam Ali (peace be upon him) has said: "In times of turmoil and trials, be like a two-year-old camel, not having a strong back for riding nor being able to provide milk." In this context, it means being cautious and not getting deeply involved in the chaos and troubles of political conflicts.

In the context of the challenges of the end times, Imam Ali (peace be upon him) mentioned: "In these times, the best person is the one who is 'Al-Nawmati.' He was asked, 'What is Al-Nawmati?' He replied, 'A person who is recognized by others but is not recognized by them.'" This indicates that during challenging times, being humble and not seeking recognition or fame is a virtue.

Islamic teachings emphasize patience and forbearance during trials sent by God. Imam Ali (peace be upon him) has said: "Patience is the measure of suffering itself, and the action at the time of suffering strikes off the reward." In other words, patience loses its reward when one expresses impatience during adversity.

In challenging times when there are trials, there is also an emphasis on patience and reliance on God. Imam Ali (peace be upon him) has said: "Patience is chastity and cleanliness over desires. Anger, patience in success, and

patience in adversity are success, and patience in calamities is piety".

There is also a distinction between trials and personal hardships. Imam Ali (peace be upon him) was asked about the difference between them, and he replied: "Trials come from God, while hardships result from one's own doings." He further explained that when one turns to God and remembers Him during hard times, it is a trial, but when one reacts impatiently and forgets God, it becomes a hardship.

Our attitude towards trials and difficulties should always be one of resilience and a warm welcome. Difficulties, when faced at the right time, automatically become easier. During such times, we should remain engaged in prayer and supplication. We should also remember that many of our difficulties are the result of our own actions, and as our practical experience increases, these difficulties become easier to overcome.

"O our Lord! Lay not upon us a burden like that which You did lay upon those before us! Our Lord! Put not on us a burden greater than we have the strength to bear. Pardon us and grant us forgiveness. Have mercy on us. You are our Mawla (Patron, Supporter, and Protector,

etc.) and give us victory over the disbelieving people." (Quran, Surah Al-Baqara, 2:286)

Domestic and Societal Issues and Their Solutions

We are not immune to mistakes, but we all make mistakes. The chosen ones are innocent, so considering someone innocent even after committing a mistake is a mistake in itself. If a person, leaving behind their desires and comforts, engages in fundamental tasks for solving the world's problems, then other mistakes, whether they are one's own or others', can be forgiven. Hope is from God. No one is perfect. It is essential to understand that when you or someone else is putting in their best efforts, but the issues are not resolving, it's left to God, and you should forgive yourself and others. At the very least, you should overlook them.

Imam Ali (RA) said: Weaknesses are found in people anyway, and it's our responsibility to hide their faults. Beware, do not reveal the fault that is not evident in front of us. Our responsibility is merely to correct the faults and make judgments about the absent. People, for the sake of jealousy, tend to unravel other people's faults. Break every knot of animosity, and cut every rope of enmity. If something is not clear to you, pretend to be ignorant. And do not hastily act when you receive

information about someone, for the deceitful are always deceitful, even if they come dressed as sincere people. (Nahj al-Balagha - Letter 53)

Indeed, your Lord is vast in forgiveness for them. He is well aware of your circumstances even when He created you from dust and when you were in the womb of your mothers as fetuses. So, keep yourself as pure as possible, which means you are aware of your purity. (Surah Najm - 32)

During this reformative struggle, prayer and supplication are also essential. The result of constructive work does not come instantly. This world is not a place to get a perfect outcome. This world is not about taking the perfect route. This world is a place of tests to see who is putting in more effort and to whom the tests come. In this world, perfection is not the objective. The real purpose is to make sure that you are making the correct efforts on the correct path. The difficulties and calamities come as built-in tests from God, so that God wants to purify His subjects through them and enable them to progress.

And We will surely test you until We make evident those who strive among you [for the cause of Allah] and the

patient, and We will test your affairs. (Surah Muhammad - 31)

There is no place for those who cry and wail. This is the law of this world, that those who endure difficulties and hardships get better. This is the law of this world, that those who endure difficulties and hardships get better. Therefore, beware of complacency. Tribulations provide the opportunity for the people to improve and move forward. Tribulations lead people toward success.

Do not grieve. Do not be distressed when you have strong faith and are on the right path. (Surah Aal-E-Imran - 139)

Paradise does not come from living in comfortable homes or AC rooms, but through struggle, sweat, wounds, bruises, and difficulties. Look into history; you will find that bright faces are seen from those who endured hardships and struggles.

Do you think that you will enter Paradise while such [trial] has not yet come to you as came to those who passed on before you? They were touched by poverty and hardship and were shaken until [even their] messenger and those who believed with him said," When is the help

of Allah?" Unquestionably, the help of Allah is near. (Surah Al-Baqara - 214)

As long as a corrupt system rules the world, even family and domestic lives cannot provide contentment. The only solution to eliminate the corrupt global political and economic system is a gradual process of education and upbringing. However, the current educational system is also tainted with corruption. Therefore, we must move forward while taking relevant intellectual and scientific material in parallel. Hence, we need to continue the struggle to replace the system, especially those who become distressed over small difficulties. They should believe that robotic and mechanical life will make our existence illegitimate, and despite intense efforts, economic issues will continue to affect our mental, social, and domestic lives, and we will all lead futile and ineffective lives .

Brothers and sisters, we should ignore or react with this mindset. Corruption is everywhere in the present world, and society has deviated from its natural order. When we maintain this mindset, we will strive for the betterment of the system and overlook the mistakes of people. Certainly, you will be tested with your wealth and yourselves, and you will hear much abuse from those who were given the Scripture before you and from those who associate others with Allah. But if you are patient

and fear Allah - indeed, that is of the matters [worthy] of determination. (Surah Aal-E-Imran - 186)

Until the divine system of leadership is not established, problems will increase in the world instead of diminishing, and they will continue to grow. The main reason for this is the defeatist attitude of good and righteous people who either migrate to the flashy and corrupt side or abandon their objectives. These actions might provide temporary peace but ultimately strengthen the oppressors, and the consequences will be ever-increasing issues. Luxuries, comfort-seeking, and living a life of ease in this world are viewed as rebellion in the eyes of God. We should aim to make these our tools rather than objectives and should aim to attain satisfaction and contentment for all of humanity. So, everyone can serve God's religion with peace and ease in accordance with the best manner. In today's global society, all the problems stem from human beings. Therefore, for the reformation of this global system, we must begin from ourselves. As long as we do not feel our responsibilities and the rights of others, there will be obstacles in the establishment of the global system of leadership. And until the institution of leadership is not established on a global scale, it is everyone's duty to strive for its establishment and to endure difficulties for success.

Striving for this goal, apart from the struggle for any action or field, is futile and every such effort is stressful, filled with stress, depression, and psychological disorders, and so on. But when we strive with the intention that there should be an establishment of leadership in the world, if we perish, we will leave behind great traditions and excellent methods for future generations. This is more valuable than being a resident of a corrupt system that is worth less than a rupee. Today, the test for the people of the modern era is to see who endures difficulties, calamities, misfortunes, and afflictions in their efforts to establish the system of leadership and remains unwavering in their goal. Such a person becomes even more steadfast in the face of every difficulty and adversity, strengthens their resolve, and enhances their determination and power. They rectify each other's mistakes and shortcomings, and truly, if they are capable of reform, or if they are corrupt due to the current corrupt system, they ignore them .

And indeed, We will test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient. Who, when disaster strikes them, say, "Indeed we belong to Allah, and indeed to Him, we will return." Those are the ones upon whom are blessings from their Lord and mercy. And it is those who are the [rightly] guided. (Surah Al-Baqarah - 155, 156, 157)

The root of all small and large issues lies in the corrupt system's governance of the world. Therefore, without striving to replace it with leadership, acts like prayer, fasting, pilgrimage, visits, and so on, are all in vain, as stated by Imam Masoom. May we not engage in these acts, but rather, we offer them in the mouth of the Imam's command. (Wasail al-Shi'a, Book of Purity, Chapter 29)

We pray to our Lord that God grants all of us further successes in our efforts with good intentions towards this goal and makes us all sincere servants, deserving of His paradise.

Our Lord! Do not impose blame upon us if we have forgotten or made a mistake. Our Lord! And lay not upon us a burden like that which You laid upon those before us. Our Lord! And burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people. (Surah Al-Baqarah - 286) Amen, O Lord of the worlds.

Laws of Causes and Effects

We, as Muslims, are to a great extent trapped by mental, psychological, and spiritual delusions. We spend our entire lives waiting for spiritual miracles and often forget that even Prophet Moses was the Khalil of Allah, who could split the sea with his staff, but he couldn't alter the laws of causes and effects for his people. Prophet Jesus could raise the dead, but he couldn't overcome the material resources of the Roman Empire. Prophet Muhammad, Allah's last and beloved prophet, faced the same challenges as he had to manage material resources such as swords, horses, finances, food, and clothing.

They defended themselves, fought battles, threw stones on their enemies, made treaties, and managed livelihoods. They also corrected each other's mistakes and shortcomings, and if there were corrupt systems, they didn't overlook them. If a correction was possible, they pursued it, and if it wasn't, they acknowledged the transgressors.

And we will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient. Who, when disaster strikes them, say, "Indeed we belong to Allah, and indeed to Him we will return." Those are the ones upon whom are

blessings from their Lord and mercy. And it is those who are the [rightly] guided. (Quran 2:155-157)

All the small and big issues are a result of the corrupt system governing the world. Therefore, without struggling to replace that system with the leadership of Imamat (divinely appointed leadership), prayers, fasting, Hajj, Ziarat, etc., are all in vain, as per the saying of Imam Masoom (AS).

We pray to our Lord to grant us more success in our struggle for this goal with pure intentions and make us deserving of His paradise .

Our Lord! Do not impose blame upon us if we have forgotten or made a mistake. Our Lord! And lay not upon us a burden like that which You laid upon those before us. Our Lord! And burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people. (Quran 2:286)

In the universe, there are some principles that are constant, meaning they do not change, and some principles that are variable. Here, there is no compulsion of nature; rather, humans have complete freedom to

immerse their lives in either hell or to overcome difficulties, troubles, and the consequences of sins with determination and courage.

It should be ingrained in our minds that we cannot determine what we can or cannot do until we push ourselves to our limits. Continuing on this path, I would like to urge all Muslims to manage their circumstances to protect themselves from the current COVID-19 disease and to overcome all kinds of hardships, troubles, and trials with patience and reliance on the means, which are in accordance with the Sunnah and due to our consciousness!

Godspeed in a God-pleasing life and the journey towards God-pleasing goals and success in material and spiritual (psychological) aspects. These difficulties, troubles, adversities...

1. Divine stages are actually part of God's plan, which every human faces in every new stage, and sometimes in some places or some mental structures are naturally difficult. Such as the land of Karbala, where every prophet and every saint had to struggle with difficulties.

2. Exaggeration, laziness, sluggishness, seeking comfort, seeking comfort, indulgence, overstepping, failing to maintain balance due to the consequences of our own actions.

3. Unawareness and lack of insight, excessive understanding of our and our enemies beyond the means provided by God to believers. It results in adversities and problems that are created under the scheme of mutual enemies and enviers.

For the solution of these adversities...

1. Great patience and perseverance, frequent supplication and reliance, frequent mourning and forgiveness.

2. Awareness and prudence, balanced action.

3. Efforts to obtain knowledge in abundance, consultation with scholars and scientists, hard work, determination, wisdom, reflection, and reasoning, non-exhaustive, timely, and immediate action and effort.

All these are essential for the causes...

The first type of difficulties are not really difficult, but these are events that occur according to the divine laws of the universe, which seem difficult to humans if they are not familiar with them, they seem like punishment. However, at this stage of trial, only patience, endurance, supplication, and reliance are needed, and they change easily according to God's grace and mercy.

However, the other difficulties are truly difficult, and the entire responsibility for this lies with the individual. So if a person is alone and trapped, he or she must first take it upon themselves to engage in frequent mourning and seeking forgiveness, as well as practical efforts and measures to overcome difficulties. However, it is also necessary for people around him to cooperate with his religious brother to get out of the difficulties, and if a group or class or whole society is trapped, everyone should strive with the help and cooperation of each other.

We pray to the Lord of the worlds to strengthen our backs, courage, and strength in our difficulties, troubles, and trials, and to increase us in the success of following Islam. May our Lord and Master, Imam al-Zamana (peace

be upon him), make us familiar with the life that we need in the presence of our Lord. Amen, O Lord of the worlds.

Narration And Knowledge

Imam Ali (peace be upon him) says, "Understand knowledge through reasoning, not through mere narration".

He also says in another place, "Those who understand knowledge are very few".

The Quran is also a narration; Hadith is a narration. By narration, we mean conveying, copying, hearing, seeing, or reading something in the same words.

In simpler terms, understanding knowledge through reasoning means comprehending it based on logic, philosophy, and experience, which is the standard accepted by science and reason.

Time, place, and individual characteristics are not the same everywhere and every time. Therefore, for all people, at all times, and in all places, there cannot be a single statement or command.

In general, a command, advice, decision, or intention can apply to all, just as the prayer is obligatory for everyone, at all times and in all places. However, when a person's individual and personal circumstances and qualities change, the details of the command also change.

Holiness, love, and the unseen have no limit.

With the increase in knowledge, holiness continues to evolve in cognition, love in reality, and witnessing the unseen in perception. This is a constant natural progression with no limits.

After experimentation and thoughtful contemplation using a scientific approach on objects, it is necessary to apply knowledge for the betterment of humanity.

The hadith of the Quran and the sayings of the Imams (peace be upon them) that revolve around the essential needs of the spiritual and material aspects, both in this world and the hereafter, must be understood in a modern scientific way.

Human beings and human society, which is the center of Islamic regulations, should also be the center and core of scientific branches according to the classification of modern times.

The eternal benefit and self-satisfaction of human beings should be the center.

The mention of piety and abstinence is also an explicit matter. It means keeping away from actions, thoughts, and feelings that do not correspond to the goals of reaching there .

Knowledge and wisdom must be in accordance with scientific principles. It should be recognized that

emotions, desires, and whims will not decide right and wrong .

It should be understood that there is a limit to imitation; one cannot become a mujtahid (an Islamic scholar capable of making independent legal judgments). This is something that every person with insight must understand.

This is a means that every person with insight must know and be sensitive to .

Gathering a thousand narrations and references on a subject is easy, but connecting these narrations and references to the requirements and significance of modern issues and finding solutions to contemporary problems cannot be done without a scientific approach and critical thinking.

Married life! Recreation or responsibility?

"Jokes, humor, and other such matters about wives and other women have been spread by the agents of Satan, the Illuminati, and immoral capitalists so that young men and women become suspicious of marital bonds and sacred relationships, giving rise to casual relationships in which Zionist sexual businesses thrive. Women's weaknesses and imperfections have been a significant reason for involving them in unrelated tasks. Men and women, indeed, all humans, have been entangled in the corporate culture, affecting not only humans but also

domestic animals and wildlife. We should not unjustly burden women with men or men with women, which is neither allowed by the law nor by reason. Until justice is established, and the world adopts a system of leadership and justice, we should not expect complete care and protection from our righteous and oppressed hardworking rights advocates.

If an electrical engineer is given the job of a civil engineer, he will not only lack intelligence but also be totally distracted, or if a heart specialist is put in the place of a dermatologist, he will also become a fool.

The modern era has promoted a social culture of evil where every individual is immersed in unnatural and unreal circles. As long as these satanic and diabolical cycles are not eliminated, global society will continue to suffer from various problems, including the issue of family systems.

Husbands distressed by their wives' or wives distressed by their husbands' words are also troubled by life. Distress is a part of responsibility. Those who consider their wives as a burden should also consider life as a burden, along with children and financial struggles. Life is not just about indulgence and comfort; it also comes with difficulties. Stay connected to God, remain religious,

have patience, work hard, and do not expect your rights until the day when justice takes its place in the world and the system of leadership and justice is established for both our own and the believers' rights.

Prepare for the next stage of responsibility, which is a test paper given by God, by keeping an open mind, focusing on the bigger picture, and not making a fuss about small matters and issues. In the dark darkness of Zionism, become each other's source of light and help, become each other's supportive and encouraging companions, express gratitude; being made responsible by God is an opportunity and virtue.

Marriage life is a responsibility given by God to promote a new society. Feel the delicacy of it, or else crying, complaining, and arguing can make the next stages of life even more difficult. Increase your courage and abilities, pray and seek God's help, and make an effort to take on more responsibilities.

God is our protector and supporter."

Core Knowledge of Using Magic to Create Change

First, you have to have energy to work with, the stronger, the better. The stronger your own energy, the more energy you will naturally be able to raise, direct, and

handle. The more experienced you are, the easier this becomes. All of this is like working a muscle. The more you work with it, the stronger it becomes. You raise the energy and should feel it strongly, throughout your entire body. The muscle is not a physical but an etheric muscle. You can feel and direct the energy more strongly with your feeling.

The second step is to program the energy. Program means you must tell it what you want it to do. Energy all by itself is pretty much neutral and inert. You must use what are called "affirmations." "Affirmations" are short, to the point phrases in the present tense that are repeated to program the energy. They are the programming commands that you insert into the matrix of reality to manifest the desired outcome. Affirmations themselves are the intention. Programmed energy is what causes changes in reality.

The third step is to direct the energy. You do this through visualization. Energy using positive magick should be visualized as a white-gold light, shining brilliant like the Sun. You need to visualize this brilliant energy either around your entire self and/or around whatever it is that you want. Visualize in your mind whatever it is occurring now and visualize the energy lighting it up. The actual visualization of energy is what creates and move energy in the etheric realm. This truth is revealed in magical knowledge.

The secret of wealth is consciousness of wealth. In order to experience abundance, you have to be abundant. Abundance is your true nature, and when you think, act and live according to it, you will manifest abundance. The rich in mentality get richer while the poor in mentality get poorer. The accumulation of material wealth begins with wealth consciousness. Pursuing spiritual development before working on wealth creation is the key to attaining both inner and outer riches. The outer is reflection of inner...

The secret of health is consciousness of health. Disease is a lack of ease psychologically and physically. Conflicting thoughts and feelings in your consciousness is what causes this state of distress. When you notice yourself becoming sick, watch for conflicting thoughts that have arisen within your consciousness and resolve them. Either push them all one way or the other, or find a way to hold them in a harmonious way. External remedies only cure symptoms but dealing with consciousness cures at root...

The secret of secrets is the consciousness of secrets. All the truths about life are not secrets, but they are hidden from us due to our ignorance. By thinking about the discovery of truths as a search for the secrets, we motivate our subconscious mind to go on a treasure

hunt. The greatest treasure in this world is wisdom, and life is to be played as a treasure hunting game. Treasures are meant to be appreciated and so when you think of truths as secrets, your appreciative mindset will draw them all to you...

The Secrets of Manipulating Time with Consciousness

Time in the physical universe is imaginary because you are not traveling in a single timeline towards a single temporal future version of the universe. There are multiple time streams ahead where the physical universe can travel towards. All these time streams exist in superposition in connection with our physical present. In the etheric realm we can observe many versions of space but only one version of time. In the physical world we can observe many versions of the future but only one version of space...

It is the point of choice that creates probable future universes. A choice is an alternative. The moment the condition of choice occurs; the time stream is split into two or more separate time streams. Each probable future universe communicates with our physical present through emotion. The stronger a probable future is, the stronger we feel the pull towards choosing it. This can be good if it is the future we want. But in cases where it isn't

so, we need to use will power to choose a different probable future…

When we deliberately think upon a desired probable future, we put in energy and thereby making it stronger. Soon, the pull towards it becomes the strongest, and by law of attraction our present physical universe would be pulled in its direction. That is why to be a conscious creator of our reality is to create deliberately. It is not enough to choose positive thoughts and feelings. We must also choose them in the face of conflicting signs and contradictory circumstances. Such is the power of willful intentions…

People Can Draw Energy From Other People The Same Way Plants Do

by Michael Forrester

A biological research team at Bielefeld University has made a groundbreaking discovery showing that plants can draw an alternative source of energy from other plants. This finding could also have a major impact on the future of bioenergy eventually providing the evidence to show that people draw energy from others in much the same way.

Members of Professor Dr. Olaf Kruse's biological research team have confirmed for the first time that a plant, the green alga Chlamydomonas reinhardtii, not

only engages in photosynthesis, but also has an alternative source of energy: it can draw it from other plants. The research findings were released this week in the online journal Nature Communications published by the renowned journal Nature.

Flowers need water and light to grow and people are no different. Our physical bodies are like sponges, soaking up the environment. "This is exactly why there are certain people who feel uncomfortable in specific group settings where there is a mix of energy and emotions," said psychologist and energy healer Dr. Olivia Bader-Lee.

Plants engage in the photosynthesis of carbon dioxide, water, and light. In a series of experiments, Professor Dr. Olaf Kruse and his team cultivated the microscopically small green alga species Chlamydomonas reinhardtii and observed that when faced with a shortage of energy, these single-cell plants can draw energy from neighbouring vegetable cellulose instead. The alga secretes enzymes (so-called cellulose enzymes) that 'digest' the cellulose, breaking it down into smaller sugar components. These are then transported into the cells and transformed into a source of energy: the alga can continue to grow. 'This is the first time that such a behaviour has been confirmed in a vegetable organism', says Professor Kruse. 'That algae can digest cellulose contradicts every previous textbook. To a certain extent, what we are seeing is plants eating plants'. Currently, the scientists are studying whether this mechanism can also be found in other types of alga. Preliminary findings indicate that this is the case.

"When energy studies become more advanced in the coming years, we will eventually see this translated to human beings as well," stated Bader-Lee. "The human organism is very much like a plant, it draws needed energy to feed emotional states and this can essentially energize cells or cause increases in cortisol and catabolize cells depending on the emotional trigger."

Bader-Lee suggests that the field of bioenergy is now ever evolving and that studies on the plant and animal world will soon translate and demonstrate what energy metaphysicians have known all along — that humans can heal each other simply through energy transfer just as plants do. "Human can absorb and heal through other humans, animals, and any part of nature. That's why being around nature is often uplifting and energizing for so many people," she concluded.

Here are five energy tools to use to clear your space and prevent energy drains while releasing people's energy:

Stay centered and grounded. If you are centered within your spiritual self (instead of your analyzer or ego) you will sense right away when something has moved into your space. If you are fully grounded, you can easily release other people's energy and emotions down your grounding cord with your intention.

Be in a state of non-resistance. What we resists sticks. If you feel uncomfortable around a certain person or in a group, don't go into resistance as a way to protect yourself as this will only keep foreign energy stuck in your space. Move into a state of non-resistance by imagining that your body is clear and translucent like

clear glass or water. This way, if someone throws some invalidation at you, it will pass right through you.

Own your personal aura space. We each have an energetic aura surrounding our body. If we don't own this personal space we are vulnerable to foreign energy entering it. Become aware of your aura boundaries (about an arms length away from your body all the way around, above and below) as a way to own your personal space.

Give yourself an energy cleanse. The color gold has a high vibration which is useful for clearing away foreign energy. Imagine a gold shower nozzle at the top of your aura (a few feet above your head) and turn it on, allowing clear gold energy to flow through your aura and body space and release down your grounding. You will immediately feel cleansed and refreshed.

Call back your energy. When we have our energy in our own space there is less room for other's energy to enter. But as we focus on other people and projects we sometimes spread our energy around. Create an image of a clear gold sun several feet above your head and let it be a magnet, attracting all of your energy back into it (and purifying it in the gold energy). Then bring it down through the top of your aura and into your body space, releasing your energy back into your personal space.

Seven Dimensions of Existence in Our Universe

Seven Dimensions of Existence in Our Universe

Time and Heaven have a direct relationship. Here is a simple outline of what I mean by this:

The 7th Dimension:

God. The Great 'I AM'. The Trinity; far above all the heavens – Creator. God alone is independent of space and time. Deuteronomy 10:14 tells us: "Behold the heaven and the heaven of heavens is the Lord's your God; the earth also, with all that therein is."

The 6th Dimension:

The Apostle Paul was caught up to the 3rd heaven, to the Kingdom of Heaven (2 Corinthians 12:1-7). Here Paul experienced the Fullness of Time – all three dimensions of Time. Paul was taken up to the 3rd heaven – to the 6th dimension with three dimensions of space and three dimensions of time.

The 5th Dimension:

Mid-heaven, the 5th dimension, is an unstable region of Principalities, Powers and Angelic warfare. Like most wars, the battle isn't raging everywhere at all time but it's regions and realms are tenuously held by opposing forces, whose streets are dangerous to walk in; Powers, Thrones, Dominions and the foolish operate in the 5th dimension. Mid-heaven – three dimensions of space and two dimensions of time.

When Lucifer and perhaps one-third of the Angels were banished from the Kingdom of Heaven, scripture tells of their fate: 'thou shalt be brought down to hell, to the sides of the pit.' (Isaiah 14:9-16 KJV); Jesus further said 'I beheld Satan as lightning fall from heaven' (Luke 10:18); and finally they were 'cast into the earth' (Revelation 12:7-9). Still powerful beings operating in two-dimensional time but for them the fullness of time was no more. They collapsed into an area best described as mid-heaven. Roaring and raging, no longer free to roam amongst the stars and The Kingdom; constrained with limited access to the heavens and Earth. To us here on Earth they would appear as glorious beings filled with light. But to those of The Kingdom of Heaven, they would be shadow beings of their former selves.

The 4th Dimension:

The sky and the stars just over our head are the 1st heaven. Our day to day life or work and activity is in what physicists call the 4th dimension – 3 dimensions of space and 1 dimension of time. The 4th dimension is our "material" or "natural" world.

When the first Adam hid from the Voice of God in the garden and sinned, his spirit man collapsed into one dimension of Time. No longer could Adam or his children carry the Voice and Presence of God within them. The fullness of time and eternity would have to wait for a kinsman redeemer.

- The Seventh Dimension (J.R. Miller)

"You will hear singing like you have never heard. You will hear sounds that are not earthly. They will be coming

from another world, that world, that though you do not believe that it really exists, it's the most real, the most powerful, the most majestic, and the most beautiful of all the worlds. I'm going to put on scenes in the dimension that is literally greater than the dimension that most speak of today—the 4th Dimension. There is a 7th Dimension that I am going to make known saith The Lord of Hosts."

- Prophesy by Jeanne Wilkerson, Spring 1983

"About 1 1/2 years ago I heard God three mornings in a row…before sunrise…it was in Understanding and not audible. I was looking toward my building and the second floor and understood "Count Them, what do you see"..I said "I See Seven"…but seven 'what'? Levels of Existence! But they are not 'levels' as they are all worth the same so it was not a hierarch of one being 'better' than another as we understand it. Since then, I noticed in Kings that there are six steps up to the Throne..seven is all through the bible. But one more…I hadn't read the bible yet nor was even thinking in terms of the person.man Jesus..only in terms of The Center and The Light…"
- Stephen Sponsler (Facebook Comment on Conscious Christianity Post 26 Jan 2014)

Integrated Psychology

Different Therapies and their filters

Freudian Psychology – through 2nd Chakra Lens and fight between ego, id and superego.

In humanistic psychology – everything seen through the lens of emotional body and the expression of feelings.

In Gestalt therapy everything viewed through the lens of pro-experience and anti-intellectualism.

In Alderian therapy, it's the lens of social psychology.

In family systems counselling it will be the lens of the family system and not the individual psyche.

In the teaching of Abraham Maslow, life is seen through the ideal of attaining peak experiences and self-actualization.

Someone involved with behavioristic psychology will see everything through the lens of positive and negative reinforcement, extinction of unwanted behaviors, and the effect of the environment for behavior.

The psychiatrist's lens is a medical model within which psychological problems are caused by an imbalance of chemicals.

To a nutritionist, everything is seen through the lens of nutrition.

Cognitive psychology uses the lens of the effects of thinking upon behavior, and so on and so on.

It is important to remember that all of these filters will distort perception,

Professions and Filters

Every profession trains its practitioners to have a filter.

A comedian sees everything through a filter of humor and how to build it into a comedy routine or just to make people laugh.

A lawyer sees things through the filter of an adversarial legal battle with a win/ lose orientation.

A business person works through the filter of making money,

while an artist does so through the filter of beauty, which ties into the effect of the rays, each of the seven major rays being a lens that affects the soul and monad.

A healer may look at everything in terms of energy, and a social worker through the filter of social implications.

A family counselor is focused on the family unity in terms of relationships and children.

An astrologer works through the astrological horoscope, and that is how all experience is organized.

As you can see we stack filters on top of filters on top of filters until very little if any light gets through. The ideal is to become crystal clear about which filters are affecting our consciousness, which means still being inclusive of accepting all filters as a part of the whole. The goal is to see through the lens of God, Christ / Buddha, and the Holy Spirit. This is the clearing work we are all involved

in, and is this process requires great introspection, self-examination, and vigilance. These filters, in a sense are archetypes.

The ideal is to integrate all of them and to use them all in their appropriate moment. We are always seeing through some kind of filter. The ideal would be not to overuse anyone but to have them all at one's disposal, and to understand them all, which gives us more compassion and understanding for others.

The danger is becoming so accustomed to viewing things through one filter / archetype that we forget that it's there and that it's distorting the rest of the visual image. We can become unconsciously locked into using a particular configuration of filters without realizing it. To truly achieve God consciousness, free from all filters, is a high goal to aspire to. At our level, just getting free of the planetary lens would be quite a spiritual accomplishment. In this regard a universal spiritual philosophy can be very helpful. All religions, all spiritual paths, all healing modalities, all forms of psychology, all nations, all cultures, all political systems, all Ascended Masters, and indeed all people become our teachers.

Every book, every poem, every song, and every artwork has been filtered through, and is the product of, a particular perception of life.

The entire world is a gigantic mismash of filters, some stressing feelings, some thinking, some intuition, some of the five senses, some the right brain some the left brain, others heaven, still others earth and so on.

- From Soul Psychology by Dr Joshua David Stone

Your Purpose in Life is to Work upon Yourself

"Your purpose in the Game, is to work upon yourself. To grow, develop, and transform yourself into a more positive and loving being. You had certain goals that you planned to achieve before incarnating here, which is a main reason for the veil of forgetfulness being in place, because if you already knew what your goals were, the Game would be too easy.

Look at the things in your life that you most love to do. Ask yourself what makes you most happy. Experience these things as often as possible, as they will be related to some of the things you chose to put into your Soul contract to do here.

Also, look at the negative things, that often seem to recur during your lifetime. It will be highly likely that these are also things that you chose to come here to work upon. Let us say for example, that you chose to come here to work upon patience during this incarnation. You will likely find that you have a tendency towards impatience, and that life will often bring many experiences to you, in order to 'test' your patience. The idea being, that rather than losing your temper, you work upon your impatience, and resolve to become a more temperate and patient Soul.

This same analogy may be applied to all manner of circumstances in which life will test you. Look for and begin to identify any recurring issues you have, that you perhaps struggle to deal with, and seem to present

themselves to you, time and time again. Perhaps anger, being abusive, selfishness, hatred, cynicism, and the list goes on. Whenever you find recurring circumstances, it is because you are being presented with opportunity after opportunity, to work upon these issues, until you get it right, and choose a way of behavior that is more Positive. Once you've successfully identified these issues within your life, worked upon them, and used them as the tools of transformation that they are, to improve the quality of your character, you will notice that these things seem to almost cease to appear in your life. You will still be presented with them at varying intervals, to check that you have not forgotten that which you have learned, but they will be fewer and far between.

I hope this may give you some clues as to how to identify the things you came here to do, and how to go about working upon yourself."

"Use all your Negative emotions as they arise, as the tools that they truly are. Train yourself to notice when Negativity arises in you. When you catch yourself projecting a Negative thought, remember that all thought is creative, and ask yourself if that is really what you want to create?

It takes a while to become proficient, but do not give up. Just keep noticing your Negative thought patterns as they arise, and in so doing, simply choose again, and select a response that is more Positive. It is called 'working on yourself', and is the main reason you have chosen to be here right now. To work upon yourself. I wish you well in your transformation process."

- The Hidden Hand (Channeling Lucifer – Sixth Density Soul Group)

How to Heal all Diseases with Source Energy?

"Sickness Is Not Because Cells Turned Bad. Sickness Is Because Cells Are Not Being Allowed Full Energy Response.

Everything is vibrational. The cells of your body are vibrational. You are an electronic being. Your wellness is about the transfer of Energy, (not different from electricity) from Universal Source to you on a cellular basis. You have many Energy points within your body. Sickness is not because cells have turned bad. Sickness is because cells are not being allowed the fullness of the Energy response. It's sort of like an electrical short.

Mending a physical body is the simplest thing in the Universe, because the cells are eager to transmit and receive. Universal Energy, or God Force, is eager to transmit and receive. And if the consciousness involved, which is the personality that you know as you, is in an open and receiving way, then those responses can be restored in the moment — in this moment!

People tend to think that illnesses are progressive: Something goes wrong, and then the sickness just becomes more and more and more. That is not what is happening. What is happening is: the sickness calls attention to something that causes more contradiction

or more resistance in the frequency. It is just in the moment.

You could be diagnosed with every deadly disease known to man — but you could be lying in your bed in a state of utter allowance, and allow the Energy of Source to flow through to the cells of your body — and you would have an instant healing! It is not about the body needing to rebuild. It's about opening the vibrational circuits. That is all that it is."

- Abraham Hicks (Source Level Vibrational Beings)

The Reason for All illness and the Recovery from it

"The only way illness can come is by blocking the flow of life force energy to the cells of the body. By concentrating very powerfully on health while going over what happened, you say to the cells of your body: 'I will not interfere with your process of sucking in as much life force as you desire, and in fact, I will powerfully amplify the life force energy that you are seeking, to restore balance to the cellular structure.' And so the cells are able to heal much faster than normal, because you are amplifying the flow of life force to them. This is how 'miracle cures' can occur: the powerful focus on wellness brings wellness, for that is the natural state for anything in the universe."

"When your foot hit the wood bench violently, your cells immediately began the process of restoring balance. However, the line of thought in which all humans are inculcated since birth says 'The time of healing will be proportional to the extent of the damage.' This stream of

thought is so powerful that humans take much longer to recover from injuries than they should!

We assure you that if you were taught from birth that the body is naturally healthy, that it has powerful abilities to draw forth healing life force energy at will, and that recovery from even serious injury can be rapid and complete, your planet would be filled with vital, happy and healthy people."

"The reason for all illness, and all recovery from illness, is the disallowance or allowance of life force energy. You can write that down as one of your laws which you are so fond of proposing! You may call this the Law of Well Being."

- Conversations with My Higher Self (Same Entity as Abraham Hicks)

"Everyone who is in need or desire of healing is already summoning all that is necessary from Source. They're already asking and Source is already answering. So that stream has already been established. But if you see evidence that they are not recovering, it means something that is going on with them is blocking the recovery. The cells know what to do, the cells are asking, and Source is answering, and so there must be some reason that the request and the solution are not accomplishing the result that you're wanting. And the answer is always the same: There is something going on in the thinking process that is vibrationally disallowing the cells from receiving the solution that they're seeking.

None of us need to channel a stronger stream of energy. That would only make matters worse. Our work is in finding the words or finding the example of life that causes the person to offer less resistance than they were before. To make them a little more hopeful, a little more believing, a little more focused in what they want, a little less focused in what they don't want. That is what a healer does, a healer influences wellness. And you cannot influence wellness by looking at illness. That's why doctors have made such a hard path for themselves. They go looking for trouble and they keep finding it. And when you are focused upon that, you can't find the solution. That is the problem with most healing, emphasis on what needs to be healed.

Well-being is downstream, healing is upstream, because healing is looking right at what needs to be healed and trying to push it away. Where wellness is ignoring what needs to be healed and flowing with the recovery that you are asking for, finding the feeling place of it. So the most powerful healer is the one who can visualize the wellness in the strongest of ways, and therefore convey vibrationally and verbally and in every other way your belief in the wellness. That is the power of a healer."

- Abraham Hicks (YouTube Video: Abraham Hicks – Holistic Healing)

"The idea of directing energy smacks a little bit of asserting energy, where everything is about attraction. So a healer that has a client that is not feeling well in some way who then asserts energy to the troubled spot. The advantage that they are giving is that in their

expectation of improvement, they could influence the client into a softening of resistance. But you don't need to assert the energy because the cells of the body of that person and the asking of that, in other words when you're sick you're asking for wellness in a stronger way than ever before, and the cells of the body are asking also. So a healer is not necessary to summon and direct energy. That body is summoning energy. The advantage of a healer is the soothing of the energy in order to cause the client to be more receptive to the energy that they are already asking for.

Sometimes that sensation of energy moving that you exaggerate causes their expectation of recovery to be stronger.

Studying reiki is a wonderful thing because as you actually viscerally feel your opening or closing to the energy, it's a wonderful thing."

- Abraham Hicks (YouTube Video: Abraham: Physically Direct Healing Energy?)

13 Signs of a toxic person you shouldn't ignore

1. **When they constantly compare you to others.** To make you feel inadequate or inferior.

2. **When they play the victim.** Always blaming you and others for their problems and never owning their actions.
3. **When they triangulate you.** Excluding you, talking behind someone's back, etc. Just treating you differently than others.
4. **When they gaslight you about your own memories and perceptions.** Making you doubt your own reality and yourself.
5. **When they constantly criticize you.** Making you feel like you can never do anything right. Especially when they bring up past mistakes constantly.
6. **When they make light of your feelings or experiences.** Ignore and label them as unimportant or trivial.
7. **When they invalidate your emotions.** Telling you that you're too sensitive or overreacting.
8. **When they make threats or ultimatums to control you**. So, they can use you for personal gain.
9. **When they pressure you into doing things, you're not comfortable with**. Especially with things that will bring more harm than good for you in the future.
10. **When they drain your energy and make you feel exhausted.** You do not feel energised whenever you're with them.
11. **When they violate your privacy or trust**. The root of all relationships is built on trust.

12. **When they make you feel unsafe or threatened**. Be guarded at all times. Real relationships should make you feel safe.
13. **Any other situation whenever they control, manipulate or be deceitful to put you down and take advantage!**

If you think you see any of these signs, take a step back and reflect.

You don't want their negativity to ruin your life.

Your life is precious. Don't live it the way others want you to. Live it the way you want to.

Well-Experienced People Sayings

1. Never compare your life with TV Dramas and Movies. Because these stuff are totally fake.
2. Never be sad for losing someone. No one lasts for long period of time. Even, you are going to lose your beauty, money and health with age.
3. Never underestimate failure. Only a failure gives you the proper perspective of success.
4. Never "Trust" easily on anyone. Because trust is the most expensive thing and so don't trust blindly. Even, your friends get jealous when they see your progress.
5. Never share your password of social media accounts, email, Internet Banking, and ATM pin\CVV number with anyone. Never!

6. Never get involved in sexual activities till you are not serious in your relationship.
7. Never believe on that girl\boy who have lots of relationship in their past. They can easily manipulate you by crying their bad past. (Exception is everywhere)
8. Never try to hurt your parents. They have lots of expectations from you.
9. In any situation, never think about ending your life. Even plants regrow leaves after one leaf shed.

4 Steps to Self-Actualization and Becoming the Best Version of You

By R. Kay Green

Why is it so difficult for people to accept who they really are? In a word, pressure. There's so much pressure — especially in today's hypercompetitive and hyper-informed society — for people to be something they're not. You get it from parents, from friends, from spouses, from television, from the Internet, from magazines, from advertisements you pass in the street, from nearly everything you see and do in any given day.

With all of the pressure that exists in today's hypercompetitive, hyper-informed society, how does one truly accept themselves holistically? As Abraham Maslow highlighted, we all follow our own paths, it matters only how completely we dedicate ourselves to

achieving the personal and psychological greatness that lies at the top. At the top of the self-acceptance pyramid lies the concept of self-actualization.

With self-actualization, you achieve expert control of your creativity, spontaneity, and problem-solving skills. You have assumed a comfortable and sensible morality. You operate with the ability to separate fact from fiction, while eliminating prejudice. It is, in its own way, the clearest definition of what it means to be enlightened as a person and as an entrepreneur.

The first part of self-actualization is accepting your true self, but the second part is understanding that the journey has no end point. To self-actualize, you must always strive to expand your horizons as a human being. To achieve success, you must always seek it. The potential to self-actualize is something that lies within us all. You must only make yourselves willing to progress and then take the steps necessary to unlock that self-actualization. Having stated this, here are four important steps to consider on your path to self-actualization:

1. Stop measuring yourself against others.

Most of us have the tendency to measure our self-worth by comparing our accomplishments and abilities to those of the people around us. If you want to see how you're doing, the easiest way is to see how you measure up with your counterparts. It's the surest way to demonstrate how far along are you on the path to achieving success. If you're farther than others, you deem

yourselves achievers. If you're not, you tend to stress and work on ways to improve.

The problem is that self-actualization doesn't have anything to do with the people around you. Notice the "self" part of the term. The only thing that matters is your progress, not the progress of others. If you hope to self-actualize — or at least get on the path to self-actualization — you must stop gauging yourselves against other people's accomplishments. Whether it's education or material things or even beauty standards, you cannot consider this as your standard. You must not work from a standpoint of how you compare; rather, you must work from a standpoint of where you are personally and independently of everyone else.

To achieve this step, you must be able to look in the mirror and say, "This is my portrait. This is who I am. This is my canvas." With that canvas in mind, do everything in your power to not let your perception of others color that canvass. Only you can paint the picture of who you want to be. No one else is in control of your destiny.

2. Learn to accept yourself holistically.

It's so easy to become dissatisfied with who you are and what you have accomplished. Oftentimes, when you look in the mirror, it actually serves to increase the negativity with which you think about yourself. You cannot fall into that trap. In order to self-actualize, you must accept your whole self — your strengths and weaknesses — and you must embrace them all. You cannot downplay your

weaknesses or exaggerate your strengths if you hope to get anywhere in life. If progress is to be made, you must operate first from truth.

3. Understand that you are in control.

No matter how much influence an external factor might have on the people around you, the self-actualized remain unaffected. This is because they know exactly who they are, and can therefore always adapt (and adapt quickly). Because they do not lie to themselves about their own identities, strengths, and weaknesses, they have an immediate and clear picture of the adjustments they need to make to render the external factor irrelevant. Understand that the power you possess in terms of your outlook is absolutely astonishing. If you are realistic, honest, and above all, authentic, there is nothing you can't achieve.

4. Don't stop growing.

Those who self-actualize understand that the journey is never over. To self-actualize requires self-awareness, and self-awareness requires an understanding that there is no such thing as a finished product. There is no such thing as perfection and no such thing as an endgame. To be self-actualized means to understand that you must never stop growing as a person and learning as a professional.

To achieve self-actualization, when you conquer one thing, you must move on to the next. Self-actualization

does not require any tricks or tools. To reach this level, you need only to accept who you are and then take the steps necessary to becoming the best version of you that you can be. Once you are 110% comfortable with who you are, who you've surrounded yourself with, and what you're destined to do on this earth, you may begin your journey towards self-actualization.

As a final point, see who you are. Really see it. When you have seen it, adopt an attitude that you're not afraid to go against the grain. Stop adapting to society and start being you. The empowerment that results will astonish you

Regulations for Revolutionary Insight

By: S. Aoun Sajid

Some people are deeply distressed by the oppressive actions of society's dominant forces. They are so saddened by the helplessness of the oppressed and deprived class that they are willing to overlook many facts and seek immediate change. They want to completely replace the existing system, wanting to change all the prevailing theories, customs, terminology, biases, literature, and more. This is commonly referred to as a revolution.

Some of them limit their opposition, unity, and agitation, which can lead them to anarchism and create chaos and disorder everywhere. They lack knowledge of an

alternative system, and as a result, they lead society towards anarchy and generate disorder in every direction.

And then there are those who are aware of an alternate system, even study it with enthusiasm, but they remain unaware of the appropriate practical wisdom to implement it in society. They may be engrossed in the pleasant concept of a new system but lack a roadmap for its implementation. They wish that the existing system would end soon, and a new system would magically appear, but they have no idea of how that would happen.

In reality, change happens by first standing on the ground of the past and then building your structure on the foundations of the present. If you want to change the wrong elements of the past and present, you must stand on the ground of the past to make these changes.

Society's moving vehicle cannot be stopped but must be boarded. After getting on it, you can take the driver's seat and guide society in the right direction. In other words, it's about strengthening the positive aspects of the existing means, terminology, political and social paths, and then introducing a new system at the appropriate time.

This is the roadmap for a sustainable and rational transformation, which is also evident in nature. A seed doesn't immediately become fruit; it goes through stages of sprouting, growing into a plant, and eventually bearing fruit. Sudden change is like the lifespan of a bubble. A realistic and gradual transformation is a process that reflects the ground reality.

Those who do not accept this realistic analysis of the roadmap are contradicting their words and actions. They may say one thing but do another, justifying their actions as compulsion. However, they fail to recognize that the compulsion they speak of is the earthly reality that is guiding the path of gradual and realistic change. They need to believe in being grounded on earth first before reaching the sky, and that the journey can be made using the existing ground resources and paths.

How to reach self-actualization – Maslow's 8 proven methods

To become self-actualized means that you are living to your true potential. The term was coined by Abraham Maslow back in 1954, when he wrote about the 'hierarchy of needs'. In this
hierarchy, people have the ability to pass through different levels of growth from biological/physiological needs at the bottom through levels of 'safety',

belonging/love, and self-esteem to finally reaching the final level of growth which he called self-actualization.
Maslow was particularly interested in this group and he estimated that only one in a hundred people would ever obtain this level. People who have obtained self-actualization typically have some common qualities, including the ability to see life more clearly and to put others' needs before their own. They also share other qualities including a well-developed or even quirky sense of humor, a distinct need for solitude, spontaneity and high levels of acceptance of both themselves and others. If you would like to achieve this highest level of personal development, Maslow has taught us that there are some effective methods that will allow you to reach self-actualization:

1. Experience life fully and vividly: Maslow taught us that the process of self-actualization begins when we start to become completely immersed in our experiences – living fully, vividly and selflessly.

2. Be honest in your choices: Think of life as a series of choices, one after another. If you are being truthful with yourself as you make your choices, then you are on the way to being selfactualized.

3. Be aware of the uniqueness of yourself: As you realize that you are unique and begin to learn how to express yourself and your feelings truthfully, rather than reflect what you believe others want you to do or say, then you are on the right path.

4. Act with integrity: If you have a choice, act in a way that is honest and true to your nature. As you take responsibility for your own actions you will be working on the way to self-actualization.

5. Be courageous: Learn to have the courage to express your likes and dislikes and to speak up if someone's actions are not pleasing to you.

6. Self-development: Becoming self-actualized is not an end-state, rather it is a process.

Maslow talked about it being the process by which you 'are working to do well the thing that one wants to do'.

7. Peak experiences: Maslow talked a lot about 'peak experiences', describing them as 'transient moments of self-actualization'. These experiences are times that you feel truly at peace and in harmony with your environment and the universe and are marked by a feeling of euphoria and deep joy.

8. Lack of ego defenses: Learning to let go of troublesome defense mechanisms that you may use to protect yourself is a necessary part of this process. For example, if you have a tendency to blame your partner for your frustrations or to become angry when things do not go your way, then learning to react in a different manner is part of becoming self-actualized.

Maslow's guidelines are a useful tool, but many people have found that it can be difficult to bring so much change to bear in their lives with just the force of will. You may find that meditation may be a very valuable strategy to help you truly integrate Maslow's ideas into your life. Learning to meditate is useful in so many ways, not the least of which is that meditation allows you to access your subconscious mind, gaining access to your inner wisdom. It only takes a short time to learn and great benefits can be gained from as little as 20 minutes per day. You have within you already the inner wisdom that will allow you to truly reach self-actualization and

practicing meditation will quickly allow you to reach this goal.

Improving Your Creative Abilities

- Keep track of your ideas at all times. Many times ideas come at unexpected times. If an idea is not written down within 24 hours it will usually be forgotten

- Pose new questions to yourself every day. An inquiring mind is a creatively active one that enlarges its area of awareness.

- Keep abreast of your field. Read the magazines, trade journals, and other literature in your field to make sure you are not using yesterday's technology to solve toady's problems.

- Engage in creative hobbies. Hobbies can also help you relax. An active mind is necessary for creative growth.

- Have courage and self-confidence. Be a paradigm pioneer. Assume that you can and will indeed solve the problem Persist and have the tenacity to overcome obstacles that block the solution pathway.

- Learn to know and understand yourself. Deepen your self-knowledge by learning your real

strengths, skills, weaknesses, dislike, biases, expectations, fears and prejudices.

- Learn about things outside your specialty. Use cross-fertilization to bring ideas and concepts from one field or specialty to another.

- Avoid rigid, set patterns of doing things. Overcome biases and preconceived notions by looking at the problem from a fresh view point, always developing at least two or more alternative solutions to your problem.

- Be open and receptive to ideas (yours and others). New ideas are fragile; keep them from breaking by seizing on the tentative, half formed concepts and possibilities and developing them.

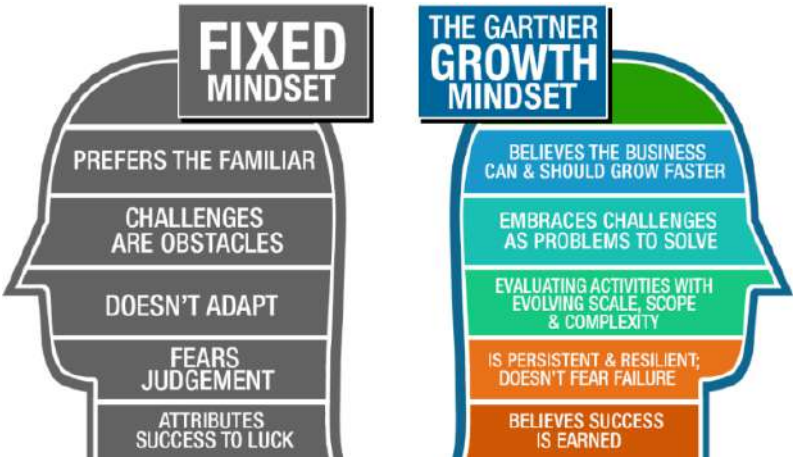
- Be alert in your observations. Look for similarities, differences, as well as unique and distinguishing features in situations and problems.

- Adopt a risk taking attitude. Fear of failure is the major impediment to generating solutions which are risky (i.e., small chance of succeeding) but would have a major impact if they are successful. Outlining the ways you could fail and how you would deal with these failures will reduce this obstacle to creativity.

- Keep your sense of humor. You are more creative when you are relaxed. Humor aids in putting

your problems (and yourself) in perspective. Many times it relieves tension and makes you more relaxed.

How Can You Change from Fixed Mind Set to Growth Mind Set?


FIXED MINDSET
PREFERS THE FAMILIAR
CHALLENGES ARE OBSTACLES
DOESN'T ADAPT
FEARS JUDGEMENT
ATTRIBUTES SUCCESS TO LUCK
THE GARTNER GROWTH MINDSET
BELIEVES THE BUSINESS CAN & SHOULD GROW FASTER
EMBRACES CHALLENGES AS PROBLEMS TO SOLVE
EVALUATING ACTIVITIES WITH EVOLVING SCALE, SCOPE & COMPLEXITY
IS PERSISTENT & RESILIENT; DOESN'T FEAR FAILURE
BELIEVES SUCCESS IS EARNED

Step1. Learn to hear your fixed mindset "voice."

As you approach a challenge, that voice might say to you "Are you sure you can do it? Maybe you don't have the talent." "What if you fail—you'll be a failure" "People will laugh at you for thinking you had talent." "If you don't try, you can protect yourself and keep your dignity."

As you hit a setback, the voice might say, "This would have been a snap if you really had talent." "You see, I told you it was a risk. Now you've gone and shown the world how limited you are." " It's not too late to back out, make excuses, and try to regain your dignity."

As you face criticism, you might hear yourself say, "It's not my fault. It was something or someone else's fault." You might feel yourself getting angry at the person who is giving you feedback. "Who do they think they are? I'll put them in their place." The other person might be giving you specific, constructive feedback, but you might be hearing them say "I'm really disappointed in you. I thought you were capable but now I see you're not."

Step 2. Recognize that you have a choice.

How you interpret challenges, setbacks, and criticism is your choice. You can interpret them in a fixed mindset as signs that your fixed talents or abilities are lacking. Or you can interpret them in a growth mindset as signs that you need to ramp up your strategies and effort, stretch yourself, and expand your abilities. It's up to you.

So as you face challenges, setbacks, and criticism, listen to the fixed mindset voice and...

Step 3. Talk back to it with a growth mindset voice.

As you approach a challenge:

THE FIXED-MINDSET says "Are you sure you can do it? Maybe you don't have the talent."

THE GROWTH-MINDSET answers, "I'm not sure I can do it now, but I think I can learn to with time and effort."

FIXED MINDSET: "What if you fail—you'll be a failure"

GROWTH MINDSET: "Most successful people had failures along the way."

FIXED MINDSET: "If you don't try, you can protect yourself and keep your dignity."

GROWTH MINDSET: "If I don't try, I automatically fail. Where's the dignity in that?"

As you hit a setback:

FIXED MINDSET: "This would have been a snap if you really had talent."

GROWTH MINDSET: "That is so wrong. Basketball wasn't easy for Michael Jordan and science wasn't easy for Thomas Edison. They had a passion and put in tons of effort.

As you face criticism:

FIXED MINDSET: "It's not my fault. It was something or someone else's fault."

GROWTH MINDSET: "If I don't take responsibility, I can't fix it. Let me listen—however painful it is– and learn whatever I can."

Then...

Step 4. Take the growth mindset action.

Over time, which voice you heed becomes pretty much your choice. Whether you

take on the challenge wholeheartedly,

learn from your setbacks and try again

hear the criticism and act on it is now in your hands.

Practice hearing both voices, and practice acting on the growth mindset. See how you can make it work for you.

Secrets of Millionaire Mind - Rich and Poor Mind sets

1. Rich people believe "I create my life. " Poor people believe: "Life happens to me."
2. Rich people play the money game to win. Poor people play the money game to not lose.
3. Rich people are committed to being rich. Poor people want to be rich.
4. Rich people think big. Poor people think small.
5. Rich people focus on opportunities. Poor people focus on obstacles.
6. Rich people admire other rich and successful people. Poor people resent rich and successful people.
7. Rich people associate with positive, successful people. Poor people associate with negative or unsuccessful people.
8. Rich people are willing to promote themselves and their value. Poor people think negatively about selling and promotion.
9. Rich people are bigger than their problems. Poor people are smaller than their problems.
10. Rich people are excellent receivers. Poor people are poor receivers.

11. Rich people choose to get paid based on results. Poor people choose to get paid based on time.
12. Rich people think “both”. Poor people think “either/or”.
13. Rich people focus on their net worth. Poor people focus on their working income.
14. Rich people manage their money well. Poor people mismanage their money well.
15. Rich people have their money work hard for them. Poor people work hard for their money.
16. Rich people act in spite of fear. Poor people let fear stop them.
17. Rich people constantly learn and grow. Poor people think they already know.

What is Corruption? Why Is It a Problem?

Corruption can mean different things for different people. In short, corruption means the practice of obtaining power, influence, or other personal gains through illegitimate means, often at others' expense. The more widespread and acceptable corrupt methods are in a given society, the more corrupt that society is said to be. Corruption has resulted to crises in many parts of the world, and those on top have used it to take advantage of others.

Some examples:

- Typically, the word calls to mind political corruption, which could refer to a politician who, rather than letting the voters decide to elect him, will bribe and steal his way into office.
- A corrupt company, for example, may only promote individuals who perform personal favors for their boss.
- Corruption in a university setting may take the form of lecturers accepting cash for higher marks.

Corruption exists in any institution where legitimate means of getting ahead are circumvented by allowing individuals to enhance their personal power with money or favors. As a result, it becomes harder or impossible for others to operate above board.

Why is corruption bad? If the proper channels to power and influence (working hard, not breaking the law, doing well on university exams, running a persuasive political campaign, etc.) are closed off, only those with money and connections will be able to succeed. Those who can neither afford bribes nor know who to call to get jobs for their children are out of luck. In short, corruption only benefits those who already have power, money, and influence.

What Causes Corruption?

What are the causes of corruption? People do not indulge in corrupt practice because they like doing so; rather, it is often their only option. To an extent, the causes of corruption vary from place to place. The causes of corruption in a closed dictatorship like North Korea

may not be the same in a large democracy like Kenya. But there are still some general causes:

- **Poverty:** Poverty not only encourages corruption, but corrupt public institutions in turn exacerbate poverty. The poor engage in corrupt practices out of desperation, but the only people who benefit in the long run are those already in power. It's no coincidence that the most corrupt countries often have the poorest citizens, or are otherwise ravished by war and violence. 80% of Africans live on less than $2 a day. In 2010, the United Nations estimated that 239 million people in sub-Saharan Africa were undernourished. When the poor do not have what they will eat, they are forced to make money through cut-corners which are corrupt. The countries at the bottom of the corruption rankings, mostly in northern Europe, are among the wealthiest in the world. While it is difficult to say whether poverty causes corruption or corruption causes poverty, there is no question that the two are linked.
- **Illiteracy and Poor Education:** Similar to poverty, the most corrupt countries are often those with low rates of adult literacy. Literacy can prevent corruption in a number of ways. First, those who can read well are more likely to read newspapers and online media, and therefore be able to critically evaluate their own public institutions and politicians. Corruption feeds off ignorance. Second, basic education makes people more likely to find stable careers, and therefore they are less desperate. Again, while it's hard to say whether illiteracy causes

corruption, or whether literacy can stop corruption, the table below illustrates that the countries with low literacy rates are higher up in the corruption ranking than those with high literacy rates.

- **Greed:** Greediness is impossible to tabulate, but it is undoubtedly an important cause of corruption. Corruption continues to exist because the people with the most in a society are not content with what they have. They more they have, the more they want to acquire. In corrupt societies, politics is an avenue for greed as leaders use their positions to embezzle vast amounts of public funds meant for the public good.
- **Weak Governments:** In corrupt societies, governments are unable or unwilling to stop corruption. They lack strong-willed or impartial anti-corruption agencies, and such agencies can easily be swallowed into corruption themselves. When such agencies are honest, their work is slow. In the worst cases, leaders staff anti-corruption agencies with their friends. The impotence of governments in the face of corruption is mimicked in the private sector. Corrupt business practices continue because executives are often the beneficiaries of those practices. A government which is weak cannot fight corruption because he will not in any way be propelled to take good action.
- **Drug Trafficking:** Drug use is often practiced by disaffected youth, who in turn create demand for a drug market that fuels corruption. In countries

like the United States, hard drugs are commonly associated with crime among delinquent youths. The country's demand for drugs has allowed cartels in Mexico and Central America to flourish, and the Mexican government is frequently held hostage by the will of powerful drug gangs running supplies into the United States and elsewhere.

- **Unemployment.** Similar to education and literacy, the unemployed are more likely to succumb to illegal ways of making money out of desperation. Many internet scammers and other grifters engage in this type of activity because they lack the opportunity to make legitimate gains.

Who is Responsible for Governance?

The executor of the law must be someone who is aware of the law and exercises control over their base desires. They possess qualities of courage and administrative competence that keep society and government well-organized. They also serve as protectors of the rights of the underprivileged against lawlessness and societal injustices. Such an individual is considered faultless and beyond reproach.

For Muslims, this ideal person is Prophet Muhammad, and for Shia Muslims, the twelve Imams, particularly

Imam Ali, hold a similar status. The absence or occultation of the Imams has led to the belief that qualified religious scholars and jurists, known as Fuqaha, are responsible for the sensitive leadership of the community according to their guidance.

Human beings comprise various traits and qualities, and they are responsible for not only ensuring their immediate happiness but also facilitating their spiritual and intellectual development in this world. To legislate effectively, a deep understanding of human nature is necessary so that a schedule can be devised for their success.

However, this task can only be undertaken by the Creator, God, who possesses a perfect understanding of both human beings and all of creation, and is authorized to legislate. Consequently, God has sent His chosen Prophets to convey His divine plan and to enlighten people about the purpose of their existence and their path towards spiritual and intellectual development.

For the organization and governance of society, God has appointed leaders and Imams to guide people toward achieving this spiritual and intellectual development and to ensure the proper administration of society.

In summary, the text emphasizes the importance of knowledgeable and qualified individuals holding positions of authority to establish and uphold laws that

contribute to the well-being and development of society. The role of religious scholars and jurists in guiding the community, especially in the absence of the Imams, is underscored. It stresses the interconnectedness of religious and legal authority in the context of religious governance.

The Real Secrets of The Universe to Attain All Desires:

What is Reality? What is the meaning of life? What is Truth? Once you start contemplating the answers to those questions deeply in your heart, you are already starting the process. Your own GodSelf will step in, in the measure you will allow it. It will start sending you some promptings and guidance to assist you with the process. It unfolds increment by increment according to your own unique pathway and according to the level of action and intensity you are putting in the process. It's the awakening…

Gradually, as you start opening your hearts more to the possibility of this new reality, as you start clearing your emotional and mental bodies of old belief systems that no longer serve you and keeping you in your present limitations, all your desires and your dreams will start manifesting as your reality. You will be free to live the

kind of life you always wanted, no matter what it is that you have desired. The results of raising consciousness are infinite and unlimited. The results will occur in this life and beyond…

Don't you want to move out of the small box in which you have been living in and explore what else can be available for you on your planet? This search for Truth could open for you a life of such great delights and wonders beyond your wildest dreams. As you come out of the little box you have been living in, you will certainly discover the "real world", and you will realize that your little box has been an illusion, because you are not separate and you are not alone. You are part of All That Is, Love without end.

From Where Youngsters Get Suggestion for Solutions

it's common for young people to seek suggestions and advice from a variety of sources when facing problems. Some common sources for advice and suggestions for young people may include:

1. Parents and family members: Youngsters often turn to their parents or family members for guidance and support, especially for personal or family-related issues.

2. Friends and peers: Young people frequently seek advice and suggestions from their friends and peers, especially for social and relationship issues.

3. Teachers and mentors: Teachers, coaches, and mentors can provide valuable guidance on academic, career, and personal development matters.

4. Mental health professionals: In cases of emotional or psychological challenges, young individuals may consult therapists, counselors, or psychologists.

5. Online resources: The internet offers a wealth of information and communities where young people can find advice and suggestions on various topics.

6. Books, articles, and self-help resources: Youngsters may read books, articles, or self-help materials to gain insights and solutions to their problems.

7. Role models and public figures: Some young people look up to role models and public figures for inspiration and guidance.

The choice of whom to seek advice from can depend on the specific problem or situation. It's essential to consider the credibility, expertise, and relevance of the source when seeking suggestions. Ultimately, the goal is to gather a variety of perspectives to make well-informed decisions and solve problems effectively.

How to overcome on Anger

Controlling anger is essential for maintaining healthy relationships and emotional well-being. Here are some strategies to help you manage and control anger:

1. Recognize the Signs: Pay attention to your body and mind to identify the early signs of anger, such as increased heart rate, muscle tension, or racing thoughts.

2. Take Deep Breaths: When you feel anger rising, take slow, deep breaths to calm your body's stress response. This simple technique can help you regain control.

3. Count to Ten: Before reacting to a situation that makes you angry, count to ten. This brief pause allows you to cool down and think more clearly.

4. Walk Away: If you're in a heated argument or situation, and you feel your anger escalating, remove yourself from the environment temporarily. Take a short walk to regain composure.

5. Practice Mindfulness: Mindfulness and meditation techniques can help you stay present and avoid getting caught up in negative emotions. These practices teach you to observe your feelings without judgment.

6. Use "I" Statements: When communicating your anger, express your feelings using "I" statements, such as "I feel upset when..." rather than blaming or accusing.

7. Seek Understanding: Try to understand the other person's perspective or the situation that triggered your anger. Empathy can reduce anger and help you find common ground.

8. Problem-Solve: Instead of dwelling on the source of your anger, focus on finding a solution to the issue. This proactive approach can reduce frustration.

9. Practice Relaxation Techniques: Engage in relaxation techniques like deep breathing, progressive muscle relaxation, or yoga to manage stress and reduce anger.

10. Physical Activity: Regular exercise is an excellent way to release built-up tension and stress. It can also improve your mood and overall mental well-being.

11. Use Humor: Sometimes, using humor to diffuse a situation can be effective. However, be careful not to use sarcasm or humor that might escalate the situation.

12. Seek Professional Help: If you find it challenging to control your anger, or if it's negatively impacting your life and relationships, consider speaking to a therapist or counselor who can provide guidance and support.

13. Keep a Journal: Writing down your thoughts and feelings can help you process your anger and identify patterns or triggers. It can also be a valuable tool for self-reflection and self-improvement.

14. Practice Assertiveness: Learn how to assert your needs and boundaries in a calm and respectful manner.

This can prevent feelings of powerlessness and frustration that often lead to anger.

15. Avoid Alcohol and Drugs: These substances can impair judgment and increase irritability. Avoiding or moderating their use can help manage anger.

Remember that anger is a natural emotion, and it's okay to feel it. The goal is not to eliminate anger entirely but to learn how to express it in healthy ways and use it as a constructive force in your life. Developing these anger management skills takes time and practice, so be patient with yourself as you work to control your anger.

About the Book: "Life Skills" is a unique volume delving into essential life principles and wisdom sourced from various outlets, including Quora Digest, "Tips for Success," and contributions from Noctis Enoch. Enriched by the guidance of ChatGPT, this compilation draws inspiration from Shia Islam, offering universal insights transcending cultural and religious boundaries. With an open invitation to readers from all backgrounds, "Life Skills" aims to empower individuals with timeless wisdom for a more fulfilling and purposeful life. Please note that the book has been curated with sensitivity, ensuring alignment with Islamic teachings and addressing any potential concerns.

About Author: S. Jahanzaib Abidi is a distinguished author known for his extensive collection of articles covering a wide range of subjects, including philosophy, religion, education, politics, economics, media, and society. His prolific writings showcase a deep understanding and insightful analysis across diverse topics, making him a notable figure in the realm of article series.

With a keen intellect and a penchant for thorough exploration, Abidi's contributions offer readers a nuanced perspective on various issues, establishing him as a respected writer whose work resonates across different spheres of thought and discourse. His thought-provoking articles contribute significantly to the intellectual landscape, fostering a deeper understanding of complex subjects.